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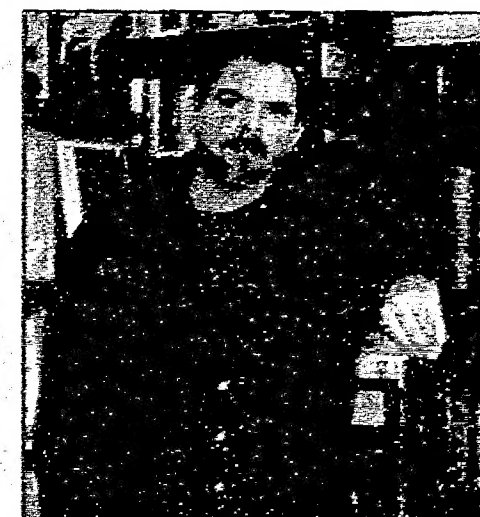
50 cents

Wednesday, March 16, 2005

Volume 102, Issue 12

INSIDE

TEMPO



Great books are treasures to John Schulman of Caliban Book Shop. He'll speak to SVHS members this month. See Page 13.

INSIDE

Look inside for this year's Readers' Choice winners. See what businesses, here and in the West suburbs, got the most votes in our annual Sewickley Herald readers' poll.

SPORTS



The Quakers fell to Aliquippa in the PIAA quarterfinals 72-70 in the last seconds. See Page 31.

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THE ART OF THE DANCE



GETTING HIS mother, Sharon, into the swing of things at his final Barclay class of the year is 11-year-old Grant Abraham.

Photo by Rachel Weaver

Etiquette lessons give touch of class

By Rachel Weaver

Staff writer

The young men wait for the ladies to arrive. As they approach their seats, each suit-clad escort stands and reaches for his partner's white-gloved hand, introducing himself in a clear, confident voice.

The gentlemen pull back chairs as the ladies sit, their short legs dangling above the ground. They are, after all, only 8 years old.

For more than 70 years, the Barclay Classes of New Jersey have been instructing young people in the social graces using ballroom dancing as the medium.

Taught in Sewickley by Mario Melodia, local dance legend, and his assistant Jane Reilly, area youth attend classes at the Edgeworth Club to learn social graces and dance.

"The ballroom is the vehicle for learning manners," says Melodia. "I'm not teaching anything their parents and grandparents haven't taught them. I'm just reinforcing it in a dance setting."

Students in third to eighth grades study everything from waltzes and fox trots to The Locomotion and Electric Slide in classes specific for each age group.

The classes, held either once or twice a month, have different themes, ranging from big band, the '50s, salsa night, divas or Top 10 and are hosted by a different student's mother each week.

Melodia strives to get students to recognize rhythms, allowing them to dance to a variety of music.

Continued on Page 3

REGION

Nine sign on to run for magistrate

By Rachel Weaver

Staff writer

Nine people are registered to run in the May 17 primary for a local magisterial district judge position serving the Quaker Valley area.

The seat was formerly occupied by Judge James Russo, who died in April last year at the age of 64 from diabetes complications.

Russo was fulfilling a term presiding over district 05-3-02 (Aleppo, Bell Acres, Edgeworth, Glenfield, Glenwillard, Haysville, Leet Township, Leetsdale, Osborne, Sewickley, Sewickley Heights, and Sewickley Hills) set to expire this year at the time of his death. He had held the position for 30 years.

The Allegheny County Elections Office reports the following people added their names to the ballot before the March 5 deadline:

■ Bob Ford, Leetsdale resident and veteran local law enforcement officer

■ B. Michael Russo, Leet Township resident and financial broker

■ Bill Green, Bell Acres resident and public affairs specialist

■ Rebecca Myers, Aleppo Township resident and attorney

■ Jesse Torisky, Aleppo Township resident and attorney

■ Reginald Bridges, Sewickley resident and attorney

■ Chuck Knoll

■ Kurt Huckabee

■ Thomas Michael, Leetsdale resident and attorney

All parties except Michael, who filed Republican, cross-filed for the position.

Others interested in the position still have the opportunity to apply as write-in candidates.

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Barclay classes give students confidence on, off dance floor

Jodi Schwarzaelder, 10, liked learning the fox trot.

"I think it's good they learn to dance and have fun," says Pam Nolan, whose 11-year-old daughter, Christy, participates in the class.

"She enjoys it and now, when we go to places like weddings, she dances."

Boys are taught to have a strong handshake, to look people in the eyes and to announce their names with pride.

Girls learn the proper way to sit, at the boy's right side and with ankles crossed when wearing a party gown.

But more important than understanding the rules of the ballroom, Melodia says his students gain confidence with every class as handshakes and curtsies become second nature.

"I enrolled my daughter in the class so she'd learn about poise and etiquette and learn to handle herself in less than comfortable situations," says Janet Greathouse of daughter Madeline, 11. "It's just a little bit of polish."

Melodia took over the classes 21 years ago and incorporated more contemporary concepts of dance and poise to appeal to his young students.

"I tell them I'm not a dull teacher and I can't stand dull students," he says with a smile. "I tell them life is not bland."

At first, Jordan Gray, 12, attended Barclay classes at the request of her mother, but she soon began liking the interactive classes and her instructor.

"He's so cool," she says.

"He expects everybody to be proper," adds friend and classmate Katlyn Schwarzaelder, 12.

In the Barclay classes, boys don't fall into the stereotype of resisting any function requiring them to wear a sports coat.

One young middle school student even donned a tuxedo for the class finale last Thursday when students showed off their newly-refined skills for a ballroom full of parents.

"I like that we learned about a lot of different music," says Eddie Miller, 10, who believes he will "most likely" use the lessons in his future.

The enthusiasm doesn't surprise Melodia, who, despite popular opinion, believes manners are making a comeback in society.

"With the Reagan administration, people began dressing up again and caring about what you wear became very important."

"Kids will still be sloppy, because



DR. DAVID Lasorda takes his daughter, Christina, 10, for a twirl around the ballroom at the Edgeworth Club as she shows him her new waltzing skills. (Bottom right) Christina takes a turn with classmate Nicholas Gott.



STUDENTS INTRODUCE themselves, like Hanna Kahn, 11, and Joseph Donohue, 10, before taking to the floor.

kids go through phases. So what if their hair is a certain color or is spiked in a certain way? It will pass."

Application to the Barclay class is by invitation only. Invitation requests are taken at The Barclay Classes, P.O. Box 338, Westfield, NJ 07091 or by calling 908-232-8370.

Photos by Rachel Weaver



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how many will be attending and
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mailed to — **Sewickley Herald,**
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REUNIONS

QV Class of 1985, others set dates

Quaker Valley's Class of 1985 is planning its 20th reunion on Saturday, Nov. 26, at the Holiday Inn in Moon Township.

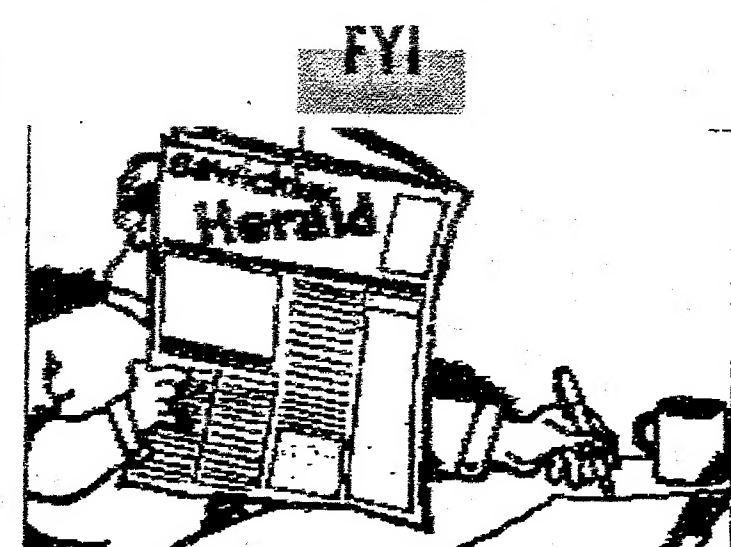
The committee is looking for classmates.

If you can help, call Maria Torchia Brown at 412-741-9091; Christiana Young Morrow at 412-343-0777; or Robyn Cymbalak at 724-857-9950.

■ Penn Hills class of 1979 is seeking graduates for a 25 + 1 High School Reunion.

Contact the Reunion Hotline at 412-331-9418 or send an e-mail to phhs1979@verizon.net.

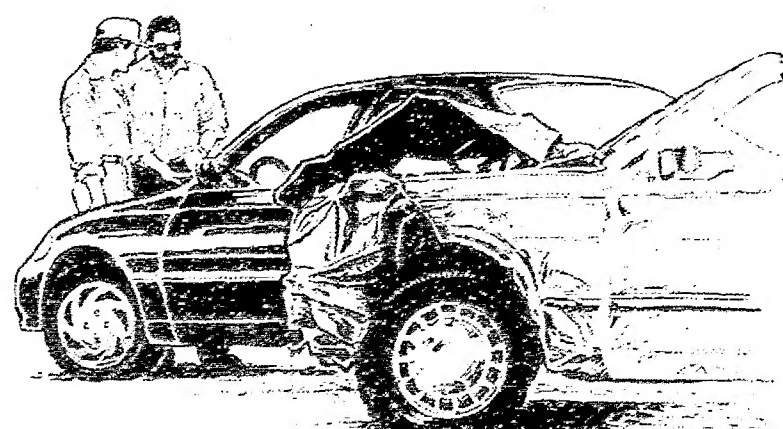
The date is Saturday, July 23, at the Churchill Valley Country Club.



Where to find us

- BP Oil Co., Edgeworth, 209 Ohio River Boulevard
- Eckerd, Ambridge, Merchant St. and Eckerd, Leetsdale, Quaker Village Shopping Center, Ohio River Boulevard and Eckerd, Sewickley, 515 Beaver St.
- Frosty's, Ambridge, 192 Ohio River Blvd.
- Giant Eagle, Quaker Village Shopping Center, Leetsdale
- Iceworks, 441 1/2 Walnut St., Merchant at 8th and Merchant Street, Ambridge
- Miller's Mini Mart, 2020 Big Sewickley Creek Road
- Safran's, Sewickley, 429 Walnut St.
- Sewickley News, 509 Beaver St.
- Sewickley Valley Hospital Gift Shop
- Tony R's Pizza, 850 Nevin Ave.
- Yankello Radio-TV, Sewickley, 604 Beaver St.

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FOCUS ON THE FUTURE

Psychologist prepares students for college transition

By Rachel Weaver
Staff writer

"What if you didn't get into your first choice school?"

The question wasn't one a group of high school seniors were prepared to answer. Dr. Michael Thompson, internationally renowned consultant and psychologist, was.

"College is for launching you into the world as independent, loving, productive young adults. And whether you go to Dickinson or Allegheny or Penn State, it doesn't tell us anything about how you will become that."

Shoulders dropped as the answer washed over the students like a sigh of relief.

Thompson spent a day sharing his insights to the pressure of achieving success in school with Sewickley Academy seniors last week.

Thompson co-authored the best-selling book, "Raising Cain: Protecting the Emotional Life of Boys," "Best Friends/Worst Enemies: Understanding the Social Worlds of Children" and "Mom, They're Teasing Me: Helping Your Child Solve Social Problems."

His latest work, "The Pressured Child: Helping Your Child Achieve Success in School and in Life" was published in August last year.

Eva Gelman, SA director of college guidance, scheduled Thompson a year ago and said he was worth the wait.

"We are thrilled to host such a well-known and respected voice in the field of children and families, education and psychology," she said.



PSYCHOLOGIST MICHAEL Thompson eases SA seniors' concerns about their upcoming life changes as they move from high school to college, from home to campus. Photos by Rachel Weaver

From a psychological perspective, Thompson views the college move as a "huge life transition."

"It's the official end of your childhood. It's the end of your day-to-day relationship with your parents," he told the roomful of seniors, many of them still waiting to hear from their institutions of choice.

Graduating seniors are facing some

of the most competitive college admissions years now, with 72 percent of them applying to a four-year institution.

While the pressures of the application process are staggering enough to most teens, they also are dealing with the stress sending a child to college puts on parents.

Students opened up to Thompson

about their concerns, telling him their fears of families drifting apart.

The seasoned consultant emphasized the importance of kids explaining to parents that college does not lead to the end of their relationships.

"If you can find it in your heart, tell them, 'It's meant a lot to me to be your child and I'm not going to forget it,'" he said.

As spring approaches, graduating seniors are preparing to part ways with friends they've had at school, some for 13 years.

"College freshman test as slightly depressed in comparison with high school seniors and college sophomores, and it's because of this sense of loss after leaving their families and their friends," said Thompson.

He emphasized the importance of maintaining communication with family and friends through phone calls and e-mails.

The psychologist didn't reserve his advice for teens. At an evening presentation for parents, Thompson warned about the dangers of treating students' childhoods as though they are careers.

"Parents think the great elementary school will lead to the great high school which will lead to the great college," he said.

"They think if you get into the right college, your life will be better. But where you go doesn't tell you anything about the life you're going to live.

"You don't have that kind of control. You have to trust in development. Human development is pretty amazing and development is in charge."

party ants
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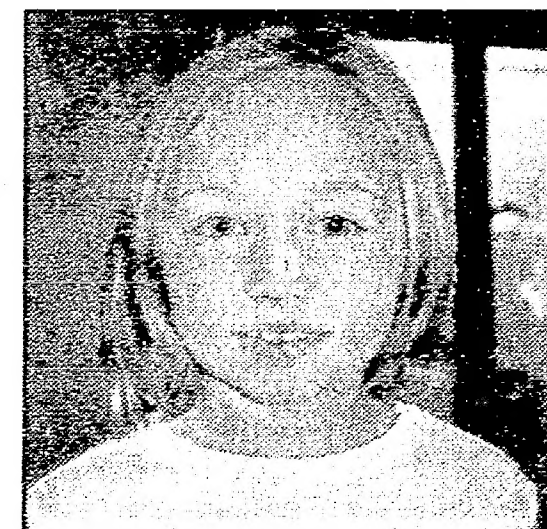
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VILLAGE VOICES

What's the last really good book you've read?



JANE MERRIMAN
Second grade
"... 'The Boxcar Children.'"



SE'BA PEREIRA
Fourth grade
"... 'Maniac Magee.'"



EMILY REAGAN
First grade
"... 'The Very Hungry Caterpillar.'"



NICHOLLE BENEDICT
Third grade
"... 'The Dragonrider.'"



EVE BOWERS
Fifth grade
"... 'The Island of the Ants.'"



See how to connect with your neighbors via Letters to the Editor on Page 10.

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EDITORIAL

Help bring public information to light of day

By Brian Estadt

Gateway Newspapers editor

Democracy, as you may have noticed, is "in." Hardly a day goes by without President Bush declaring that the winds of change are sweeping across the Middle East like an epic sandstorm.

But there's more to democracy than just casting a vote. The true measure of freedom is the degree to which the government is open and accessible. And though we're doing better than Iraq and Syria, the United States has quite a way to achieve transparent government.

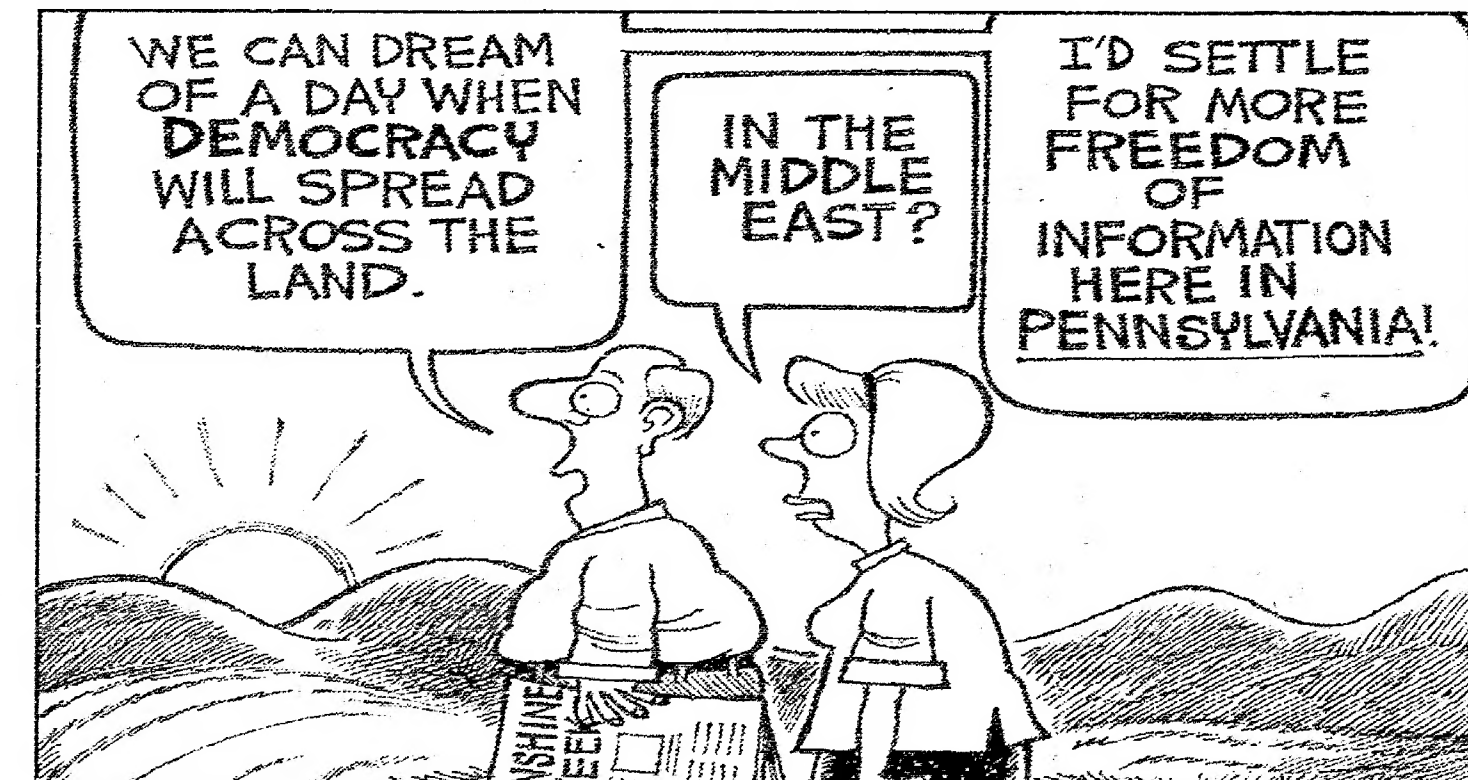
That is what Sunshine Week is all about. A nationwide campaign supported by several media companies, Sunshine Week runs through this weekend to show why public access to government information must be improved.

Reporters talk a lot about freedom of information, but it's not just a journalism issue. It's a democracy issue.

Can you walk into your police department and review all the calls that officers have responded to this past week? Can you review a contract that your school district has with a construction company? Can you expect to pay only a reasonable fee for copies of public documents? Can you expect a request for information to be processed quickly?

In a perfect world, the answers to all of those questions would be yes.

But Pennsylvania is far from perfect. Anecdotal evidence reveals bureaucrat-



ic runarounds and a general air of secrecy. If a lawyer deems that the government isn't required by law to disclose data, odds are very good that — even though the law doesn't prevent its release — the information will never see the light of day.

Of course, some agencies are better than others. But the evidence is more than anecdotal.

When the Better Government Association evaluated the openness of governments in 2002, it issued report cards on a 4.0 scale similar to the one used to grade college students. Pennsylvania was tied with Alaska; our 0.10 GPA was higher than only the 0.00 assigned to Alabama and South Dakota.

A recent study by the Marion Brech-

ner Citizen Access Project at the University of Florida gave Pennsylvania's open government laws an average score of 3.4 out of 7 — between "cloudy" and "partly cloudy" on a sunshine scale. Open government issues in our state constitution averaged only 2.3 — "nearly dark."

In the country that invented "for the people, by the people" — the same country that is so determined to spread democracy to every corner of the world — we deserve better.

To get the information that we deserve — that we are entitled to — we the people need to tell those in local, regional, state and federal government to let the sun shine in.

In search of new American spirit

Dear Editor:

The election is over, but the battle for the soul of America continues.

President Bush's proposal to privatize Social Security is facing opposition. The Senate is gearing up for a fight over judicial nominees.

Soon the Supreme Court will decide whether the Ten Commandments and other religious symbols may be displayed in public places. Given the large budget deficits, the nation will have to make some tough choices.

The conservative vision for America is one based on self-reliance, less government, strong defense, lowered taxes, family values, and faith.

I'm pleased that, by cutting taxes, Bush is creating deficits so large that government programs will have to be cut.

You see, I hate government. Government programs — like defense, homeland security, environmental protection, health care, social security, education, faith-based initiatives, and research — should be financed entirely by donation.

Everything should be private. We don't need public schools, we don't need fiscal restraint, we don't need to take care of the poor, sick, — and

LETTERS TO EDITOR

elderly, we don't need science, and government should get out of business of telling us what to do.

All we need is faith (a VERY specific interpretation of one particular faith), and anyone who thinks otherwise should move to France.

A conservative, like me, believes in caring for others — provided I don't have to pay taxes for it.

President Bush is a decent, well-intentioned man of faith. Anyone is better than a liberal who believes in birth control, sex education, stem cell research, the right to kill babies, the separation of church and state, environmentalism, government-sponsored research, medical care and economic aid for the poor and elderly, public education, the need to balance budgets, rights for gays, and secularism.

Heck, most liberals even believe in the theory of evolution!

I love a macho leader. I don't care that there was no direct connection between the 9/11 attacks and Sadaam Hussein, or that there were no WMD's.

The fact is, all those

Muslims are alike and they must learn American values. Like those godless liberals, the Muslims will be made to suffer. Without punishment of evil, there can be no triumph of love, and George W is kicking their butts!

The insurgents will be defeated, and non-Islamic democracy will flourish in the Middle East, because God is on our side.

I don't mind that Bush's policies are causing a large transfer of wealth from lower and middle class to the rich. The rich deserve every cent they get.

I don't mind that Bush's energy policies aid repressive Islamic regimes and increase our dependence on fossil fuels. Our beloved American lifestyle depends on big homes, intimidating cars and consumerism.

Same with guns: no darn liberal is gonna take them away from me!

And as for Bush's environmental policies, the end days are coming soon, so what difference does it make?

Those 48 Nobel Prize winners who signed a letter condemning President Bush are just stupid! They should watch Fox News.

Donald A. Smith
Sewickley

Writer defends ACLU

Dear Editor:

I am always puzzled when someone vilifies the ACLU.

The ACLU cannot make law, it cannot enforce law and it cannot interpret law.

The truth is the only power the ACLU has comes from defending citizens who are under the protection of the Constitution of the United States. And when the Constitution is used to defend its citizens, the Constitution itself is defended as well.

So I can't quite understand how attacks on the ACLU are not in fact attacks on the very foundation of the United States of America.

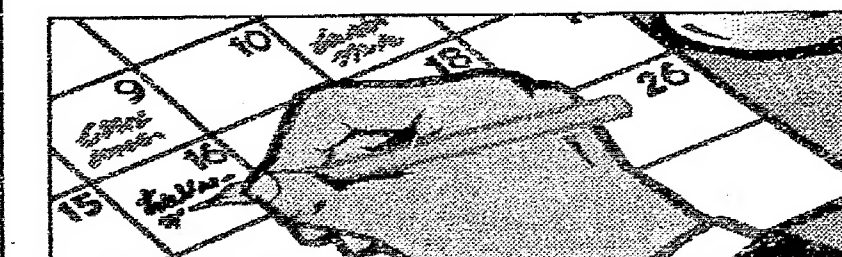
The fear that the ACLU seems to generate must come from knowing that time after time they have prevailed in defending the Constitution.

This inevitably frustrates the plans of those who wish to impose on others their notions of control, efficiency, religious revelation and/or correct living.

I proudly participate in defending our most basic and precious rights guaranteed in and by the Constitution, as well as the Constitution itself as a member of the ACLU.

It would be unpatriotic for me not to do so.
Peter Lundquist
Osborne

AGENDA



Aleppo: 3rd Monday, 7 p.m., 100 North Drive.
Bell Acres: 2nd Monday, 7 p.m., Big Sewickley Creek Firehall.
Edgeworth: 3rd Tuesday, 8 p.m., Municipal Bldg., Beaver Road.
Glenfield: 2nd Tuesday, 7 p.m., at Riverside Park.
Haysville: 2nd Tuesday, 7:30 p.m., 34 South Avenue.
Leet: 2nd Monday, 7:30, Municipal Bldg.
Leetsdale: 2nd Thursday, 7 p.m., Municipal Bldg., Broad Street.
Osborne: 3rd Tuesday, 7:30, Osborne Elementary.
Sewickley COW: 2nd Tuesday, 7:30, Borough Bldg.
Sewickley: 3rd Monday, 7:30, Borough Building.
Sewickley Heights: 3rd Monday, 4:30, Borough Hall.
Sewickley Hills: 1st Monday, 7:30, Fairhill Recreation Bldg.
Quaker Valley School Board: The legislative meeting is the 4th Tuesday of the month at 8 p.m. at QVMS.

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Ministerium holds service

The annual Good Friday Service, sponsored by The Sewickley Ministerium, will be held at noon, March 25, at St. Andrew's Presbyterian Church on Beaver Street.

This one-hour service will focus on the Last Words of Christ on the Cross with preaching by local ministers and music appropriate to the day.

The public is invited to attend.

Special event

Antioch Baptist Church, 332 Elizabeth St., Sewickley, will host its annual Usher & Missionary Day with friends and family on Sunday, March

ON THE CALENDAR

20, beginning at 10:45 a.m.

The theme is "Let's Celebrate Friends & Family."

The guest speaker will be Minister James Diehl, Latter Rain Church of God in Christ, Mansfield, Ohio.

There will be preaching, song and praise dance.

Lunch in the dining area will follow the service.

The Rev. Troy Sligh is pastor.

Co-chairs of the event are Kathleen and David Coleman Jr.

Fitzgerald publishes 'Why Did He Die'

NEW BOOK

"Jim Fitzgerald," you may say. "This name sounds familiar."

You are right. Fitzgerald, a Sewickley resident, has written a 90-page book titled "Why Did He Die."

It is subtitled "The Seven Great Purposes of God in the Passion of his Son."

Seven chapters are arranged for each of the purposes for the death of Christ.

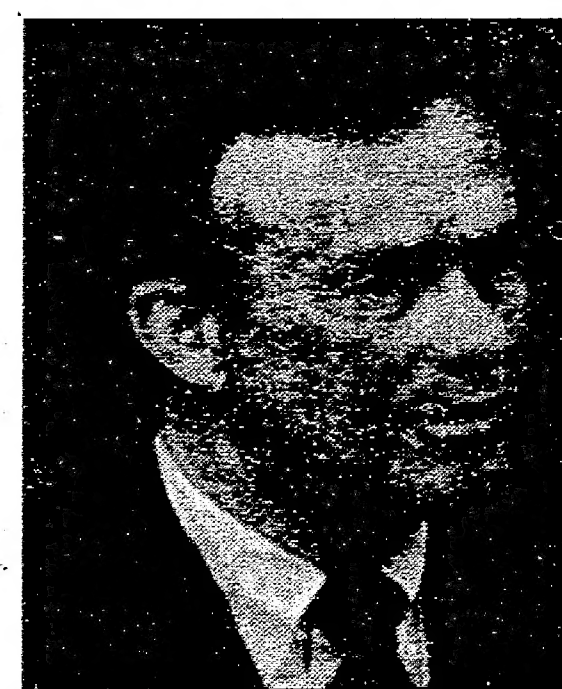
Each chapter begins with brief thought from the author's own personal experience relating to the theme. Then the chapter is built upon a series of short explanations developing its theme.

There are 40 of these short explanations making it ideal for devotional use, reading just one a day.

The simplest of persons can grasp the underlying factors of why Jesus Christ died.

The "why" is the driving force in the book and may help a reader find new purpose in living.

Fitzgerald's first book is available in Cornerstone Books on Broad Street, Sewickley.

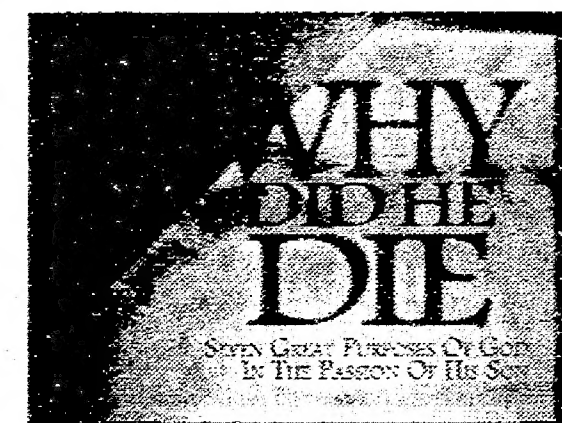


Jim Fitzgerald

Before this first publication, Fitzgerald began WatchWORD Productions in 1993 to produce the first "Video Book," THE WATCHWORD BIBLE.

It was a new art form for the information age where God's word leaps from the printed page to a television or computer screen.

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nal music and sound effects. It totals 26 hours on 12 DVD's (or 24 VHS).

On July 7, 2000, "The Book of Revelation" from the WatchWORD Bible was released at Madison Square Garden, where it won two awards at the 2000 New York International Independent Film and Video Festival as Most Inspirational Feature and Most Innovative Feature.

The production is being done in other major world languages: Arabic, Japanese and Hindi, with plans to produce it in Spanish, Chinese, Russian, French and German.

For more information about The WatchWORD Bible, call 724-251-9070 or visit the Web site at www.thebiblechannel.com.

Submitted by Pradeep Sharma

SEWICKLEY IN THE 70s!

Sewickley Up Front
A Decade
in Black & White

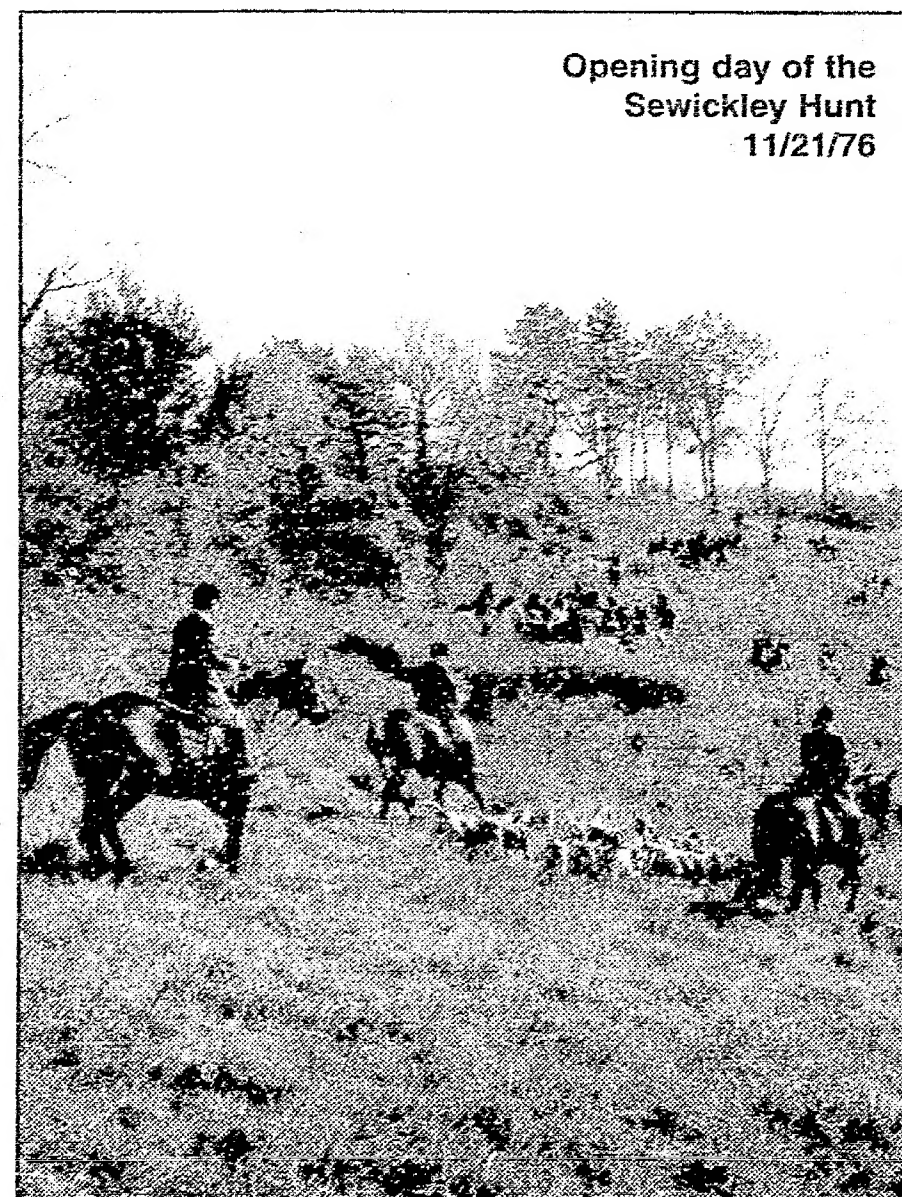
A retrospective written by B.G. Shields

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Cost: \$19.95



Opening day of the Sewickley Hunt 11/21/76

609120G512

Godshalk gives flower talk

Sewickley Civic Garden Council is bringing Jane Godshalk, an award-winning flower arranger from Haverford, Pa., to Pittsburgh.

GUEST LECTURER

Godshalk has won awards at the Philadelphia Flower Show and the Chelsea Flower Show and has studied with designers from France, South Africa, England and more.

She will create 10 flower arrangements in a presentation entitled "The Garden Party."

As she shows how to create two centerpieces for each of the arrangements five different parties, she will give other ideas to complete each party theme.

Models from the area will informally model outfits especially selected for the garden parties from Chico's, Palm Place, Name Dropper, SoHo and Talbots. After

the program, each of the arrangements will be raffled and an optional spring luncheon will be served.

The program will be held Tuesday, April 5, at the Allegheny Country Club. Registration is at 9:30 a.m. The program begins at 10 a.m. with the luncheon at noon.

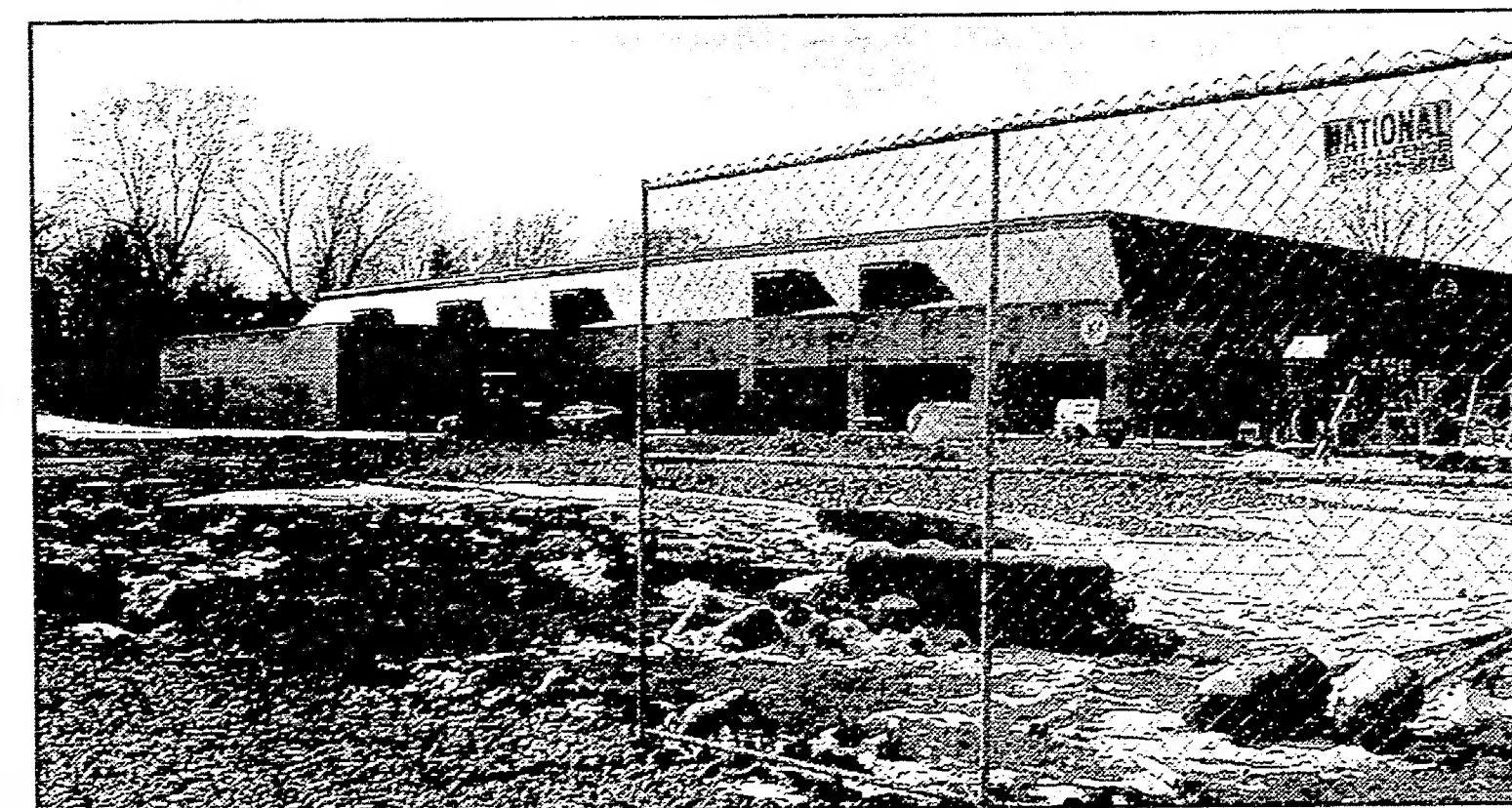
Cost is \$15 for the program and \$25 for the luncheon.

Send reservations to SCGC, P.O. Box 103, Sewickley, PA 15143.

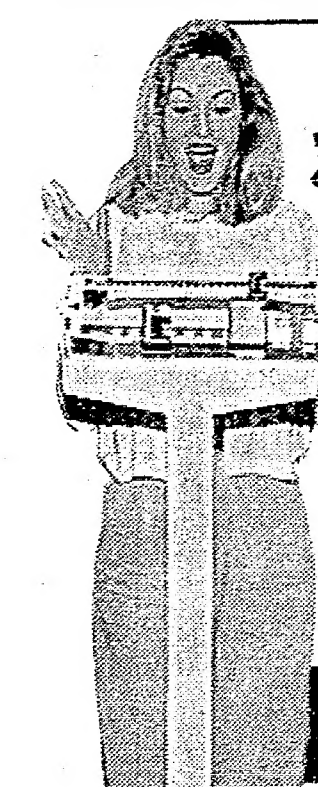
Checks can be made payable to SCGC.

The council's active work includes Little Sewickley Creek Nature Guides, the Memorial Tree Fund, maintenance of several parks and green spaces in the village, support of Riverfront Park that borders the Ohio River, the War Memorial Playground Fund Committee and the sponsorship of an annual May Mart.

FIRST THINGS FIRST



CLASSES CONTINUE at Edgeworth Elementary, but preparations for the renovation project have begun. A construction entrance has been established on Chestnut, across from the borough building. The old District Office wing of the building will be demolished in a few weeks. No work will be done while the children are in the building.



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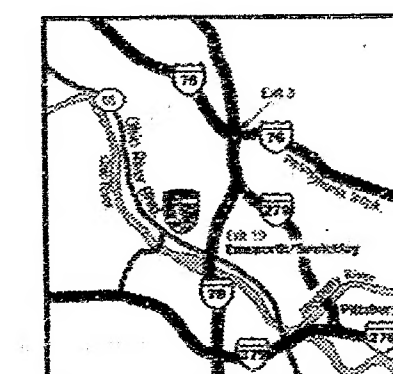


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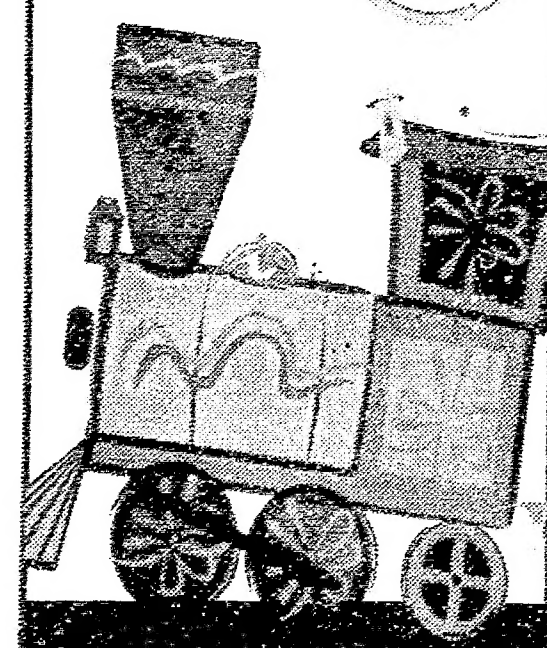
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YOU CAN HELP SVH volunteer opportunities available

Sewickley Valley Hospital, a part of Heritage Valley Health System, is announcing the opening of several new volunteer opportunities.

Interested individuals should contact Irene Dailey, Director, Volunteer and Community Services at 412-749-7052.

Surgical Waiting Area: To assist family members while someone is going through the surgical process. Evenings from 4-8 p.m. as well as substitutes are needed. Must have excellent communication skills and be able to handle a fast-paced, multi-task area.

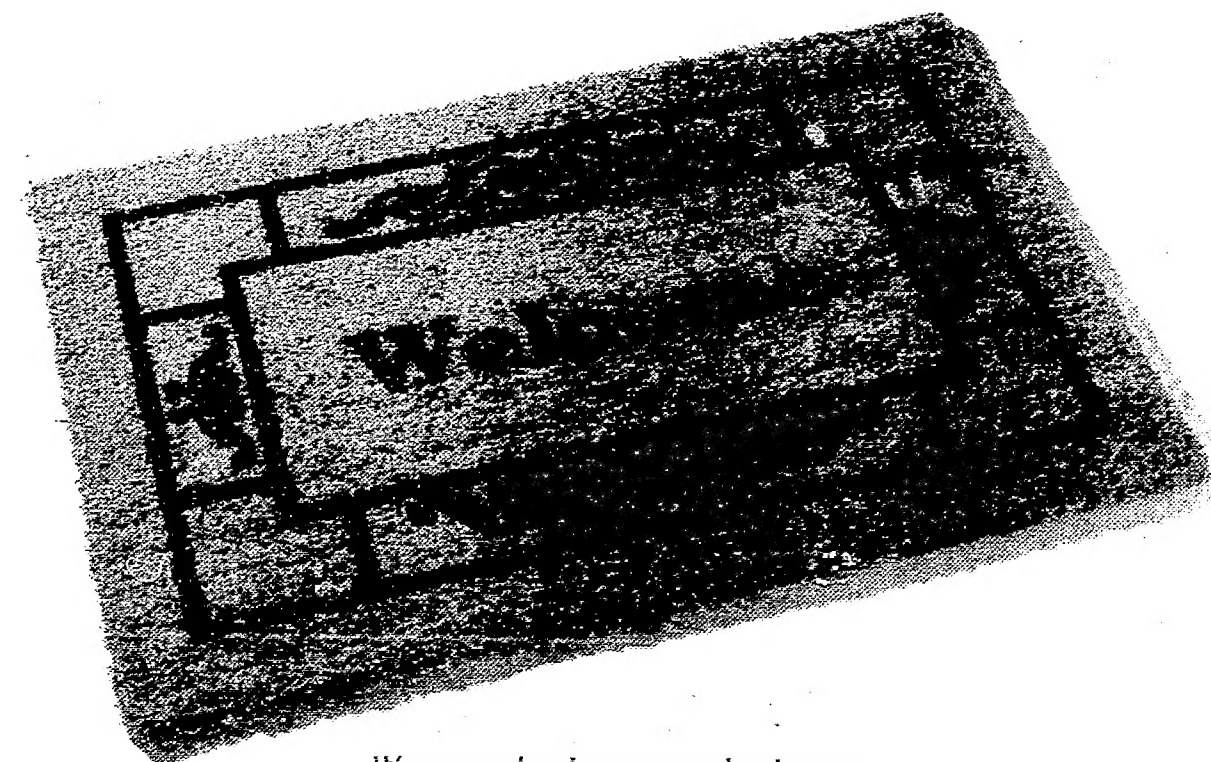
Physical Therapy Escorts: Morning (9-11:30) and afternoon (1-3:30) shifts are available in a busy physical therapy in-patient area. The positions require escorting of patients by wheelchairs to the therapy area. Must be physically able to push wheelchairs and feel comfortable around patients. Must have excellent customer

service skills.

Data Entry Clerical: A number of general clerical and computer data entry positions are available on a Monday-Friday, daylight schedule. Must be accurate and able to follow instructions. A basic understanding of filing, working with numbers, copying is required.

Information Desk Assistance: Opportunities exist for those interested in providing excellent customer service. Must be able and willing to escort individuals and/or walk individuals to their destination within the hospital. Must be able to provide clear direction, maintain confidentiality and always present a smile. Excellent communication and interpersonal skills required. Daylight hours Monday-Friday.

For more information about Heritage Valley Health System, visit www.heritagevalley.org.



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2) Fax information to 412-388-0900.

Faxes should include a phone number of a contact person.

3) Send e-mail to Sewickley.Herald@gatewaynews.com. Photos also may be sent via e-mail.

4) Letters to the editor must include signature of the author and phone number for verification purposes.

No unverified letters will be printed.

Letters are subject to editing for space constraints and content considerations.

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Support group fosters friendships for first-time moms

By Rachel Weaver

Staff writer

Nothing can prepare women for motherhood.

But whether they're experiencing the great joys of a baby's first coo or the frustrations of another sleepless night, they can rest assured other mothers are going through the same thing.

VOLUNTEERS

Facilitated by veteran obstetrics nurses Edith Davidson, Diana Cooper and Gail Jackson, Storkbites is a support group for first-time moms in Western Pennsylvania.

"It's to let people know they are not alone and that it's OK to talk about what some of their experiences are like," says Davidson, Sewickley Valley Hospital lactation consultant.

The 6-week meeting series, run by the three volunteers, begins with a session for women to confess their most common worries as mothers of new babies.

Most share concerns about sleep (their lack of it and their babies' unusual patterns), losing their old lives, changes in their bodies and changes in their relationships.

"Everything is on either end of the spectrum," says Cooper, SVH high-risk pregnancy and pre-natal education nurse.

They discuss labor experiences, which, for many women, may be their



OBSTETRIC NURSES Gail Jackson, Diana Cooper and Edith Davidson are ready to help new mothers with all the unexpected problems they may face.

first hospitalization.

"It can be traumatic even if it goes well. It's overwhelming. Your personal boundaries are gone for a while," says Cooper.

Once the common concerns are voiced, women begin revealing their deepest anxieties that come with caring for a child.

At a meeting last year, one mother told the group her baby's car seat had fallen off the kitchen table with the baby in it earlier in the week.

"That's something that's hard to share: To say, 'I had an accident, and it

wasn't the most devastating thing," says Jackson, maternal health nurse and prenatal education instructor.

But instead of gasps or looks of concern, stories such as that are met with understanding nods and smiles coming from women who have been there.

Davidson says that level of understanding has led to many lasting relationships within the group.

While it is not the main focus of Storkbites, the group also spends some time discussing postpartum depression.

American culture has the highest rate of postpartum depression. David-

son attributes this to the fact that it is more common for women of other cultures to view and to understand childbirth.

At each meeting, every mother fills out a survey asking them to rank their feelings toward several issues over the past seven days, including their ability to laugh at things, their level of anxiety and their sleeping habits. If a woman scores high on her survey, the nurses contact her privately.

Though the focus is geared toward first time moms, any mother can come to the group and bring their babies.

When babies cry during meetings, which Jackson says they either do in perfectly timed intervals or in one cacophonous chorus, it is not received with the impatient looks mothers get in most public scenarios.

Cooper says it shows other mothers that their screaming child is, in fact, normal.

By bonding through similar experiences, the women of Storkbites form lasting relationships with other people who truly understand their concerns, worries and joys.

"Just like your baby is learning things step by step, you're learning to be a parent one step at a time," says Jackson.

If you're going

The next 6-week meeting set will begin Tuesday, March 22, from 11 a.m. to 1 p.m. at the Sharon Presbyterian Church in Moon Township. Call Cooper at 412-749-7625 or Davidson at 412-749-7494.

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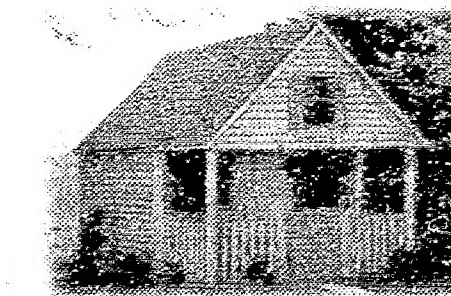
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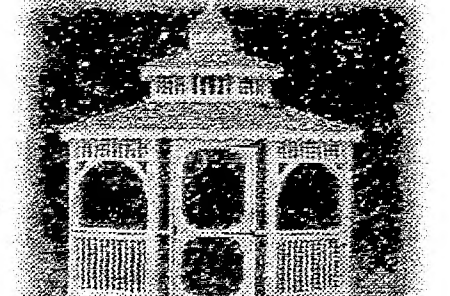
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HELP WANTED

Volunteers are the life-blood of our community. Each month, we'll focus on dedicated volunteers who bring the very best to the good work of many and tell their story for all to hear. See Page 11 of this week's Sewickley Herald. If you know of someone who should be featured, call us at 412-388-5804.



Gynecology

(March 16, 2005) - Gynecology is the branch of medicine that focuses on the diagnosis and treatment of disorders related to the female reproductive system. Gynecologists deal with a variety of women's health issues including menstrual disorders, menopause, infectious disease, infertility, disturbances of the sex hormones, benign and malignant tumor formation, and the prescription of contraceptives.

Gynecology promotes comprehensive routine healthcare through the yearly examination and pap smear; testing and treatment of sexually transmitted infections; menstrual disorders such as heavy, irregular or painful periods; pelvic pain; vaginal infections and pain; urinary incontinence; diagnosis and management of disorders of the uterus and ovaries; menopause, hormone replacement and alternatives; adolescent female healthcare, contraception; and preliminary infertility evaluation and treatment.

Women who are sexually active or over age 18 should have a gynecological exam every year. You may need to have checkups even more often if you have a history of sexual health problems, women's health problems, or if you plan to become pregnant. A regular gynecological exam includes talking about your personal, family, sexual and medical history; counseling, a pelvic exam and usually a breast exam.

Dr. Bryan LaBuda of Heritage Valley Health System understands the importance of good gynecological health. "For all women, young or old, married or single, sexually active or not, good gynecological care is essential to overall good health."

For more information on gynecology, visit Heritage Valley Health System's website at www.heritagevalley.org.



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NEW SEASON



MEMBERS OF Pittsburgh Opera Society's board are planning the "Fidelio" kick-off event to be held at the Allegheny Country Club on April 21. On hand to discuss everything from fashion vendors to menu items to entertainment by the Pittsburgh Opera cast were (from left) Kathleen Reshmi, Gloria Vales, Pat Small, Co-chairperson Val Clark and Dorothy Urda.

GROUNDBREAKING

OVGH builds new maternity/surgery wing

Officials at Ohio Valley General Hospital will break ground on the expansion of its maternity and surgical services wing on Monday, near the intersection of I-79 and PA Route 60.

The initial phase of the project, including erection of the steel frame and work on parking areas, will be completed in July 2005, and the new building will be finished by June 2006.

Pittsburgh-based Burt Hill Kosar Rittleman Associates, Inc. designed the addition, and Burchick Construction Co. will

serve as general contractor for Phase One.

"Our new wing will have state-of-the-art equipment, and the outpatient, operating and recovery rooms will all be located on the same floor, making the setup more patient-friendly than ever," says William Provenzano, FACHE, Ohio Valley's president.

"The expansion will also free up space within the hospital to add new services or increase our ability to provide existing ones."

The new maternity and nursery unit will include:

- 16,000 square feet of space to accommodate gynecological surgery and 10 private inpatient rooms for maternity and gynecological surgery
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SPOTLIGHT

Buy the book: an odyssey of treasure and trade

By Jon Paul Creese

Staff writer

"This place is a literary junkie's dream," I thought while perusing the aisles of Caliban Book Shop in Oakland.

The shelves were stocked high with hardbacks. The store had an organic smell of wood, parched paper and glue; but, it was unearthly quiet.

"This place has everything," I concluded, making a mental note of the inventory from science fiction to philosophy to children's books. I thumbed through a volume of poetry and was struck by the vast and varied collection of literary genius.

As I awaited the proprietor, a voice beckoned from the counter, "Here he is now." The door opened and a rush of cold air blew into the shop, along with John Schulman, who is to speak at the Sewickley Valley Historical Society meeting March 30.

My assignment: find out about this Schulman character and report back to the Herald with a story and photos to highlight the upcoming event.

I studied the goateed, flannel-and-jean-clad Schulman as he made his way slowly, steadily through the narrow entrance.

"Hi, I'm Jon ... from the Herald," I managed, momentarily distracted by his stylish blue lenses.

"You can have a seat here," he motioned to a chair behind the counter and removed his sunglasses.

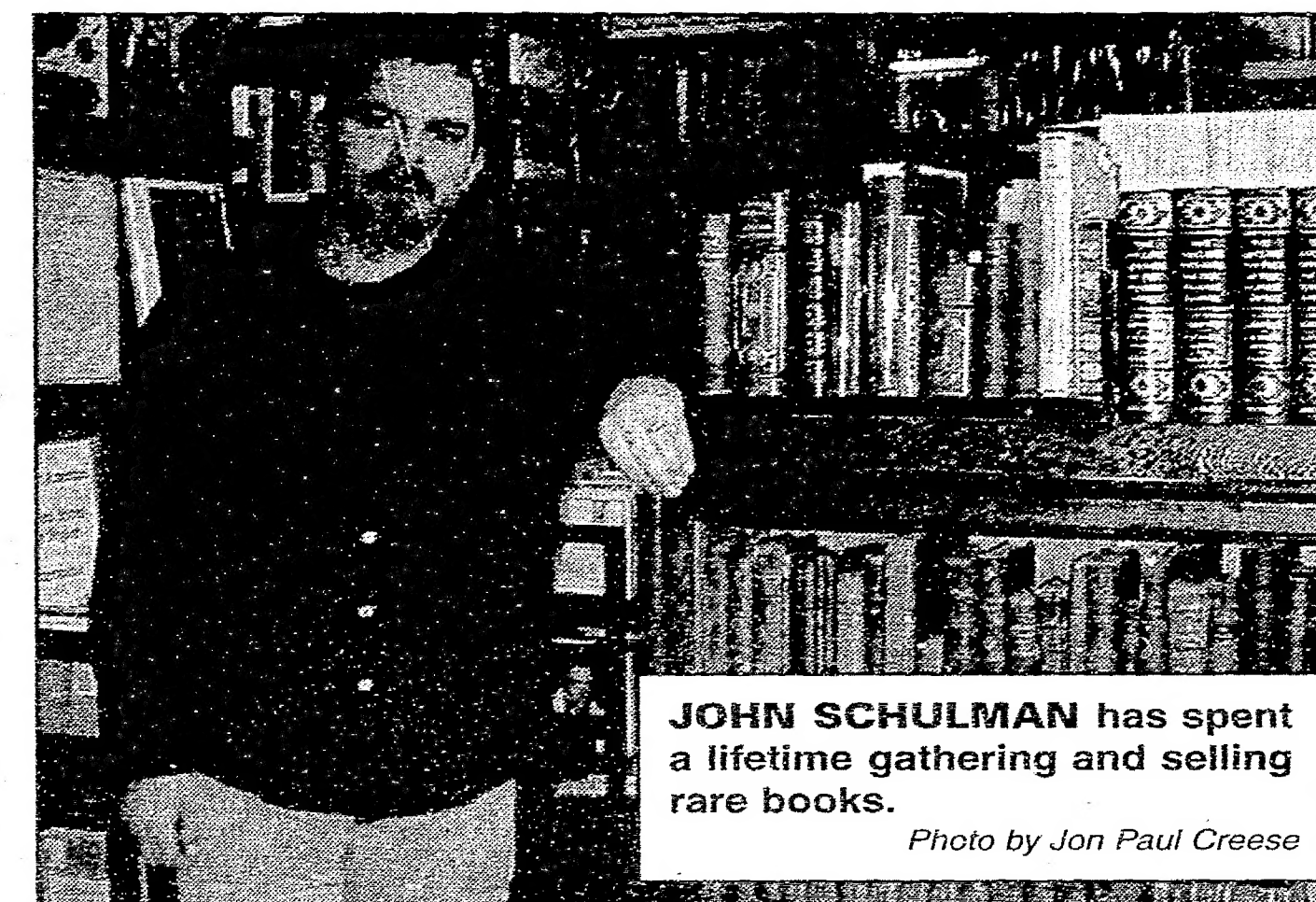
At once a slew of questions bombarding my brain took a back seat to the heady impression this mildly mysterious entrepreneur left on me.

"I am really interested in hearing all about the presentation for the historical society, but first, I would like to learn more about you," I began.

Schulman obliged and explained he grew up in Pittsburgh, where his parents lived and worked — his father, a former dean and professor at Pitt; his mother, a high school English teacher.

He presumed to follow their example but discovered an interest in the book trade at a young age. And not just any books — rare classics — literary first editions that bring a hefty price, some as high as \$50,000, depending upon their author and condition.

"I loved it," Schulman said. "Every summer when I was not in school, and after school, I would search for books.



JOHN SCHULMAN has spent a lifetime gathering and selling rare books.

Photo by Jon Paul Creese

I started out with science fiction then got into poetry."

A customer arrived, and Schulman excused himself. I listened as he bartered with a regular.

"It's marked thirteen fifty; how about ten?" he gestured.

"All right!" a delighted middle-aged woman agreed with a slight shrug of her shoulders.

"Do you have something for me?" he asked, referring to rare books, of course.

She didn't. Some were too heavy to carry that day, others too dear to part with.

She swept out the door.

Schulman sat down and explained that he and his wife, Emily Hetzel, originally opened Caliban Book Shop in '91 just down the street from where we were sitting near the corner of Forbes and Craig. They filled the store with thousands of books from their Regent Square apartment and, Presto! They were in business.

Located near several college campuses, Caliban is host to a fair share of young students, but most regulars are over 50.

He isn't concerned that his best customers frequent competitors' stores. They all have one thing in common: They are loyal to the books.

He spent years traveling to bookstores throughout the country, searching for rare gems to occupy the shelves, however briefly. He found many of them locally and soon discovered

another of his passions — collecting literary artifacts from Western Pennsylvania.

"I'm constantly amazed," Schulman said of the area's rich history.

He displayed some of his newest treasures — official Washington County receipts, dating back to 1773, that looked like fragments of ancient papyrus.

"They had a wolf problem," he explained.

"Under oath ... one bitch ... scalped ... caught and killed wolf in Washington County," his finger jerked along beneath the faded text as he read aloud.

The county paid for wolves' heads or skins if residents testified under oath they made the kill in Washington County.

He picked up a worn first edition of Faulkner's "Doctor Martino, and other short stories" and studied it as if it were a diamond.

"This would go for \$1,500 or \$2,000 with a dust jacket," he explained.

His copy, with faded spine, sells for less.

"With certain kinds of books, people want a first edition," he said.

"Why the original is so important, it's a large metaphysical question. I don't have a sound bite-answer for that, even though I've read a lot about it. The magic associated with that is phenomenal."

Schulman said a first edition of James Joyce's "Ulysses," published in Paris, could sell for well over \$25,000.

The next edition would be worth a fraction of that, he said.

His presentation, which he gives a few times a year, addresses many of these topics. Schulman also will point out Internet resources that book lovers can use to their benefit.

His warehouse stores more than 100,000 books and his staff catalogues a few hundred texts a week. He also sells through online sources and runs a booth at an antique mall in the Canonsburg area.

"How did you come up with the name, 'Caliban'?" I asked, unknowingly revealing a bleak knowledge of the classics.

Caliban is a figure from Shakespeare's "The Tempest," he explained. The character lives on an island to which a magician is exiled. The magician teaches Caliban a language that the islander used for evil purposes.

"Did you see ... something of Caliban in yourself?" I asked.

"I identified with the little guy, the islander, more than the imperialist at the time," he said.

I wondered if there were any rare works he would like to keep for himself.

"I like reading a lot, that's for sure," Schulman said, noting two of his favorite poets, William Carlos Williams and Theodore Roethke.

But he considers himself a trader, not a collector.

"I understand why collectors like what they do," he said. "But, I'm interested in selling pretty much 100 percent of whatever comes across my desk."

Regardless, it is apparent Schulman was inspired by the written word, I concluded, pulling my leather jacket around me to fend off the wind and cold.

I crossed the street and made a bee-line for the coffee shop, ordered a regular small and slid into a chair.

"This place is a literary junkie's dream," I scribbled into my notebook and took a short sip off the top.

John Schulman will speak at the SVHS meeting, Wednesday, March 30, at 7:30 p.m. in the Old Sewickley Post Office, 200 Broad St., Sewickley.

The program will include a slide show of rare works and artifacts produced, in part, by The Photo Depot at Quaker Village. Attendees may bring along a rare book for a spot appraisal.

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YANT-LUBARSKY

Leigh Ann Yant and Justin Lubarsky, both of Shaler Township, have announced their engagement.

The daughter of Alfred "Sonny" and Lenore (Wolkiewicz) Abercrombie of Sewickley, she is a graduate of Quaker Valley High School.

She graduated from the University of Pittsburgh with a degree in English writing and communications.

She is the wish coordinator at the Make-A-Wish Foundation of Western Pennsylvania and Southern West Virginia in Pittsburgh.

Her fiancé is the son of Edward "Rusty" and Margie Lubarsky of Allison Park, Pa.

A graduate of North Allegheny High School, he is employed by Nextel as a switch technician.

He also serves as 2nd assistant chief at the Berkeley Hills Volunteer Fire Co.

A May 14, 2005 wedding is planned by the couple in St. Paul's United Methodist Church in Allison Park.

ENGAGEMENT



ENGAGEMENT

BROCKS-GREEN

Michael and Gretchen Brocks of Moon Township announce the engagement of their daughter, Mary, to Robert Green, son of Robert and Sharon Green of Jamestown, N.Y.

A 2004 graduate of Duquesne University School of Law, the future bride is a 1997 graduate of Quaker Valley High School. She also graduated from Penn State University.

She is an attorney with Pure Africa Investments in Norfolk, Va.

Her fiancé is a graduate of Penn State University and earned his doctorate of chiropractic from New York Chiropractic College in 2004.

He is a chiropractor with Pinto Family Chiropractic and The College of William and Mary, both in Williamsburg, Va.

A May 2005 wedding is planned in Virginia Beach.



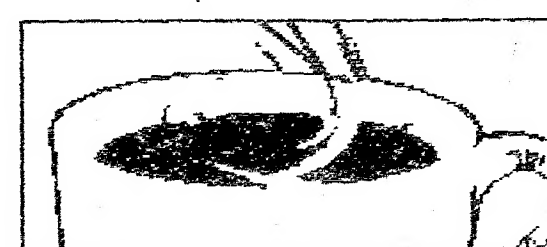
ALL-YOU-CAN-EAT

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Mt. Nebo Grange will sponsor its annual pancake breakfasts on the second and fourth Saturdays through April, from 7

a.m. to 11 a.m. at 125 McAleer Road, Ohio Township.

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WINE & ROSES



ST. JAMES School in Sewickley held its annual gala, "Wine & Roses," at the Sewickley Heights Golf Club last month. More than 250 supporters enjoyed a night of food, wine, music and fabulous live and silent auctions. The event raised approximately \$40,000 dollars for the school. Local businesses and families donated more than 200 auction items. Pictured are co-chairs of the event, Heather Saffner and Joann Matten, with The Rev. Al Semlar, St. James Pastor.

Fund-raiser features taste of good life

ON THE CALENDAR

This year's event is expected to host 1,000 participants.

Sponsorships for the event are available at varying amounts.

For more information about the event, visit www.heritagevalley.org.

Fish Fry Fridays

Fish Fry Fridays are back at St. James Church, Sewickley.

The dinners will be held every Friday through March 25 in the St. James School, Walnut Street, cafeteria from 4-7 p.m.

The menu includes baked or fried fish, salmon, steak fries, cole slaw, apple sauce, macaroni and cheese, fish chowder, halushki and pierogies.

For those with a sweet tooth, there will also be a bake sale every week.

Prices range from \$3.50 for the fish sandwich to \$7 for the salmon dinner with beverages included. There are discounted prices for senior citizens — \$5 for the large fish dinner and \$6 for the salmon dinner. Take-out is available by calling 412-741-2747.

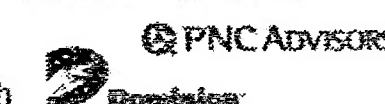
March at the Frick Art & Historical Center

MUSEUMS

The Frick Art Museum
Admission always free

Artistry & Innovation
in Pittsburgh Glass, 1808 - 1882;
From Bakewell & Ensell
to Bakewell, Pears & Co.
Through March 26

This exhibition is organized by the Frick Art & Historical Center. This project is made possible, in part, through generous grants from the Richard C. von Hess Foundation, the Henry L. Hillman Foundation, the MSA (Mine Safety Appliances Co.) Charitable Foundation, the Pennsylvania Historical and Museum Commission, The Richards Foundation, The Millstein Charitable Foundation, PNC Advisors, a member of The PNC Financial Services Group, Inc., Reed Smith LLP, the Juliet Lee Hillman Simonds Foundation, Maxine and William Block, Dominion, Mark A. and Karyn J. Joensen, and Harley N. Trico, Esquire.



Marvels of Maiolica:
Italian Renaissance Ceramics
from the Corcoran Gallery of Art
Collection
Through April 3

This exhibition is organized by the Corcoran Gallery of Art, Washington D.C. This exhibition is made possible by the Scott Opler Foundation, Inc.

Clayton

Experience fine and decorative arts in the restored 19th-century Frick family home.

Car and Carriage Museum

Admission always free
Vintage Rolls-Royce and Bentley cars on display in celebration of the 100th anniversary of these automobiles.

PROGRAMS

Bricolage Staged Reading

Performance:
The Glass Menagerie
Tickets available at the door or through advance registration
March 18 - 19, 8:00 p.m.
March 20, 2:00 p.m.

Art at Noon:

Italian Renaissance Ceramics:
Painters, Potters and Patrons
Wendy M. Watson, curator of the Mount Holyoke College Art Museum
March 31, 12:00 p.m.
Free and open to the public

MARK YOUR CALENDAR

GreenKids: Plant Detectives
Kids ages 4-8 play detective in the Frick Greenhouse
April 2, 11:00 a.m.
Free, drop-in program

Week of the Young Child:
Shapes, Colors and Cars
Children ages 3-6 explore the Car and Carriage Museum
April 9, 11:00 a.m. and noon
Free, drop-in program

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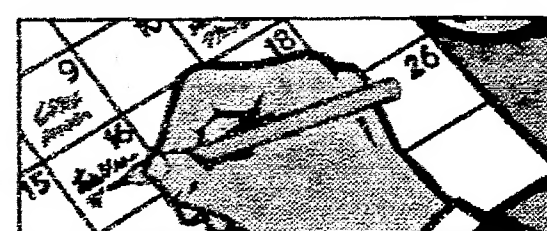
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ON THE CALENDAR

Clubs offer
a 'Dialogue'

The Sewickley Hawthorne Club and Coraopolis-Sewickley American Association of University Women will present the biographies of famous women from Western Pennsylvania on Thursday, March 17, at 7 p.m. at St. Matthews AME Zion Church, 345 Thorn St.

The presentation is titled "A Dialogue in Black & White: Discovering Women's History in Western PA."

For more information and to reserve a place, e-mail CoraSewAAUW@aol.com. The public is invited.

Health program

Pittsburgh's Ohio Valley General Hospital and The American Cancer Society will present a prostate education program called "Let's Talk About It: a Prostate Program for African American Men," on Wednesday, March 23 from 6:30 to 8:30 p.m. in the Roseta Conference Center at Ohio Valley General Hospital.

The speaker for the program is Marc Gignac, MD, of Triangle Urological Group.

A light supper will be served. There is no charge for the program.

Register by calling Elaine Lee at 412-919-1124.

Cooking class

Sweetwater is offering cooking classes bringing two local talents together: Child Health Association of Sewickley and Kitty Leatham, chef/owner of The Green Chef Deli.

"International Fare" will celebrate Pittsburgh's ethnic diversity. Leatham will cook food from around the world using recipes from the Three Rivers Cookbook on Monday, April 25, from 6:30 to 9:30.

Classes are \$20 for members, \$25 for non-members (Child Health members pay member price for CHA series).

Call Sweetwater to register at 412-741-4405.

HOMECOMING

Murphy returns for booksigning

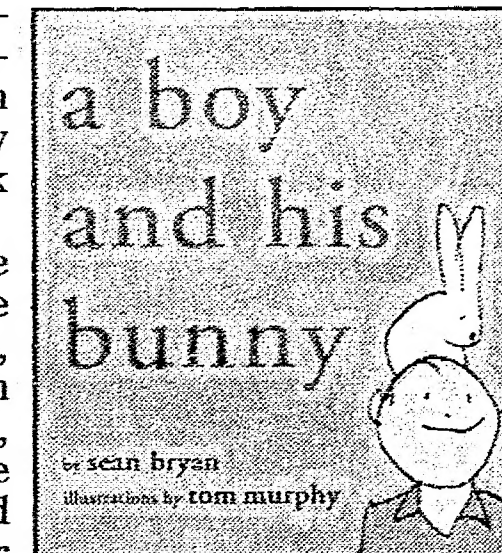
Tom Murphy, illustrator for the recently published children's book "a boy and his bunny," will be in Sewickley to sign copies of the book at the Penguin Bookshop.

The booksigning receptions will be on Friday, March 18, from March 19, February 18 from 11 a.m. to 1 p.m.

Murphy is a 1990 graduate of Quaker Valley and is a group creative director with the McCann-Erickson advertising agency in New York City.

He and the author, Sean Bryan, have worked together for the past 7 years and conceived the idea to write and illustrate a children's book several years ago.

Arcade Publishing bought the idea. After several marketing tests,



Tom Murphy

Arcade decided to publish the book and release it for this year's Easter season. It is being distributed by Time-Warner Books.

Tom is the son of Mary and Wayne Murphy of Edgeworth. Mary works at the Penguin Bookshop, which is located at 420 Beaver St., Sewickley.

Refreshments will be provided for the booksigning receptions.

Leetsdale hosts Easter Egg Hunt

The Leetsdale Crime Prevention Program and the Committee to Elect Bob Ford of magisterial district judge will sponsor the annual Easter Egg Hunt in Henle Park, Saturday, March 26, at 2 p.m.

FUN & GAMES

There will be refreshments and a crime prevention program with Sgt. Victor Korol from the Leetsdale Police Department following the hunt.

If it rains, the program will be held in the borough building, Council Chambers, 85 Broad St., Leetsdale.

For more information, call 724-266-7697.

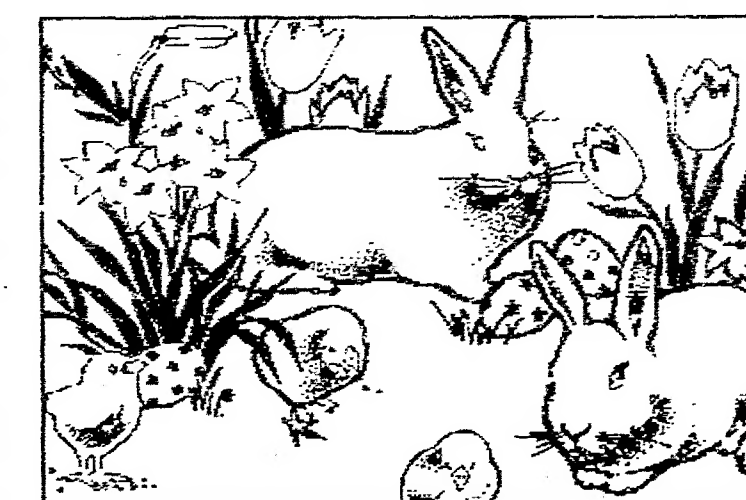
At the nature center

Fern Hollow Nature Center welcomes its young friends to the annual Easter Celebration on Saturday, March 19, from 2-4 p.m.

Activities may include dying eggs with surprise ingredients, an Easter egg hunt, storytime with Mother Nature and outside play.

Refreshments will be provided. For reservations call Sam Capezzuto at 412-741-6136 or email fhnc@verizon.net.

Space is limited. Reservations must be made by tomorrow (Thursday). Children under five years should bring a "helper."



The fee for center members is \$5 per family; for non-members, \$10 per family.

Earth Day

An Earth Day celebration will be held at Fern Hollow Nature Center, March 21-March 25, from noon to 4 p.m.

"Budding" naturalists will delight in discovery, creativity, and environmental activities.

A healthful lunch will be followed by an afternoon of walks, games, stories, gardening and earth art projects — paper making, tie-dyeing, landscape drawing, collage, fabric hanging and painting.

Earth Day is open to elementary age children.

The fee for members is \$25 per day or \$100 for the week, plus \$10 material fee.

Call or e-mail to reserve a space at 412-741-6136.

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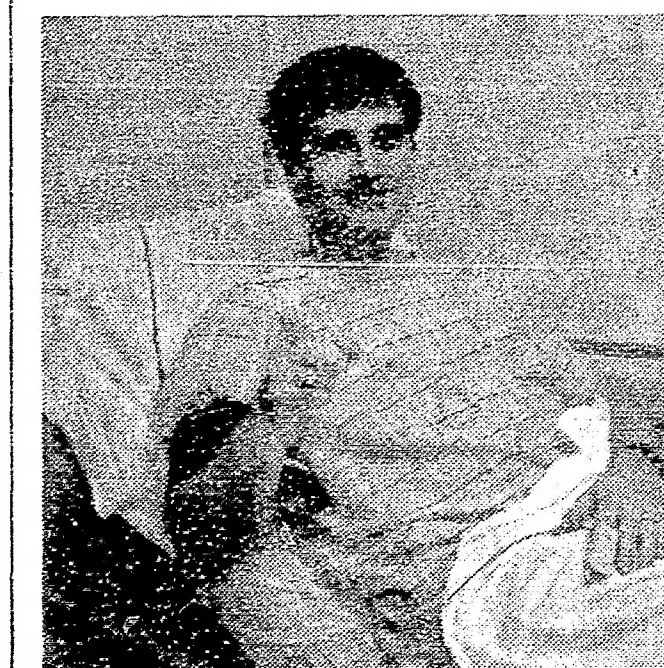
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Dr. Robert Fusco
Medical Director

Sadly, about 1 in 17 American adults will develop colon cancer in their lifetime. We find new cases every week in our medical practice. Contrary to popular belief, both men and women are equally at risk and most have no family history or early symptoms to warn them. The good news is that each colon cancer begins as a small non-cancerous polyp. Colon cancer can be prevented when the polyp is found and removed in time. Since polyps cause no symptoms, the American Cancer Society suggests that all adults over age 50 have a screening colonoscopy exam, however few do.

When I turned 50, I had my first colonoscopy performed by my associate, Dr. Ernest Stanley. The procedure was simple and painless. When I awoke, I was surprised to learn that he had removed two polyps from my colon and the biopsy showed that these polyps were headed for colon cancer. I was grateful that I had the test. In a way, it changed my destiny. I strongly suggest that all adults take the time to have this simple 30-minute procedure. As in my case, it can be lifesaving....

If you are over 50 years old and would like more information about how to prevent colon cancer, give our office a call at 412 262-1000 or visit us on the web at www.gihealth.com.

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Lunch at SUMC

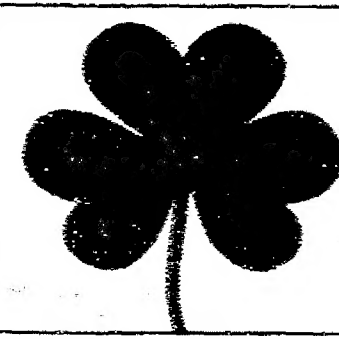
The public is invited to attend another luncheon at Sewickley United Methodist Church tomorrow (Thursday).

On tomorrow's menu are a Reuben sandwich with sauerkraut or a grilled

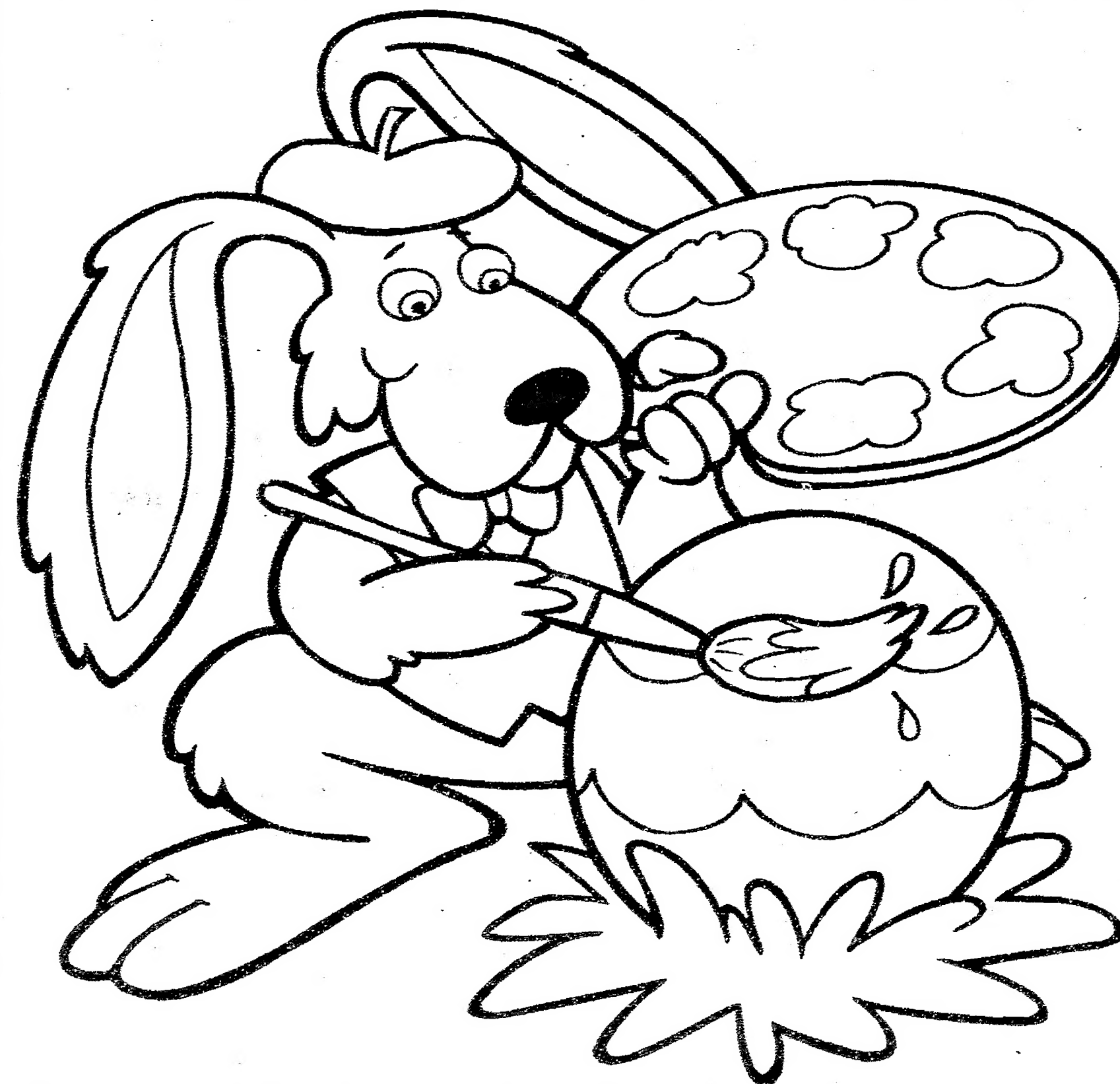
cheese sandwich with dill pickle, relish tray, potato chips, shamrock cookies and mint ice cream and beverage.

Donation for the meal is \$6.

Meals are served from 11:30 a.m. to 1:30 p.m. in the Simpson Room with its entrance on Thorn Street, Sewickley.



EASTER COLORING CONTEST!



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AGE GROUPS: 4-6 Yrs. • 7-9 Yrs. • 10-12 Yrs. DEADLINE: March 25, 2005

WHAT'S COOKIN'?



OWNER KITTY Leatham (above) takes pride in the fact that her Green Chef's Deli uses only organic ingredients, many of which are grown right here in Western Pennsylvania.

Deli offers foods that heal

By Jaime McLeod

Gateway Newspapers writer

So, it's mid-March and most of those resolutions to "eat healthier" have gone right out the window.

For so many of us, it's just too time-consuming to put together balanced and nutritious meals every day. And besides, who wants to live on barley and sprouts?

At Sewickley's Green Chef's Deli, though, eating well has never been so simple. The popular takeout café features all organic ingredients, most from local sources.

And the food served there is as different from barley and sprouts as possible.

"We have the best of everything. Our food is gourmet and it's tuna casserole," says owner Kitty Leatham, who opened up shop in December of 2002.

"We do a lot of normal stuff and that is what people want. They want comfort food that's delicious and nutritious."

That means you're more likely to find meatloaf and macaroni and cheese at the deli than cubes of tofu.

"The organic movement is

moving more toward the way our great-grandparents used to eat. There were no chemicals, no preservatives, and they realized that fats were necessary. These low-fat diets, with all of the lab-created foods, are killing us," says Leatham, adding that human bodies are not equipped to digest the amount of chemicals found in most store-bought foods.

Leatham, who grew up on Pittsburgh's East End, first became interested in organic foods while she was living in Eastern Pennsylvania. She decided to experiment with her own garden, foregoing the use of pesticides and artificial fertilizers and using natural compost and pest-repelling plants.

"I got that garden to the point where it just took care of itself, and I noticed it was just alive with activity," she says. "There were no pests anywhere. The deer didn't come around."

Leatham became so convinced of the importance of eating all natural foods, she now takes it upon herself to educate her customers about healthy

Continued on Page 19

Kitty Leatham feeds hungry from organic meal menus

Continued from Page 18

eating, even going so far as to design balanced nutrient-rich menus diners can follow.

In addition to running the deli, Leatham has been teaching classes on organic cooking at Sewickley's Sweetwater Center for the Arts.

WHAT'S COOKIN'?

The classes have been going so well, she says she'd like to continue them, but in the comfort of her own kitchen. Future classes will likely be held at the deli.

"People come in here looking for good food and tasty food. They like that we are looking out for their health, which is what we do," says Leatham.

"The focus of our food is 'This food can heal you. This food can keep you well. Organic, to me, is a lifestyle. It's not just about food. It's about restoring people's lives and restoring the Earth.'"

Leatham gets most of her produce from local organic farms like Muddy Paws in Beaver County. What she can't get from a local source, she purchases from the East End Food Co-op in



CUSTOMERS CAN wrap up lunch deliciously with a tuna, chicken or egg wrap at the Green Chef's Deli.

Pittsburgh.

Most of the meats are supplied by a pair of local farmers in Volant, who use no hormones on their pasture-raised and grass-fed livestock. Even the eggs come from free range chickens.

Everything at the Green Chef's Deli is cooked from scratch right on the premises. Leatham refuses to use any processed or pre-prepared foods.

Though the deli doesn't open until 10 a.m., she and her staff start cooking at 7 most mornings.

"The first thing people say when they walk into the deli is how good it smells," says Leatham.

The menu at the Green Chef's Deli changes daily, with six or seven different soups, a rotating array of sandwiches and a choice of two different entrees each evening.

Soups include classics like chicken noodle, as well as more adventurous offerings like carrot curry ginger, roasted turnip and acorn squash.

Soups range in price from \$2.59 for a cup to \$7.89 for a quart, or can be paired with a half sandwich for around \$5, or with a flatbread wrap for \$7.

Sandwich and wrap fillings vary from deli meats to the ever popular trinity of sandwich salads: chicken, tuna or egg.

The "heavenly" chicken salad, a curried concoction with mango chutney, grapes and a variety of nuts, is such a hot seller, Leatham goes through more than 200 pounds of chicken each week.

Entrees vary in price depending on which weekly offering is on the menu. The meatloaf, served on Mondays, is a big hit at \$12.99 for a family-sized loaf.

Individual dinners featuring an

entree, two sides, a salad and a ricotta cream for dessert range from \$12.99 to \$15.99.

Of course, no organic café worth its salt forgets about the vegetarians. Leatham offers at least two meatless soups and one entree each day, in addition to the various salads and side dishes available.

Besides the takeout service, the Green Chef Deli also has a healthy catering arm, which provides food for area clubs, businesses, churches and even the occasional small wedding.

Because nothing is pre-prepared, customers pretty much have free reign over menu choices.

Over the next few months, the deli will be expanding into an adjacent building. Leatham plans to add a seating area, a juice and coffee bar and more pastries to the menu.

If you are going ...

The Green Chef's Deli is located at 604 Washington Street in Sewickley.

Hours of operation are Monday through Friday, 10 a.m. to 6 p.m. and Saturdays 10 a.m. to 3 p.m. It's closed on Sundays.

For more information, call 412-749-5880.

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Greensburg, PA 15601
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South Hills Village
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412-635-4561

McKnight Rd.
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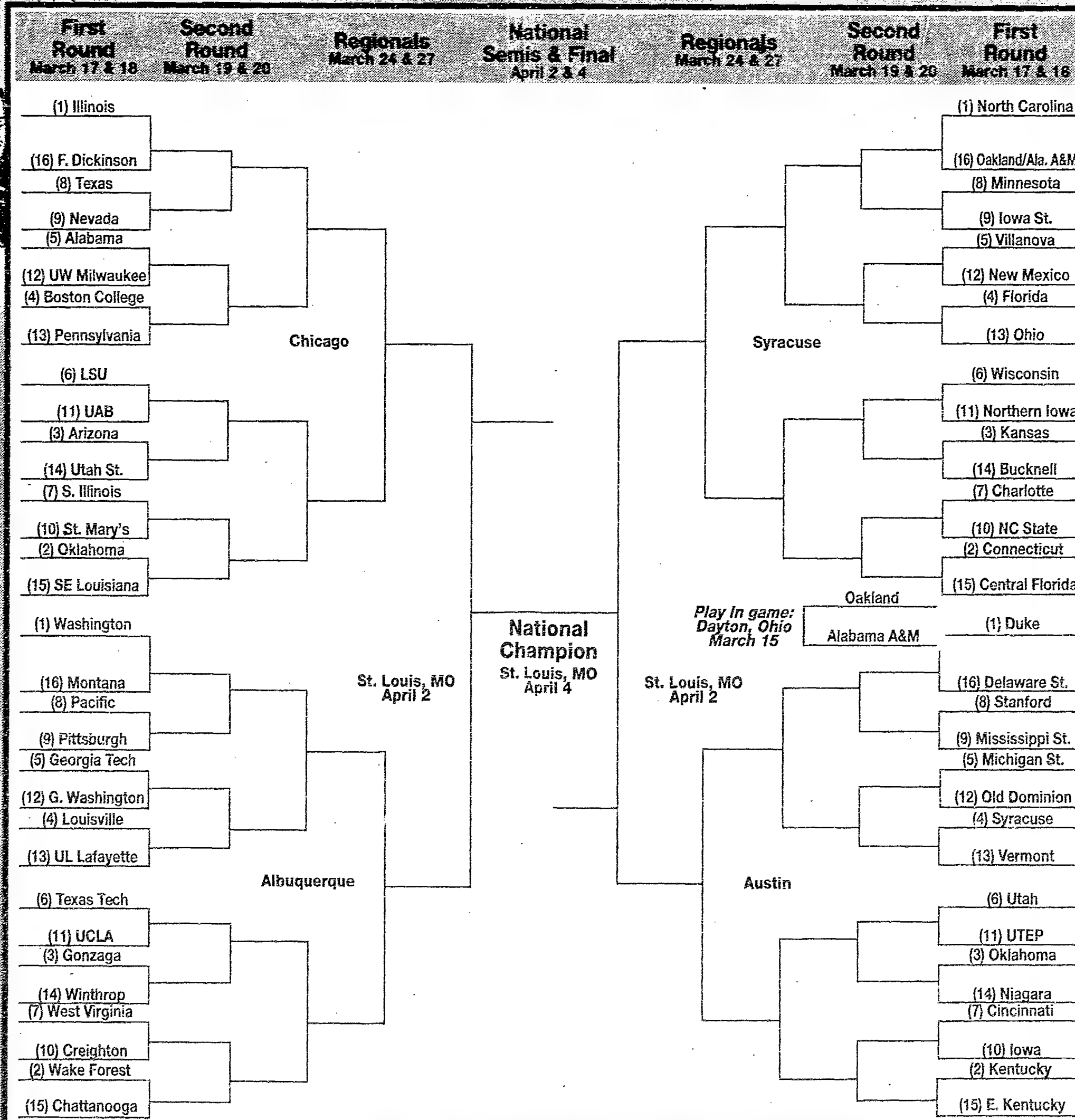
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Sewickley pilots inducted into Oakland's Hall of Valor

By Rachel Weaver

Staff writer

Ernest Williams and James Theys don't think they're any different from every other soldier.

HONORS

But the two veterans share an honor only 400 others have received.

They both were among 25 service men inducted into the Hall of Valor at Soldiers and Sailors National Military Museum and Memorial in Oakland, the largest memorial building in the United States dedicated solely to America's fighting personnel, earlier this month.

Williams, 84, served as a U.S. Marine Corps pilot in World War II, flying the fastest fighter planes the country had at the time.

Stationed in the Marshall Islands on an atoll 10 feet above the ocean, he and the men of his squadron spent everyday dive-bombing five Japanese bases.



ERNIE WILLIAMS (center) receives congratulations from **Joe Dugan** (on left) CEO of Soldiers and Sailors National Military Museum, and **George Gaadt**, Sewickley resident and artist. Above is Gaadt's plaque honoring Williams' Hall of Valor induction.

Photos by George Gaadt

During his service years, Williams was the recipient of 14 air medals and four distinctive flying awards.

But when it comes to talking about his accomplishments, the veteran remains modest.

"People on the street are asking me how much I'm paying my press agent," says the Sewickley resident with a laugh. "I didn't do anything anyone else in the service didn't do."

To Williams, enlisting in the service was an opportunity to pursue a lifelong dream.

"Even when I was a little kid, I always wanted to fly. When the war came along, it was my chance to fly."

Williams, then 21, enlisted in 1942.

When his service ended, he and three of his other squadron members made a cross-country drive from San Diego to arrive home on Dec. 25, 1945.

After the war, Williams flew as a pilot of a DC-3 for Tanagra Airways in South America. Eighteen months later he came home.

"I got smart and came back to Pittsburgh," he said.

After his year of service, Williams finished his studies at the University of Pittsburgh

and earned his engineering degree, after which he accepted a position at the now closed Dally Engineering Valve Co.

In September 1949, Williams married his wife, Mary Jane. The couple now has three children and five grandchildren, all of whom were present to celebrate his induction.

"I'm very proud," says Mary Jane. "It was a great day start to finish."

Each honoree received a plaque commemorating his achievement. Local artist, George Gaadt, designed Williams' with a picture of him during his service days and a painting of him with his plane.

"It's really a work of art," says Mary Jane.

Continued on Page 25

TRAVEL DATE

Rockies' deadline nearing

The Travel Group of the Sewickley Valley YMCA is planning two trips for the adventurous this year.

The first is the Canadian Rockies by Rail trip on June 12.

The trip includes land, air, accommodations and tax from Pittsburgh. Highlights are British Columbia, Vancouver, Rocky Mountaineer Train, Kamloops, Jasper Columbia Icefields, Lake Louise, Banff and Calgary.

The cost is \$2,899. A \$250 deposit is required to reserve your spot. Final payment is due

March 20.

The second trip is an 11-night Hawaiian Islands Cruise, Nov. 25.

Highlights include Oahu, Pearl Harbor National Memorial Park, Hilo, Maui, Kauai, Fanning Island and Kona.

The cost of the trip is \$2,419. A \$250 deposit is required to reserve your spot. Final payment is due by Aug. 20. You do not need to be a member of the YMCA to participate.

For more information, call Cindy Ward, 412-741-9622, Ext. 105.

HONORS



JIM THEYS was honored by members of the Senior Men's Club in 2003 for his wartime missions and medals.

Theys named to Hall of Valor

Continued from Page 24

Jim Theys not only shares an honor with Williams, he shares his modesty.

"I'm always a little embarrassed about something like that," he says. "I don't see myself as being somebody special."

But the longtime Sewickley resident did feel special being honored in the same group as the late actor Jimmy Stewart, who was inducted for his efforts in World War II.

"It was nice being mentioned in the same breath as him," he says.

Theys, 83, received the Distinguished Flying Cross award for his service in the air force. His plaque includes a picture of a B-17, the plane he flew.

Theys, then 21, was stationed in England from May to December 1944. During that time, he flew 35 bombing missions over Europe.

While Theys says he has many good memories from his time of service, he still reflects

on the difficult conditions in which he worked.

"We flew at about 28,000 feet. That high up, the temperature is around 40 to 50 degrees below zero. We were flying in unheated planes with open windows to stick the guns out."

"It was horrid cold. You didn't dare have anything exposed or have anything touching metal."

In addition, the planes were not pressurized and pilots were forced to breathe oxygen from tanks.

"It was extreme conditions to be working under while you were being shot at," says Theys.

After his service ended, Theys attended the University of Cincinnati where he studied engineering. He married Marjorie in 1946. They have two sons and seven grandchildren.

Theys doesn't often speak to his family members about his days in the airforce, but that didn't stop most of them from coming to the ceremony.

Ever humble, he laughs as he says, "I was surprised by their interest."

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Summer Camps & Activities 2005

Falcon Camp celebrates its 47th summer

Falcon Camp for boys and girls ages 6 to 16 is celebrating its 47th summer.

Widely recognized as one of the premier private camps in the Midwest, Falcon is located only 80 miles west of Pittsburgh.

Falcon offers a beautiful lake-front setting, a talented experienced staff and a wide variety of activities.

Program includes horseback riding, sailing, swimming, skateboarding, rollerblade, canoeing, fishing, ropes, rocketry, drama, crafts, sports, riflery, archery, nature, overnights, special events and field trips, tennis and much more.

Campers choose their own activities within a general framework each day.

Falcon is a traditional, rustic camp where the major ingredi-

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Eat, sleep and breathe horses in this special program designed to improve riding skills, teach horsemanship, horse health and care.

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The camp has excellent instructors and horses.

Swimming and other camp activities are included.

The camp has been ACA accredited since 1959. Many Pittsburgh area references available.

If you love horses, you'll love this camp!

ents to success are taking good care of our campers and creating an atmosphere of encouragement and understanding. In the process, campers learn new skills and grow in self-confi-

dence, esteem and independence.

Our 1 to 4 staff/camper ratios allow us to give each Falcon camper the individual attention necessary to assure a summer

of fun and learning.

We have a strong reputation for making sure a camper's first overnight experience is very positive.

Our non-competitive environment is inviting to campers who may be hesitant to try something they have never done before, while our awards system challenges our most experienced campers. Instruction starts from beginner to advanced in each activity offered.

Falcon is large enough to provide a diversity of personalities so that everyone can find friends, yet small enough so that directors Dave and Emily Devey know each camper.

With an average 70 percent camper return rate, Falcon has a nice mixture of "old hands" and new faces.

Over the past several years Falcon has been host to campers from 16 different states and 12 countries.

The majority of campers attend from the Cleveland, Columbus and Pittsburgh areas, all within easy driving distance.

Being so close to Cleveland allows families to visit beforehand, meet staff and feel "at home" prior to attending. Falcon is an outstanding opportunity for great fun and learning. A summer at Falcon is a special experience where good things happen by design.

Call Dave or Emily Devey at 800-837-CAMP for more information. Visit Falcon's Web site at www.falconcamp.com.

Falcon is proud to be accredited by the American Camping Association since 1959.

Summer Camps & Activities 2005

Jumonville Christian camp has much to offer

A premiere Christian camp and retreat center, Jumonville is a special place with much to offer.

It is best known for its white "Cross of Christ" which stands 60' high on the mountaintop. Hiking up to Dunbar's Knob to see the cross and the breathtaking view is an inspiring highlight for most everyone who visits.

Jumonville exists to share the Christian faith with all who come. The dedicated staff and volunteers operate a summer camping program that is well-known for its variety and quality.

Children, youth and adults may come for a week of recreation, inspiration and adventure for a very reasonable rate.

In addition, some scholarship help is available.

Camp has always been a great way for young people to



make new friends, grow in self-confidence and experience the best fun of the summer!

Adventure camps offer rock climbing, caving, biking, mountainboards, canoeing or white-water rafting.

Sports camps include specialties in soccer, volleyball, baseball, basketball, golf, tennis, fishing or swimming.

There are opportunities to enjoy many different sports during the week.

Creative arts programs focus on music, art, dance, clowning, drama, or advanced crafts such as stained glass, photography, or handmade jewelry.

Specialty camps include: camp samplers, games extravaganza, mini camps (for those under 10 years of age who are beginner campers), and even mommy (or daddy) and me camp (for 3 to 7 year olds) to

enjoy three days of fun and special memories at camp with a parent or grandparent.

Don't forget the timeless camp activities of singing, campfires, hikes to the cross, Bible study, crafts, swimming, worship, free time and getting an ice cream cone at the Snack Shop! There's something for everyone to enjoy.

Lodging options range from luxury private rooms to family-style lodges and dormitory style cabins. Dining facilities for up to 350 are available, with a variety of meeting and recreational facilities included.

Two new adventure facilities, the multi-level challenge/ropes course, and the indoor adventure center serve are used for the most popular programs for rock climbing and individual initiatives. Not only is it challenging

and fun, but the Jumonville adventure program is an outstanding tool for building teamwork, self-confidence and personal growth at many levels.

At the end of an exciting day, there's nothing like sitting by the campfire, looking up at the stars and being moved by the awesome sight of the cross shining into the night.

It is a landmark that has touched the hearts of people from around the world.

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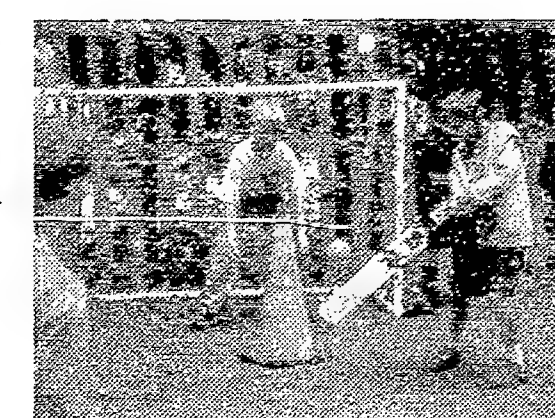
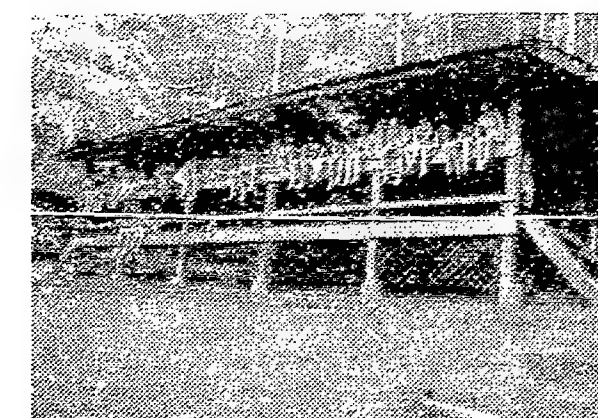
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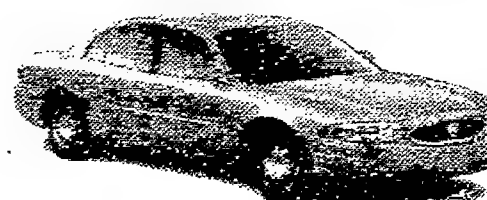


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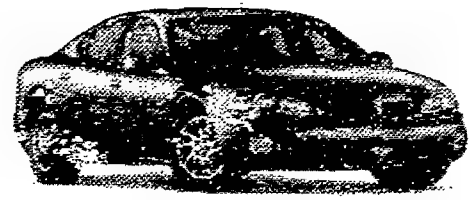


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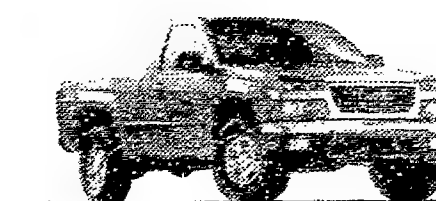
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Helen Hegner, lifelong Sewickley resident, business woman

Helen Hegner, 91, a lifelong resident of Sewickley, died March 10, 2005, at Villa St. Joseph in Baden.

She was born in Sewickley on Oct. 7, 1913, to the late Anthony and Nita Hegner. She was preceded in death by her three brothers: Roy Hegner, Gerard Hegner and infant Robert Hegner.

Miss Hegner was a member of Sewickley Valley Historical Society and attended St. Andrew's Presbyterian Church.

She received her business administration degree in 1934 from Tri-State University in Angola, Ind. She was co-owner of Hegner Office Supplies, a family business located on Locust Place in Sewickley and worked in sales for Hegner Hardware.

She is survived by five nieces and nephews: Janet Grazioli and husband Emil of Sewickley, Barbara Dittrich and husband Herb of Ohio Township, Nita Hanse and husband Don of Florida, Robert Hegner and wife Teri of Sewickley, and J. Gerard Hegner and wife Karen of Florida. Also surviving are her sister-in-law, Betty Simpson of Florida, eight great-nieces and -nephews and nine great-great nieces and nephews.

Burial was in Sewickley Cemetery.

IN MEMORY

Memorials may be made to the Sewickley Tree Fund, the Sewickley Valley Historical Society of Villa St. Joseph in Baden.

Arrangements were handled by Copeland Funeral Service.

Virginia Gleason

Worked at D.T. Watson

Virginia Gleason, 80, a resident of Sewickley for 25 years, formerly of Leetsdale, died March 12, 2005, at Sewickley Valley Hospital.

A funeral prayer will be held today (Wednesday) at 9:30 a.m., followed by Mass at St. James Church with the Rev. Dave Foecking officiating.

She was born in Morgantown, W. Va., on April 2, 1924. She was preceded in death by her mother, Mabel Cook, and her beloved husband, Jeremiah "Jerry" Gleason, in 2000.

Mrs. Gleason worked 15 years for D.T. Watson, retiring in 1992.

She was a member of St. James Church.

She is survived by her three daughters:

Sharon McHugh and husband Michael of Fairmont, W. Va.; Virginia Kunz and husband Ron of Coraopolis with whom she made her home; and Deborah Beitler and husband George of Plum Borough.

Also surviving are her three grandsons, Jeremy and Timothy Beitler and Mike McHugh, and her sister, Myrtle Rinick of Morgantown, W. Va.

Burial will be St. James Cemetery. Arrangements were handled by Copeland's Funeral Home - Sewickley.

Ruth Nadler

Former Edgeworth resident

Ruth Nadler, 86, formerly of Edgeworth, died March 12, 2005, in the Charles Morris Nursing Center, Squirrel Hill.

Friends will be received today (Wednesday) from 10 to 11 a.m. in the Beth Samuel Jewish Center, 801 Kennedy Drive, Ambridge, at which time a funeral will be held with Rabbi Shoshana Kaminsky officiating.

Interment will follow in Mt. Lebanon Cemetery.

Born Sept. 16, 1918, in Pittsburgh, a daughter of the late Samuel and Mollie

Hilsenrath, she received her bachelor of arts degree from the University of Pittsburgh.

She was a member of the Beth Samuel Jewish Center, Ambridge, and the Beth Samuel Sisterhood, the Woman's Club of Sewickley Valley and the Edgeworth Garden Club.

In addition to her parents, she was preceded in death by her husband, Dr. M. Princeton Nadler, in 2000; a brother, Eugene Hilsenrath; and a sister, Louise Erenrich.

Surviving are her son, Dr. Daniel Nadler and wife Patricia of Sewickley; three daughters: Ronnie Waltzer of Brewster, N.Y., Carol Nadler of Butler, Bernice Nadler of Montville, Maine; seven grandchildren, Elizabeth Geesin, Pamela Fhug, Sara Anderson, Benjamin Nadler, Mollie Nadler, Zachary Nadler and David Nadler.

Also surviving are three great-grandchildren, Jacob and Samantha Geesin and Jeremy Fhug, and two sisters, Pearl Kentor and husband David of Austin, Texas, and Harriet Bertenthal of Mt. Lebanon.

Funeral arrangements were handled by the John Syka Funeral Home Inc.

Memorial contributions may be made to the Beth Samuel Jewish Center.

For more obituaries, turn to Page 30.

Episcopal



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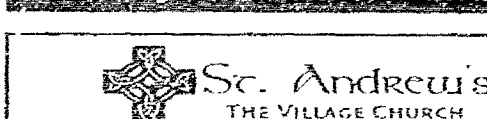
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Mildred Magura, worked with Dr. Jonas Salk at D.T. Watson

Mildred Magura, 94, a resident of Leetsdale for more than 70 years, died peacefully at the home of her daughter, Jean, in Bethel Park, on March 10, 2005.

Born March 12, 1910, in Rosslyn Farms, a daughter to the late Stefan and Theodosia Sklarsky, she was a member of S.S. Peter and Paul Ukrainian Church in Bethel Park and St. Ann Church in Waynesburg.

Mrs. Magura was a licensed practical nurse for many years at the D.T. Watson Home for Crippled Children, Leetsdale, a former branch of the University of Pittsburgh Medical Center, where she worked with Dr. Jonas Salk while he conducted his initial development of the polio vaccine.

Many of his patients were among her patients, and later the vaccine was administered to the elementary school students in Leetsdale, Fair Oaks and Osborne.

She enjoyed gardening and was featured in a half-page photo in the Pittsburgh Post-Gazette on July 5, 1996, waving from her porch festooned with

her beautiful flower boxes containing small American flags, to the passing firemen in the Leetsdale Fourth of July parade.

Preceding her in death, in addition to her parents, were her husband of 49 years, John Magura in 1980; a brother, Theodore Scott; and a sister, Anna May Scheppy.

Surviving are her three daughters: Jean Magura of Bethel Park, Dr. Mildred Maguire of Waynesburg and Joan Kunze of Pittsburgh.

Also surviving are her grandchildren: John Kunze and his wife, Sharon, of Springfield, Mo., and Laura Monroe of St. Petersburg, Fla.; two great grandchildren, Allison and Alex Kunze; and two sisters, Laura Pears and Dorothy Sklarsky, both of Pittsburgh.

Burial was in Queen of Heaven Cemetery in Peters Township.

Memorials be made to the Sewickley Valley Hospital, the Greene County Memorial Hospital, St. Thomas Moore Catholic Church in Bethel Park, St.

IN MEMORY

Ann Church in Waynesburg, S.S. Peter and Paul Catholic Church in Ambridge, or a charity of your choice.

Arrangements were handled by John Syka Funeral Home Inc.

Robert Toia

Sewickley native

Robert Francis Toia, 75, died Feb. 26, 2005, at his home in Sanford, N.C.

He was a native of Sewickley and was the son of the late Nicholas and Josephine Voshne Toia.

He was preceded in death by his wife of 46 years, Dolores (Dee) Toia.

He was a retired general manager of Traffic and Transportation for Lukens Steel Corp. and a U.S. Army Veteran of the Korean War.

He was a member of St. Luke's United Methodist Church.

He retired to Carolina Trace, N.C., in 1992 and was a volunteer fireman at Carolina Trace V.F.D.

He was an avid golfer and gardener.

Mr. Toia is survived by one son, Robert J. Toia of West Chester; two daughters, Debra K. Allshouse of Augusta, N.J., and Pamela J. Toia of West Chester; one brother, Richard Toia of Edina, Minn.; one sister, Beatrice Magill of Glenshaw; and two grandchildren, Ashley and Zachary Allshouse.

Burial was in Lee Memory Gardens in Sanford.

Memorials may be made to the American Diabetes Association.

Arrangements were made by Richard D. Cole Funeral Home Inc.

William Babik Jr.

Born in Sewickley

William "Bill" Babik Jr., 71, of Lake Worth, Fla., and Moon Township, died March 3, 2005, at JFK Medical Center, Atlantis, Fla.

He was born in Sewickley on Feb. 3, 1934, to the late Anna and William Babik Sr.

Mr. Babik was retired in 1989 as a manager from UPS in Pittsburgh.

He was a member of St. Margaret Mary Church.

He was a loving husband of 48 years to Marlene Babik; dearest father of Steven Babik and wife Darlene; and Lois Campbell of Lake Worth, Fla.; and Stan Babik of Coral Springs, Fla.

He was dearest "Pap Pap" of Hollie, Courtney, Robby, Stephanie, Christopher, Jason, Christie and Megan.

He also had two brothers and two sisters.

Burial was in Resurrection Cemetery.

Contributions may be made to St. Margaret Mary Religious Education Department, Moon Township, PA 15108.

For more obituaries, turn to Page 29.

Send church news on programs and services by fax to 412-388-0900 or e-mail to SewickleyHerald@gatewaynewspapers.com Church news can also be mailed to Sewickley Herald, 1964 Greentree Road, Pittsburgh, PA 15220.

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SPORTS

SPOTLIGHT

Academy twins to go separate ways in spring

By Jon Paul Creese

Sports editor

Two of the most explosive Lady Panther soccer players will soon go their separate ways in similar fashion ... on scholarships to two different Division One colleges in Florida and New Hampshire.

But the senior stars will continue to stay in close touch as they are twin sisters, Casey and Carly Dieter.

Carly, who signed with the University of Florida, said it is a dream of a lifetime.

"Since I was little I wanted to go to a big D One school," she said. "I never thought it would happen, but I worked really hard."

And she did more than just make it happen by earning a starting position as a freshman.

"It's going to be extremely difficult. I hope to make the team and the coach proud."

— Carly Dieter, Lady Panther

"It's going to be extremely challenging," she acknowledged. "They offered me a starting position, so everyone is going to be gunning for me."

"It's going to be extremely difficult," she said. "I hope to make the team and the coach proud."

The scrappy star defender is sure to do just that if she continues to focus on her game.

"It's a therapy for me," she said of her beloved sport. "No matter what is on my mind, everything escapes."

"I'm in the zone and that's all that matters."

Carly picked up her game two years ago during the Jefferson Cup playoffs and said the experience has helped her.

"Ever since I started playing D, it's opened up a lot of doors," she said, "I also developed my left foot."

Casey signed with the University of New Hampshire.

Both girls were heavily recruited by top division schools including

Continued on Page 33

PIAA PLAYOFFS

Quaker run ends abruptly

Quakers drop quarterfinals to Aliquippa, 72-70, in questionable final second

By Jon Paul Creese

Sports editor

The Quakers were distraught after Saturday's 72-70 loss to Aliquippa; but, it's hard to end a 27-3 season, especially on a questionable final play.

With 1.3 seconds left in the fourth period, the score tied at 70, QV let a man underneath. It happened fast, but it hardly seemed like a 1.3-second wink of an eye.

Aliquippa's Herb Pope retrieved a pass from the sideline and shot it to Mark Lay who went up for the lay up.

The buzzer sounded just as Lay's shot teetered on the rim and fell.

Quips 72, Quakers 70. A painful end of story for the Quakers.

The win advanced the Quips to the PIAA Class AA semifinals against Beaver Falls for a repeat of the WPIAL final earlier this year that went into triple overtime.

So how did QV allow the Quips to dismantle 31 minutes and 58.7 seconds of hard work in a flash?

"I don't know what happened," QV head coach Tom Demko said in hindsight. "We got mixed up, I'll have to see it again."

It was a close game throughout, with the Quakers leading by 35-33 at the half and 55-53 going into the final period.

The Quips put six points on the board quick and outscored QV 12-4 in the first few minutes to gain a comfortable lead.

Then Amir Johnson, junior, netted a three-point shot and followed up with a steal, breakaway and lay up for two of his game-high 24 points, bringing the Quakers within range to win.

"I'm happy we were here, but the loss was bad," Johnson said as he leaned solemnly against a wall outside the QV locker room. "I don't see how they could get the ball in [so quick]."

The final play had many Quaker fans wondering, but the books don't lie, even if the outcome is questionable.

Demko had no comment concerning the validity of the play.

Senior Rick Canter ended his high school basketball career on a high note,

RYAN COURNEEN (above), junior, falls to the A.J. Palumbo Center court after Aliquippa put the final two points on the board Saturday with no time left on the clock. The play earned Aliquippa a 72-70 quarterfinal victory. Ryann Bradford (right) goes up for two of his 11 points.

Photos by Tim Edmonson

scoring 11 points.

Also scoring for the Quakers were juniors Ryan Courneen with 12 points and Ryann Bradford with 11.

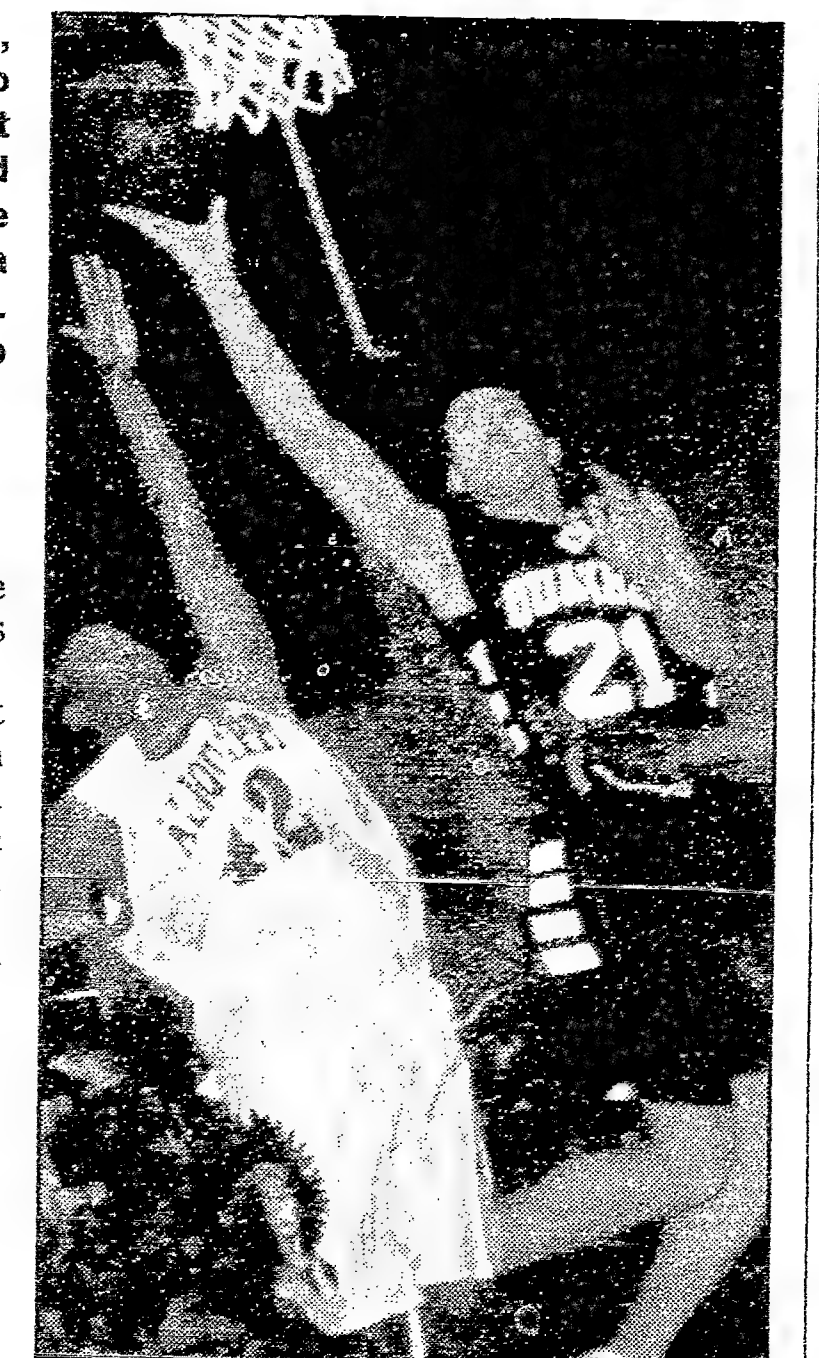
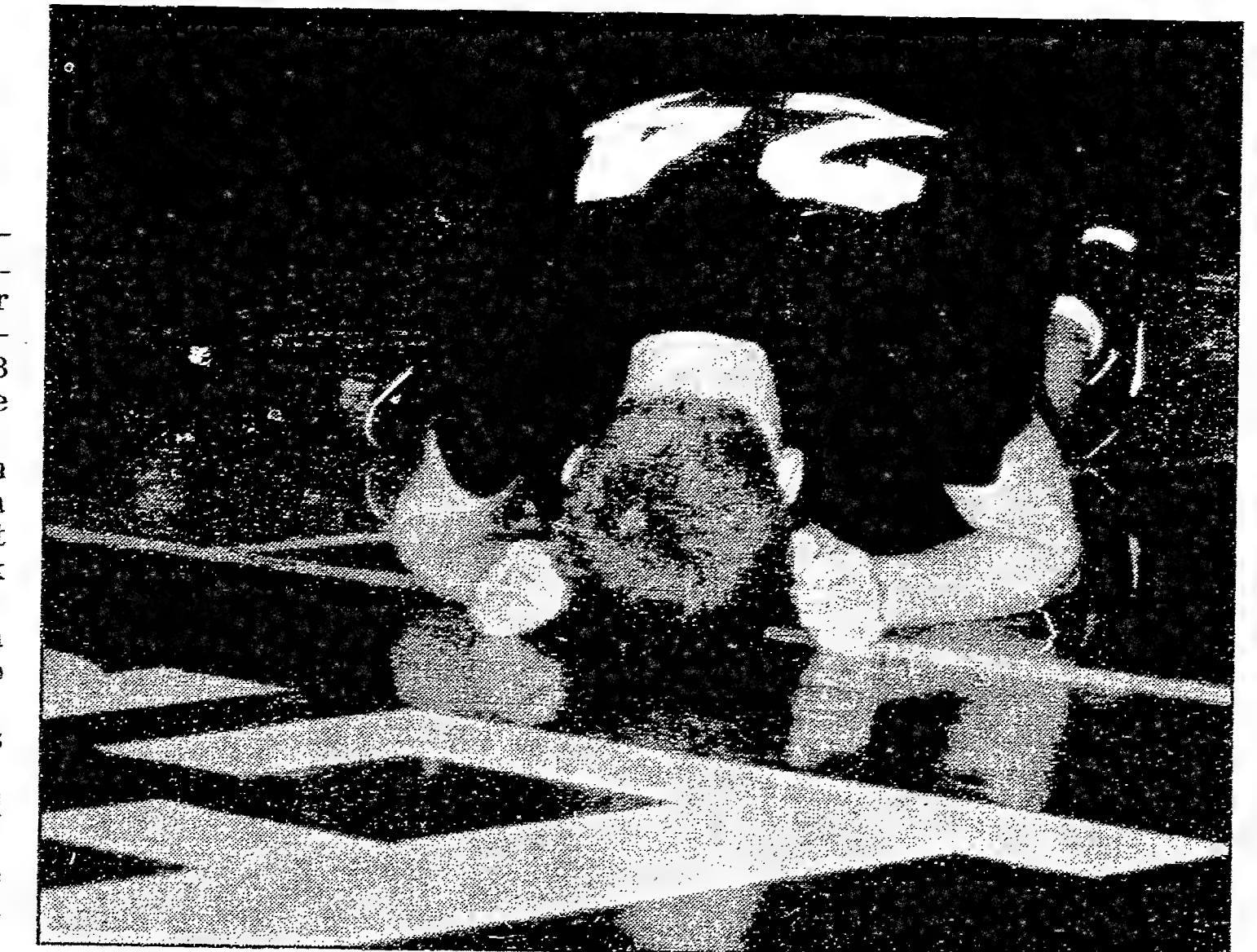
The Quakers finished the season at 27-3 for one of their best years on record and a big improvement from Demko's first season in 2003-04 when they went 5-17 without a prayer for a playoff berth.

"No one thought we were going to be here like this at 27-3," said Johnson, who transferred to QV this year.

And few probably thought it would end as it did.

"Our kids stepped up. I'm proud of them," Demko said. "I'm very proud of them."

"I'm happy that it was close."



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HOCKEY

QV claims quarterfinal victory against Freeport

By Jon Paul Creese

Sports editor

The Quakers got off to another great Penguin Cup playoff run, defeating Freeport 6-1 in the PIHL Class A quarterfinals.

"I feel very good about it," QV head coach Kevin Quinn said of the Quakers first playoff appearance.

"We played very well against a determined team."

Breton McNamara started the Quakers off with a 5:10 first period goal assisted by Mikael Lemieux and Will Forser.

In the second, QV's Tim Hall sealed the win with a goal assisted by Kelly Elson and Shawn Ritchey.

Grant Scott netted one off an assist by Forser, then it was Hall again, unassisted on a powerplay goal at 2:29.

Scoring for QV in the third were Elson, assisted by Ritchey and McNamara.

Greg Dyer on a powerplay assisted by Forser and Ritchey.

Zac Zinger, goalie, made 13 saves.

The Quakers scored on 6 of

40 attempts.

Quinn hoped they could keep the momentum going against Bishop McCort Monday night at Harmarville Bladerunners.

"I feel good about it. We played very well against a determined team."

— Kevin Quinn, head coach

"We beat them 2-1 and they beat us 2-1," Quinn said.

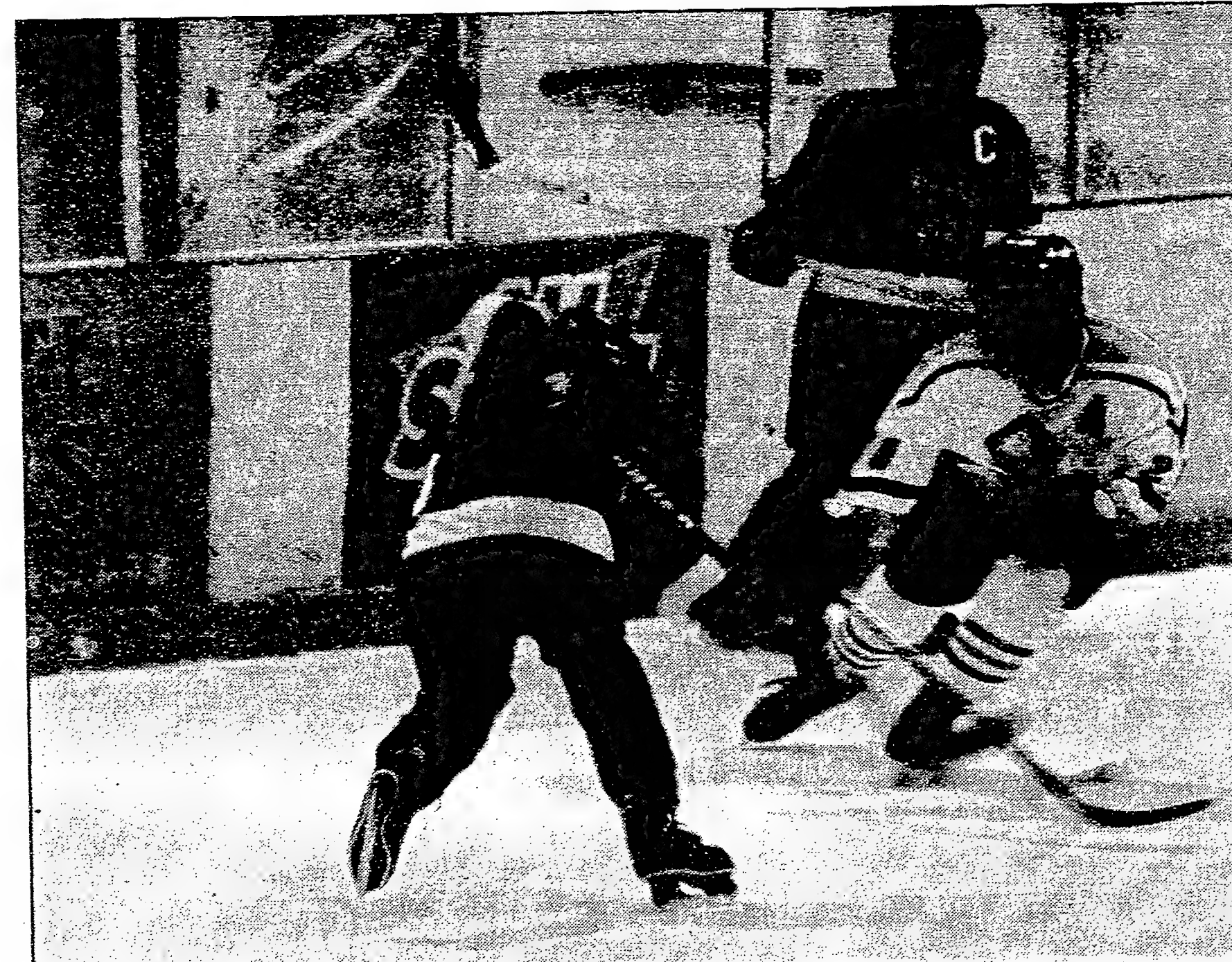
"Both games were played with us missing key players."

That was not to be the case going into Monday's game.

"We will have all our players for the Monday game versus Bishop," Quinn said.

"We feel very confident going in and are determined to take the opportunity to advance."

Depending on Monday's outcome, QV could face SA or Serra Catholic in the final.



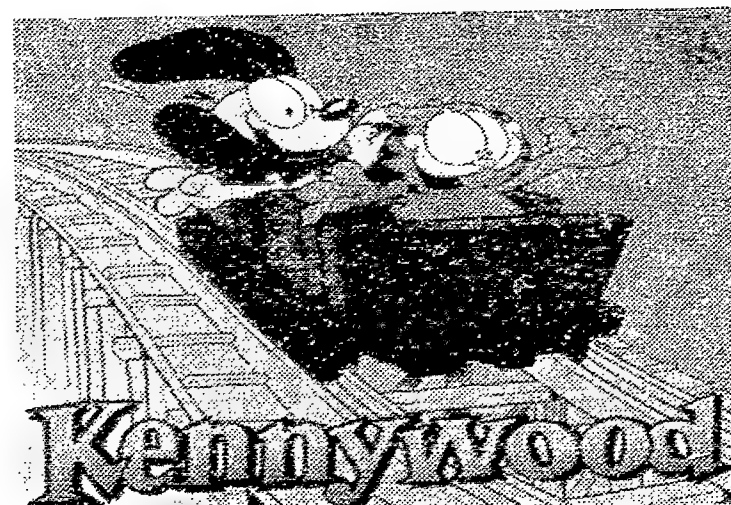
SHAWN RITCHEY, Quaker Valley defenseman, attempts to block a Sewickley Academy shot during the first QV/SA match this year. The Panthers lost twice to QV this year and may face the four-time division champs in the finals (depending on semifinal outcomes).

Photo by Jon Paul Creese

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SPOTLIGHT

Soccer sisters sign onto Division One scholarships

Continued from page 31

Santa Clara University of California and the University of North Carolina. "It just wasn't the best fit," said Casey of her decision not to go with California.

"It just wasn't the best fit ... it's not where my heart is."

— Casey Dieter, Lady Panther

"It's not where my heart is."

Her heart, apparently, is already in New Hampshire as she is anxious to make the transition from small-town USA to big D One.

"U of NH is the best kept secret," she said. "I fell in love with every aspect."

Casey, whose ambitions are similar to her sister's in that she hopes to become an entrepreneur and go All-Conference and All-American in col-

lege soccer, plans to major in business.

"It's a big challenge," she said.

"I plan to keep challenging myself. I will be expected to be a difference-maker," she added.

"My commitment level is very intense. I'm going to go up there and prove I belong."

Neither of the two young athletes had any difficulty proving they belong

Casey (left) and Carly Dieter



- School: Sewickley Academy
- Class: Seniors
- Sport: Soccer

■ Accomplishment: Casey Dieter earned a soccer scholarship to the University of New Hampshire. Carly Dieter earned a scholarship to the University of Florida. Both helped the Lady Panthers claim three consecutive WPIAL titles and one state title.



"Carly is a highly-skilled player with great speed and agility," she added.

"Casey is extremely versatile and stands out as a top defender as well as a threatening midfielder."

With the help of the twins, Sewickley Academy went 18-1-2 in playoff games in a three-year period, during which the Lady Panthers achieved a 67-5-7 regular season record.

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Panthers head for new PIHL heights

By Jon Paul Creese
Sports editor

The Sewickley Academy Panthers seem intent on trying new things this year.

The latest in a string of firsts for the team was to capture a spot in the Penguin Cup semifinals, which they did by a 9-0 margin in the quarterfinals.

Which brings to mind another first.

The Panthers beat Westmont Hilltop for the first time in the team's history 6-3 this year before delivering the crushing 9-0 blow in the quarterfinals.

"It just all came together," said SA head coach Erik Hoolahan. "That would be a perfect description of the Panther's 9-0 victory over Westmont Hilltop last night."

All-Star senior Trevor Heck scored at :35 into the first period.

That was all they needed.

"SA never looked back as they beat Westmont Hilltop in every facet of the game,"

HOCKEY

Hoolahan said. "The Panthers' ability to backcheck effectively limited the Hilltoppers to only 15 shots on goal, while the offense controlled the game posting 44 shots on Westmont's goalie ... most of which were great scoring opportunities."

Another first: Panther goalie Matt Solter registered the only Penguin Cup quarter-final shutout, stopping all 15 shots on goal.

"SA's balance of offensive speed, puck movement, team defense, and system play finally showed up for all three periods of a game," Hoolahan said. "Although the majority of the goals came from a few players, assists were distributed throughout the Panther line-up."

"Proof that SA went out and played a team-oriented style of game."

Scoring for the Panthers were: All-Star Alec Shannon with three goals and one assist,

"It just all came together. That would be a perfect description ..."

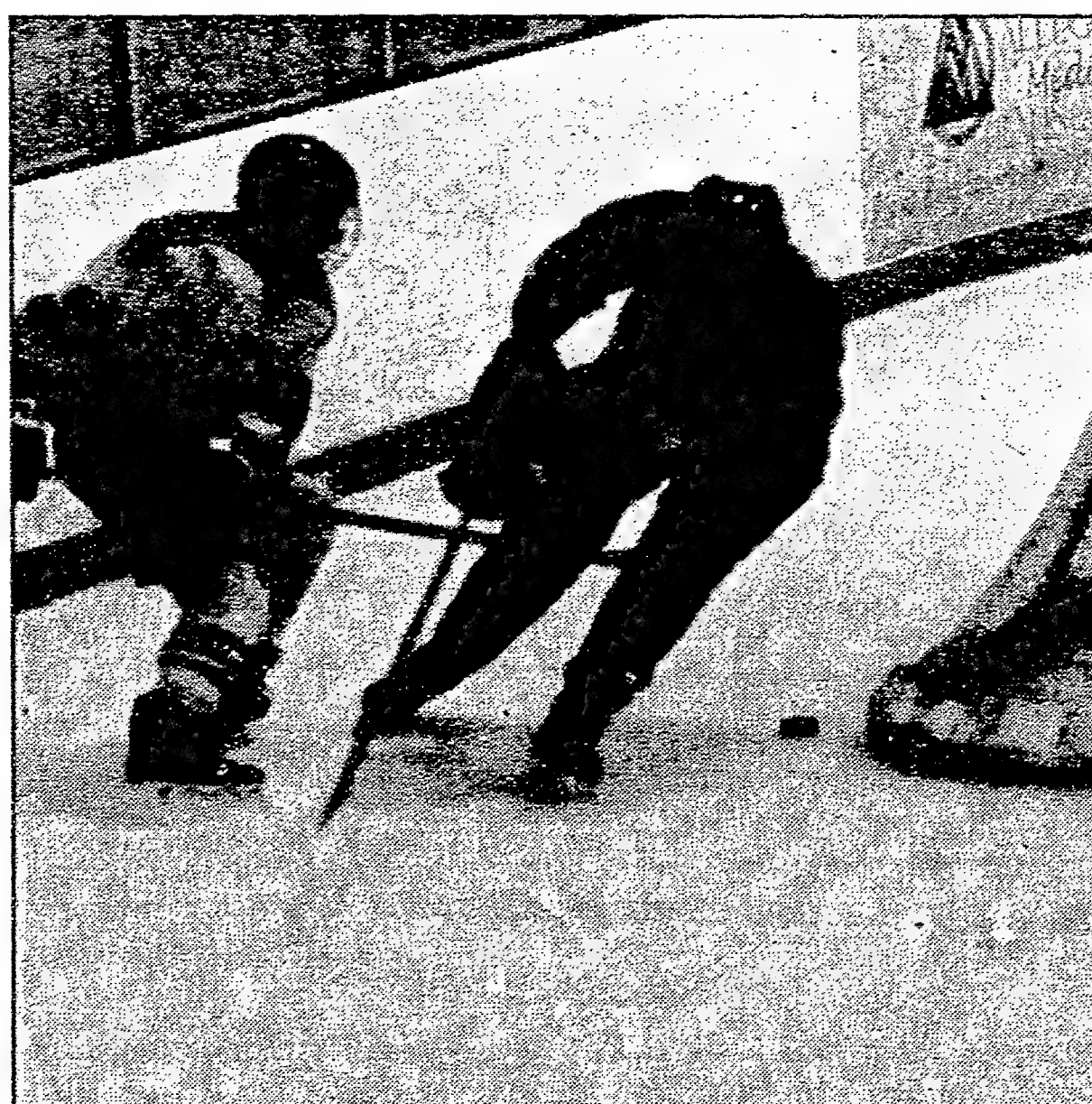
- Erik Hoolahan, head coach

All-Star Scott Limbach with three goals, Heck with two goals and one assist, All-Star Connor Blood with one goal and one assist, Brad Watts with three assists, Benjie Brozanski with three assists, Artie Woods with one assist and All-Star Richard Thornburgh with one assist.

The hungry Panthers have two more firsts to go - providing they won Monday's match against top-seeded Serra Catholic - a Penguin Cup final match with a title win.

They could face Quaker Valley or Bishop McCort in the finals.

Though the Panthers did not win a game against either team this season, it's a year of firsts where nothing seems unattainable.



BRAD WATTS, Sewickley Academy junior forward, takes it off the boards as Quaker Valley's sophomore defender, Jason Moisey, moves in during a rivalry match this year.

Photo by Jon Paul Creese



Sewickley Real Estate



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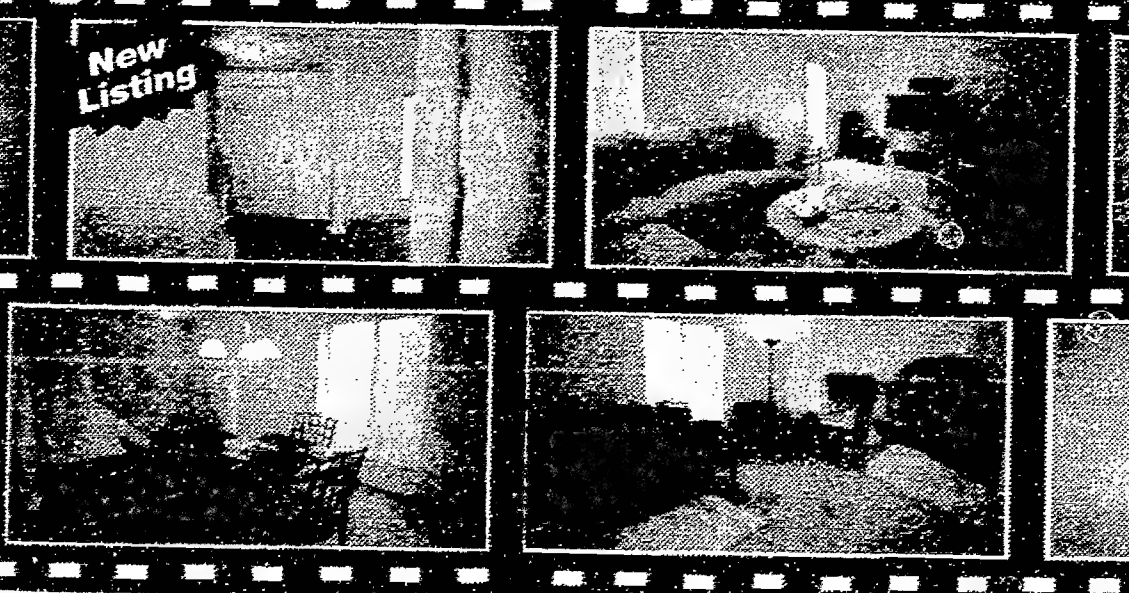
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History shows that buyers offer \$2 less for everything \$1 needed in repairs, so simply lowering the price yourself instead of making improvements will ultimately result in disaster - either no offers or offers so low you can't accept them. Take a professional's advice - fix it now or pay big later.

Betty Moraca is a sales associate for Howard Hanna Real Estate Services, 401 Broad Street, Sewickley. For answers to your questions about real estate, call Betty at 741-2200 Ext. 222. The Duane's National Sales Award, Relocation Specialist, Member Pennsylvania Association of Realtors, Realtors Association of Pittsburgh, West Penn Multi-List.

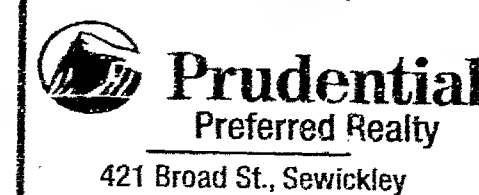
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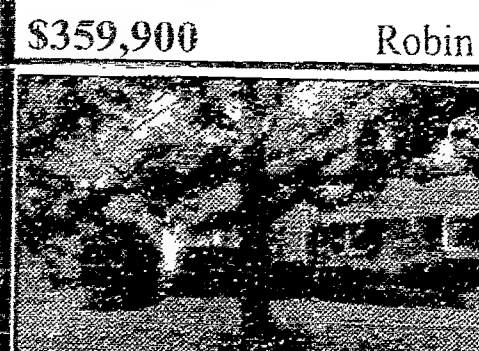
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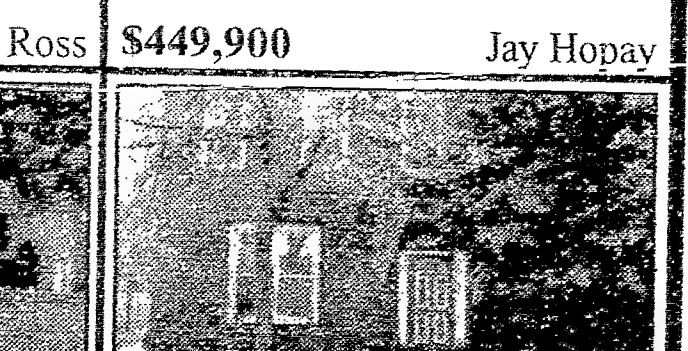


Beautiful 2 year old home on a non-through street. Soaring entry, 1st floor office & laundry, tray ceiling & bay window in dining room, hickory kitchen, huge family room and fenced yard.
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Lovely home on a non-through street with lots of seclusion. Beautifully maintained 4 bedroom Colonial with 3 full and 2 partial baths, pool, cabana, tennis courts. Call for a personal tour.
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\$374,900 John and Gail Urban



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\$159,900 Winnie Powers

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Sewickley Real Estate

DESIGN OF THE WEEK

Suncrest harbors spacious living

Like its name, the Suncrest is redolent of sunny climes.

Think Mediterranean, Florida or the Southwest. You see it in the bold stucco columns supporting arched openings that frame the front door and two front-facing windows. And you feel it in the spacious, free-flowing family living areas, inside and out.

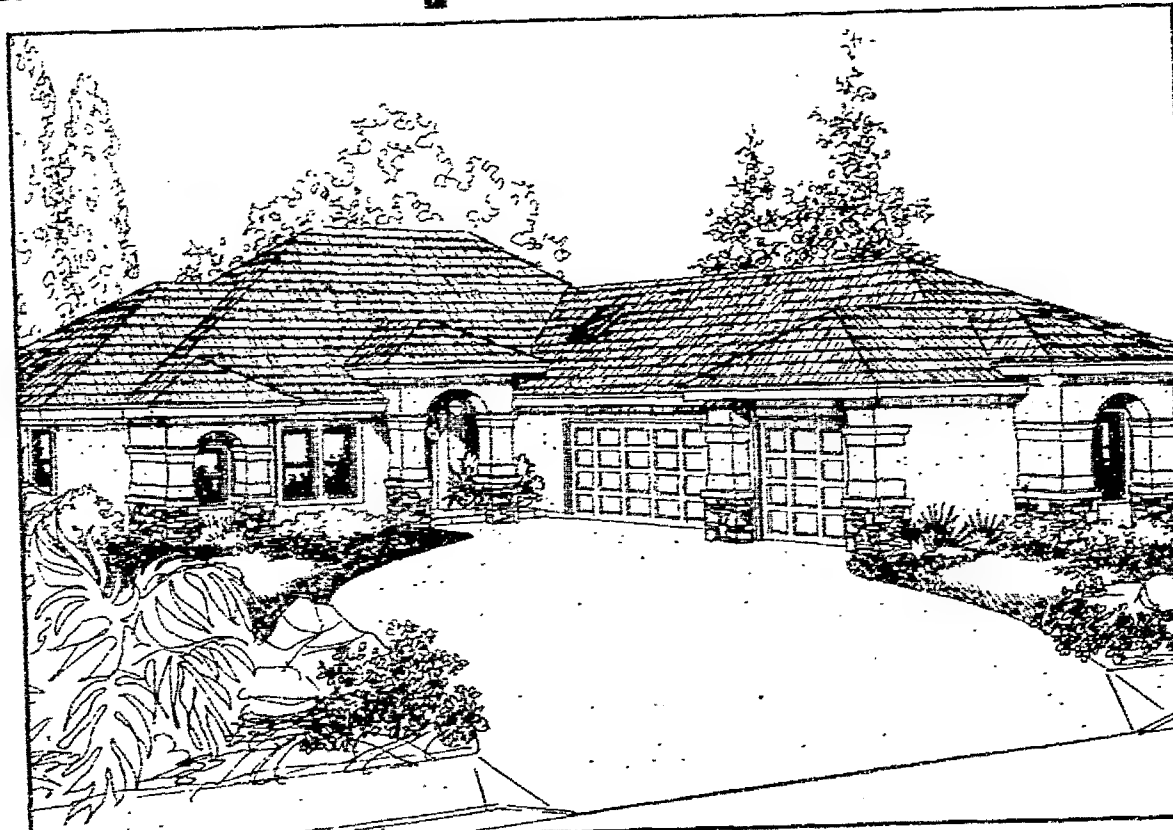
Twelve-foot ceilings amplify the sense of expansiveness in the entry porch, foyer and living room.

Echoing the exterior arch, a lofty arched opening links the foyer to the living room. Similar arched openings connect this large gathering space to two other hallways.

A gas fireplace nestles into the far corner, between the entertainment center and wide sliding glass doors that access a partially covered patio.

Families that enjoy swimming and soaking could add sparkle to their view by building a pool and spa here.

A raised conversation bar wraps around a handy wine and wet bar, which boasts its



own sink and refrigerator.

Kitchen and dining room are to the right. A raised eating bar, shaped in a long, easy curve, is all that separates the kitchen from the dining area.

Additional light filters into the kitchen through glass blocks on both sides of the custom cook top.

Utilities, a den and a powder room are close by. The den could be a home office.

Two bedroom suites fill the bedroom wing. The Suncrest's master suite has a large his'n'ers walk-in closet. One section is noticeably larger.

Amenities in the plush master bathroom include a spa tub, oversized shower, two vanities, and a private toilet. Suite two has its own bathroom, plus an exterior door. Sky-lights brighten both bathrooms.

For a review plan, including scaled floor plans, elevations, section and artist's conception, send \$25 to Associated Designs, 1100 Jacobs Dr., Dept. W, Eugene, OR 97402. Specify the Suncrest 30-499 and include a return address when ordering.

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Call Liz Fitzgerald, Herald ad rep, at 412-383-5823 for information about advertising in the Sewickley Herald Real Estate Section.

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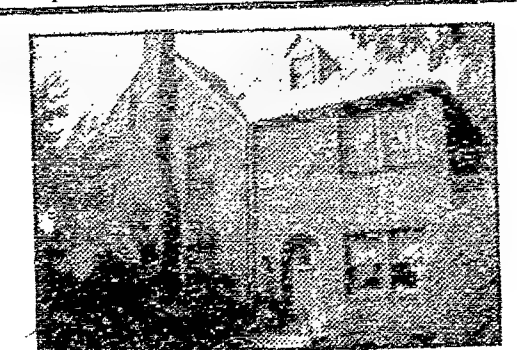
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<p>BEN AVON HEIGHTS 16 Banbury Lane - This gorgeous turn-of-the-century home is loaded with beautiful details and features a large living room, formal dining room, well-equipped eat-in kitchen and a large family room. There is also a lower level game room. The upstairs includes 4 spacious bedrooms. There are 3 full baths. The full length covered porch and tile roof adds to the charm of this fine home. Oversized garage with a finished second floor. Dir: Rt. 65 to Dickson Ave., R. on Perryville Ave. to R. on Banbury Lane \$398,900</p>	<p>EDGEWORTH 609 - Maple Lane - This handsome three story brick home is situated on a beautiful, level lot along a pretty tree-lined street. This fine home features a large living room, formal dining room, updated kitchen and den. There are 5 spacious bedrooms and 3.5 baths. The rooms are large and formal and provide wonderful living space. There is a newer furnace and central air conditioning. The inviting full length porch accents the home. 2 car garage and more. Dir: N. on Beaver, R. Edgeworth Lane, L. on Maple Lane... \$785,000</p>	<p>ALEPPO TOWNSHIP This lovely townhome is located in a peaceful location with a wooded view in "Sewickley Heights Manor". Features of this spacious unit include a well-equipped kitchen, a family room with a fireplace, 2 large bedrooms and 1.5 baths. Lots of natural light makes this unit very inviting. Integral garage and oversized deck. \$138,500</p>
<p>ALEPPO TOWNSHIP This spacious townhome is located in "Sewickley Heights Manor" in a nice location with a wooded view. Features of this unit include 3 large bedrooms, 3 full and 2 half baths. There is a large living room, dining room, equipped eat-in kitchen and family room with a fireplace. In addition, there is a lower level game room area and 2 car integral garage. Expanded patio for outdoor enjoyment. \$325,000</p>	<p>EDGEWORTH 417 Woodland Rd. - This spectacular home has been totally renovated with the finest quality materials available and is located along a pretty tree-lined street. Features of this fine home include a spacious living room, handsome formal dining room and a fully equipped eat-in kitchen with top-of-the-line fixtures. There are 4 gas log fireplaces. The upper levels offer a total of 8 bedrooms and there are 4.5 baths. The large, level lot is well landscaped. 3 car garage and much more. Dir: N. on Beaver, R. Academy Ave., L. Woodland Rd. to home on L. \$1,750,000</p>	<p>EDGEWORTH 535 Beaver Rd. - Intriguing contemporary home situated on an expansive lot with sweeping lawns. The bright interior has been carefully designed for comfortable living. Features of this fine home include 5 bedrooms and 4.5 baths. There is also a large living room with a fireplace, a well-equipped eat-in kitchen, family room and den. The wonderful deck system allows for views of the lovely yard. Integral garage. Great location. Dir: N. on Beaver to home on L. Past Shields Ln. \$625,000</p>
<p>BELL ACRES "Charleston Square" - Come out to see our model home. Stunning "French Country" design offers wonderful space and light. The main level features a fabulous eat-in kitchen, with top-of-the-line fixtures, a formal dining room, family room with fireplace and a den. There are 4 bedrooms and 3.5 baths. Exciting design with beautiful detailed moldings. Custom builders include Bachman Builders, William Minton and Sons and Hendorphurst, Inc. Dir: N. on Beaver, R. Campmeeting to L. into Charleston Square</p>	<p>SEWICKLEY Commercial investment opportunity! Located in the heart of the Village, this building has been recently renovated with a new roof, electric service, central air and updated plumbing. 100% occupancy with 3 tenants. Call for detailed information or to make an appointment. \$850,000</p>	<p>SEWICKLEY This beautifully remodeled brick and frame Victorian is located in the Central Village and offers a fully equipped new kitchen, bath and electric as well as a finished third floor area. There are also 4 bedrooms, a large living room and a formal dining room. This home is loaded with charm and character. \$215,000</p>
<p>LEET TOWNSHIP Spacious brick Cape Cod situated on a large lot with woods is located minutes from the village. This home offers a comfortable living room with a fireplace, 2 bedrooms on the main level and 2 additional bedrooms on the second level. There are 1.5 baths. Integral garage. Beautiful, setting with lots of room to expand. \$150,000</p>	<p>SEWICKLEY This grand home is centrally located in the Village and features 4 spacious bedrooms and 2.5 baths. The main level offers a large living room with a fireplace, a formal dining room, a well-equipped kitchen and a family room. There is a newer roof and an inviting covered front porch. This home is sited on a large, level lot and offers easy access to Village shops and transportation. \$425,000</p>	<p>EDGEWORTH 296 Orchard Lane - This handsome three story home is situated on a level lot and features 5 bedrooms including a wonderful master bedroom suite. There is also a new kitchen, spacious living room, formal dining room and first floor laundry. Fabulous full length front porch and detached garage. Dir: N. on Beaver, bear L. onto Meadow Ln. at split to L. on Orchard Ln. \$645,000</p>



Sewickley Real Estate

Who's buying, who's selling

Bell Acres

Shirley Willison sold property at 120 Willow Ridge Road to J Eric and Janet Renner for \$3,000.

Edgeworth

Darla Shertzer sold property at 304 Challis Lane to Toni Lekanidis for \$162,800.

Pittsburgh Lubes Inc. sold property at 221 Ohio River Blvd. to YNY

MARKET WATCH

Investments LLC for \$875,000.

Leet

David Powers sold property at 8 Ambridge Ave. to Federal Home Mortgage Corp. for \$5,195.

Federal Home Loan Mortgage Corp.

sold property at 8 Ambridge Ave. to Kenneth Bollman for \$19,000.

Wells Fargo Bank Minnesota NA trustee sold property at 121 Eckert St. to Douglas Battorff for \$23,000.

Leetsdale

Travis Scarborough sold property at 44 Victory Lane to Stunda Properties Inc. for \$57,000.

Osborne

Keith McGrath sold property at Sycamore Road to First Commonwealth

Bank for \$2,000.

Sewickley

Waltraud Perczel sold property at 523 Grimes St. to Lin Chris Assoc. L.P. for \$229,000.

Gregory Lane sold property at 832 Thorn St. 13 to Richard and Ella Mae Hare for \$43,900.

Real Estate Transactions are provided each week by Real-STATs.

For more information, call 412-381-3880.



"Sewickley's Only Full Service Realtor"

Patrick A. Gray, Manager

401 Broad Street • 412/741-2200

Internet Access: Homes open 24 hours @ www.howardhanna.com

807 HOPKINS STREET

 Spacious two-story Colonial in the Village. Formal dining room with fireplace, central air conditioning add to the comfort. Large front porch and secluded back yard for relaxation. Call the listing agent for all the details.

Mary O'Neil 412-741-2200 \$159,500

872 RIDGE ROAD

 Incredible renovation of a solid Colonial. Foyer to luxurious living room with new oak built-in fireplace wall with bookshelves, French doors to the covered porch and to the family room. Formal dining room and new, fully equipped kitchen. Two bedrooms on the main level. Fully new second floor added to the structure with two additional bedrooms and a large bathroom. Master bedroom with dressing room and spacious closet. Lower level completely renovated encompassing a family room with built-in oak entertainment unit, spacious game room and office. New porch, complete drive, terraces and patio. Spectacular views. A tremendous value!

Sue Palombo 412-741-2200 \$229,000

THE WOODS AT QUAKER HEIGHTS

 Great new construction in Sewickley. Wonderful floor plan with large rooms. Welcoming front porch to center hall foyer, living room and formal dining room, equipped center island, gathering kitchen adjacent to the family room with a fireplace. Four bedrooms and 2.5 bathrooms. Tons of storage and a two-car garage. Nice yard and great views. Just built, this home is loaded with all of today's amenities and quick access to the Village. Call today.

Kathe Barge 412-741-2200 \$310,000

16 WINDING ROAD

 Architecturally grand four bedroom, 2.5 bathroom brick Colonial in Lake Erie Fields. Gracious foyer. Period living room with hardwood floors, carved mantel flanked by French doors leading to a covered porch. Formal dining room with bright windows. Eat-in kitchen with new stainless steel appliances, adjacent to the family room. Gracious proportioned bedrooms and bathrooms on the second level. Two-car garage and beautifully landscaped, fenced yard. Large basement and central air conditioning. A wonderful home close to schools and all the Village amenities.

Carroll Ferguson 412-741-2200 \$449,000

SEWICKLEY HEIGHTS LOT

 Don't miss this unique opportunity to build your dream home on this 10+ acre lot, close to the Village, while enjoying the seclusion of Sewickley Heights. Spectacular views of the Ohio River and Valley. Septic system has been designed and approved and easements are in place. The Historic Architectural Review Board approved plans for the home as shown in this rendering, are separately available. Please call for additional details.

Kathe Barge 412-741-2200 \$449,000

313 SEWICKLEY RIDGE DRIVE

 Immaculate, bright, neutral and spacious three-year old brick Colonial with entry and powder room, cathedral ceiling great room with beautiful fireplace and French doors to the deck. Formal dining room with crown molding and chair rail. Fully equipped white, center island gourmet kitchen. Master bedroom on this main level with large bathroom and walk-in closets. Hardwood, tile and wall-to-wall carpet floors. Lower level family room with fireplace, three bright, airy bedrooms, two bathrooms and an office. Patio. Two-car attached garage. Amenities abound for the best in today's lifestyles. Tennis courts, pool and ground maintenance.

Linda Taylor 412-741-2200 \$475,000

EDGEWORTH DUTCH COLONIAL

 Exquisite detail in this beautifully restored Dutch Colonial. Formal entry with open stairway. Great living room with fireplace and beautifully windowed bay, huge dining room with side porch, new kitchen with stainless steel appliances and adjacent den with full bath. Three bedrooms and new bathroom on the second level including the master bedroom with fireplace and secreted balcony. New lower level bathroom, den, computer room and game room. Gleaming refinished hardwood floors and finely decorated interior. Newer roof, great isolated garden and two-car garage.

Kay Caravaggio 412-741-2200 \$484,900

RENOVATED VILLAGE COLONIAL

 Beautifully renovated three story brick Colonial in the heart of Edgeworth, close to all the Village amenities. Formal living room and dining room. Completely new gourmet kitchen. Main level den / TV room. Four bedrooms and 2.5 bathrooms including the master suite with sitting room and bathroom with whirlpool tub. Bonus room and garage on the third level. Two car detached garage. Call today for all the details.

Betty Morara 412-741-2200 \$565,500

303 SEWICKLEY RIDGE DRIVE

 Experience the best in maintenance free living. Main level includes a vaulted entry, elegant dining room with a window seat, gourmet white and granite top center island kitchen with stainless appliances, family room with breakfast area adjacent to the deck, vaulted living room with wall of windows, fireplace, built-in wet bar, and a grand master suite with double walk-in closets, whirlpool, two sinks, large shower and skylight. Three additional bedrooms, finished game room with fireplace, light and bright rooms and decor, a two-car garage and convenience are just a few of the endless amenities. Call today for all the additional details.

Betty Morara 412-741-2200 \$587,500

GRAND VILLAGE COLONIAL

 Magnificent three story brick Colonial in the heart of Sewickley with welcoming front porch and grand entry hall with an open stairway and leaded glass palladium window, loaded with architectural detail. Formal dining room and spacious family kitchen with every amenity. Up to seven wonderful bedroom spaces and 3+2 newer bathrooms. Beautiful mantles, hardwood floors and wood molding detail. Enjoy the grandeur of this well maintained home, central to all that defines great Village living.

Angie Haskell 412-741-2200 \$625,000

522 WOODLAND ROAD

 Brilliantly converted original coach house nestled in the serene acres of Edgeworth. Enter through the original stable door to a dramatic, soaring, beamed ceiling great room with a centrally featured fireplace adapting this space for formal and casual living areas. Converted original French doors flood light from the covered porch. Professional gathering kitchen serves as the hub for cooking, dining, office space and relaxing. Main level master suite with hardwood floors, custom private dressing room, modern bathroom and access to a porch and the lawn. Three additional bedrooms and bathroom on the second level. Two car attached garage, patios, porches, terraces and gardens complete the jewel-like oasis. A wonderful home with every amenity.

Carroll Ferguson 412-741-2200 \$872,000

SEWICKLEY HEIGHTS TRANQUILITY

 Custom brick and cedar masterpiece cleverly sited on over 7 acres incorporating the natural beauty of the setting into every living space. Four generous bedrooms, each with its own bath, including the master suite with the adjacent library/den with black walnut built-ins, a glass walled great room with its soaring ceiling and fireplace, professional, open, eat-in kitchen, lower level family room with fireplace and game area, and second level office/studio. Limitless vistas from the patios, porches and decks. A treasure loaded with amenities, unique quality and exquisite detail.

Betty Morara 412-741-2200 \$949,500



Sewickley Real Estate

HOME OF THE WEEK

Great family living ready in Pink House Lane home

Situated on a level to gently rolling 5+ acre lot in Sewickley Heights, this beautifully maintained two-story colonial has terrific space for informal and formal living.

The first-level features dining room with doors to the patio and sprawling lawn, living room with fireplace and built-ins, den with fireplace and built-ins, powder room and kitchen with white cabinetry, newer counter tops and flooring.

The second level includes four spacious bedrooms and three full baths.

Located on Pink House Lane in a great neighborhood, this home is just minutes to the village.

It is being offered at \$769,000.

Call Betty Morara at 412-741-9202 or Howard Hanna Real Estate at 412-741-2200.



OPEN HOUSE

Masonic Village tour

The Masonic Village at Sewickley marketing staff invites anyone interested in learning more about the retirement living accommodations now available to attend

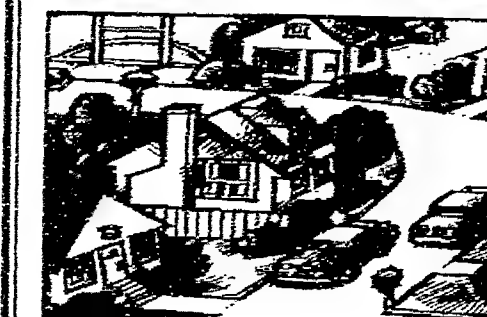
an open house tour on Tuesday, March 29, beginning at 10 a.m.

Attendees will have the opportunity to tour the clubhouse and various accommodations, ask questions of the marketing staff and enjoy refreshments.

For directions to the Masonic Village, 1000 Masonic Drive, or to schedule a personal appointment, call 412-741-1400, Ext. 3530.

Reservations should be made by March 25.

CONTACTS



For all your real estate needs, Sewickley's realtors can be reached at the following numbers:

Coldwell Banker
 412-741-2550;
 Corporate office,
 412-366-1600.
 Howard Hanna
 412-741-2200;
 Keller-Williams Realty
 412-741-7464;
 Northwood
 412-741-0111;
 Prudential
 412-741-6312.

KELLER WILLIAMS
 Mary Smith
 412-741-7464
 EXT 187
 mssmith@kw.com

Farm Hill Road, Sewickley Heights
 Open Sunday 1-4



5 Bedroom, 3 Bath home on 7.5 secluded acres.
 4 Stall barn. Walk to the Village on historic woodland paths. Magnificent Property!
 Join us Sunday for our "Open House".

Offered at \$498,000

Directions: From Sewickley Village: Take Blackburn Road to Left on to Country Club to Left on to Farm Hill. House on Right. From 179 take Mt. Nebo exit. Right off ramp onto Blackburn Rd. to Right on to Country Club to Left on Farm Hill

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CountyTaxAppeals.com

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 No advanced costs. Our fee is a 50% contingency of the first year tax savings ONLY.
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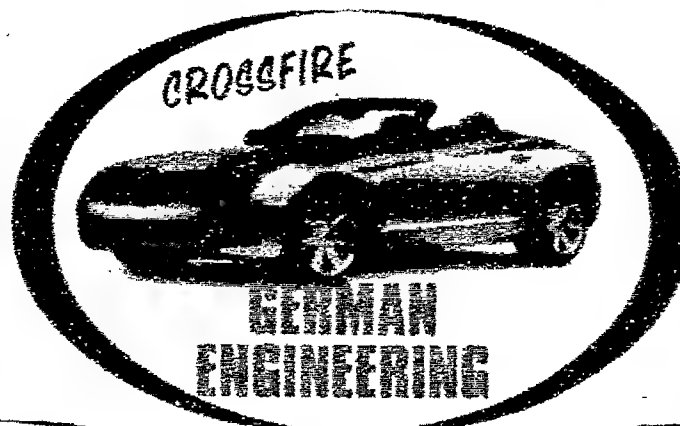
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WHY DO PEOPLE BUY A CERTAIN VEHICLE?

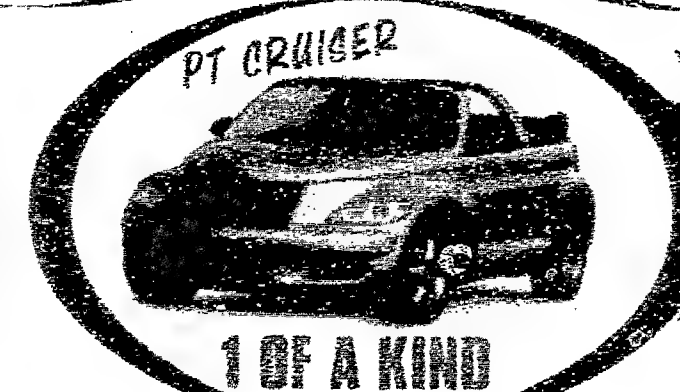
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- FRIENDLY & PROFESSIONAL SALES STAFF

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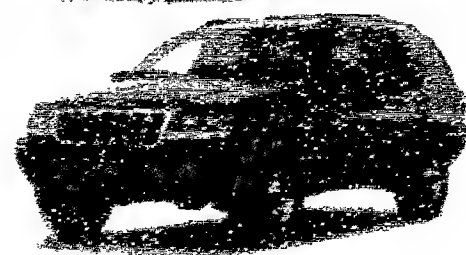
MAKE US AN OFFER



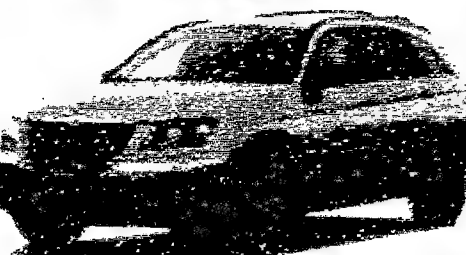
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OR **\$3,500**
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UP TO \$4,000
IN REBATES



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CLASSIFIED MARKETPLACE

March 16, 2005 • Your Classified Resource • West Edition

200 Jobs Listed

TODAY'S SPECIAL SECTION...

► Online Meetings Are Now Everyday Simple

HOW TO MANAGE YOUR JOB

(MS) — your alarm goes off on a Monday morning, but you crawl back under the covers. It's hard to get excited about work when your calendar is filled with meetings. First you have the requisite 9 a.m. Monday meeting. And then you have to meet with a client downtown on Tuesday. Next, there's the red eye Thursday to meet with the L.A. office on Friday. You feel that you spend more time at meetings than actually doing work. Indeed, work often suffers when you have to dart in and out of the office to meet with clients or coworkers.

But, what if you could take advantage of technology to ramp up the way you conduct meetings? Now there's an easy way to do just that.

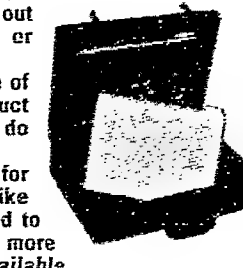
Online meetings have been around for some time, though traditional services like WebEx, PlaceWare and others are geared to larger businesses. Recently, simpler and more streamlined services have become available. Thanks to innovative features and more affordable pricing that make online meetings practical for everyday use, this technology is now within easy reach of individuals, home office workers and small businesses.

Online meetings have opened the door to new options for getting more done while saving time, money and cutting back on travel hassles.

Experts recommend looking for these important features when you're shopping an online meeting service:

- End-to-end 128-bit AES encryption to protect the privacy and security of your online meetings
- Flat-fee pricing, with no limit on the length or number of meetings
- No per-person or per-minute charges that drive up costs

To see how easy it is to hold online meetings, visit www.gotomeeting.com for a free, 15-day trial.



400 Garage Sales

TODAY'S SPECIAL SECTION...

► 4 Tax Traps to Avoid

HOW TO MANAGE YOUR TIME

Tax filing is like going to the dentist — no one really looks forward to either event. You have to collect the forms. Then you have to fill them out. And then you have to hope you filled them out correctly!

Many people make the same mistakes, guaranteeing the process will be even more painful. Such mistakes can be costly. You might have to pay more taxes or you might not get your returns in a timely fashion. Are you guilty of any of these common mishaps?

1. You don't... sign and date the return. The IRS won't process your forms if they don't have your signature. If you are filing a joint return, you both need to sign and date it (Be sure to spell all names correctly and write them legibly). Note: When filing online, you use a pin number so you don't have to worry about signing something at all.
2. You don't... include your Social Security number. It's important to write your Social Security number accurately and legibly because all your transactions (income statements, savings account interest, etc.) are connected to this number. Plus, it helps you claim tax credits for the Child Tax and other costs.
3. You don't... do the math right. Yes, something as simple as adding and subtracting is a common mistake. Such errors can reduce your tax refund, or make you think you owe more than you thought. You'll get a correction notice that will only delay your return.
4. You don't... use the label provided to you. The label helps the IRS to easily read your personal information. Make any corrections right on the label, and be sure to enter your Social Security number in the space.



500 Real Estate

TODAY'S SPECIAL SECTION...

► Pros and Cons of Renting Versus Buying

HOW TO MANAGE YOUR HOME

Buying a home is perhaps the single largest financial investment a person will make in his or her lifetime. That's why if you are even thinking about buying a house, you need to do some research before plunging ahead. It's a commitment that you need to be willing to make both financially and emotionally.

More often than not, buying makes more sense than renting for many reasons. Paying rent means giving money to someone else. Paying a mortgage means putting money into your own house. Rent traditionally increases each year, whereas a mortgage is a fixed or variable rate (unless you refinance). After considering the tax benefits available to homeowners, they generally come out ahead of renters in savings. In essence, the longer you rent without buying, the more money you lose.

Seems like a no-brainer in favor of buying, right? Not necessarily. Buying isn't for everyone. If you can't afford to finance the entire process, then it's just not feasible.

That you will need a good amount of cash upfront to cover a number of expenses: the down payment, closing costs (which can start at \$2,000 or more), taxes, insurance and inspection fees (points (a percentage of the mortgage) and other fees).

Of course, owning a home also means that you are in charge of that leaking roof, the lawn that needs mowing and a host of routine weekend jobs, especially if you own a single-family property. Some townhome communities cover external maintenance costs through association fees. Owning may also mean staying put for a while. If you move often or travel frequently, renting may be better (consider getting a roommate to split the rent and utility bills).



800 Automotive

TODAY'S SPECIAL SECTION...

► Safe Winter-Driving Tips

HOW TO MANAGE YOUR CAR

It's the one thing most automobile owners dread about winter — driving. According to Federal Emergency Management Association (FEMA), transportation accidents are the leading cause of death during winter storms. Play it safe when traveling this winter. Prevent accidents by knowing how to drive safely. These tips will help.

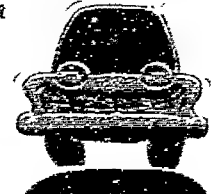
- DRIVING TIPS**
- Clear snow and ice from windows, lights, windshield wipers, the hood, and the roof of your vehicle, before driving. The windshield-washer reservoir should be filled with a freeze-resistant cleaning solution.
 - When you see plows, stay at least 200 feet behind them.
 - Stay abreast of road conditions by listening to the radio.
 - Leave room for stopping. Brake early and carefully.
 - Don't use cruise control. The short touch of your brakes to deactivate the cruise control can cause you to lose control of your vehicle.
 - Pay attention. Look ahead to see what other vehicles are doing. That way you will know about any impending road or weather conditions.
 - Watch your speed. Even if your car handles well in snow and ice, other drivers' cars may not. Drive according to the conditions. Don't exceed the speed limit and drive slowly in harsh conditions. Don't try to out-drive bad weather.

GETTING UNSTUCK FROM SNOW

If you suddenly get stuck, the National Safety Council suggests turning your wheels from side to side a few times to push snow out of the way. Lightly touch the gas and ease forward.

If that doesn't work, rock the vehicle. (Check the owner's manual to make sure it won't damage your transmission.) Shift from forward to reverse and back again. When you are in each gear, give a light touch on the gas pedal until the vehicle moves.

The best winter-driving advice is to stay out of your car and use public transportation. And if possible, enjoy snowy days at home! 1F051066



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Air Conditioning, ABS, C/Disc, Keyless Entry, Anti-Theft Alarm

\$179* PER MONTH + TAX



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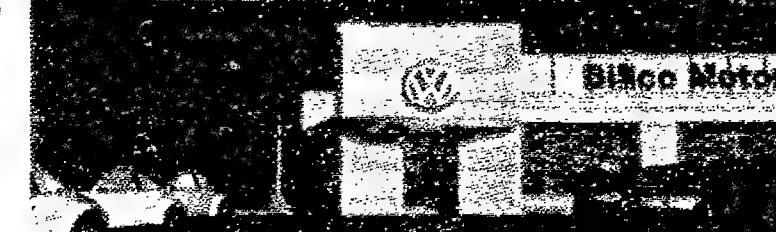
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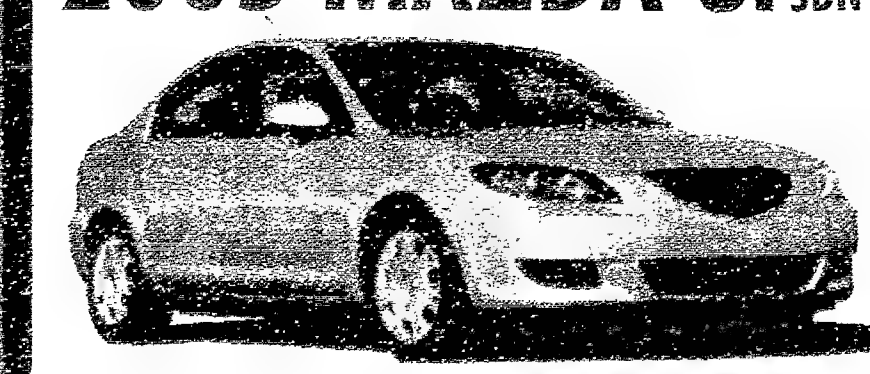


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SALES EVENT

Air Conditioning, AM/FM with C/Disc, Power Steering, Alloy Wheels

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36 Mo. A.V.P.
BALLOON CONTACT

TAKE A TEST DRIVE TODAY

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*\$1999 Due at signing (plus sales tax and license fees). Offer ends 3-31-05. See dealer for details.

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300.....	Business Services
400.....	Items For Sale
500.....	Real Estate Rentals
600.....	Real Estate Sales
700.....	Business Opportunities
800.....	Wheelz

HOURS

Monday - Friday.....8:30AM - 5PM

DEADLINES

West Communities.....Mon. at 12 Noon
 North Communities.....Mon. 12 Noon
 East Communities.....Mon. at 3:00 PM
 Southwest Communities.....Mon. at 3:00 PM
 Legals.....Fri. at 4:00 PM
 Church Directory.....Fri. at 12 Noon
 Business Services Directory.....Fri. at 12 Noon

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 • South Hills Record
 • The Signal Item
 • Bridgeville Area News

West Communities
 • Sewickley Herald
 • Moon-Coraopolis Record
 • Montour Record
 • West Allegheny Record
 • North Journal
 • Cranberry Journal
 • McKnight Journal
 • The Herald
 • News Record Weekender

058015G512

BOROUGH OF SEWICKLEY
OFFICIAL NOTICE

The Zoning Hearing Board, Borough of Sewickley, will hear the following appeals and/or variances for the same on April 5, 2005 at 7:30 P.M., at the Municipal Building, 601 Thorn Street, Sewickley, PA 15143.

Mary Oltie & Robert Leone, owners of the property at 4 Crescent Ave., Block & Lot # 421-C-163, in the R-1 Zoning District, propose to install a driveway and seek relief from Chapter 27 of the Sewickley Code of Ordinances Part 2 Section 207 Table 2 (Dimensional Requirements).

St. Stephen's Episcopal Church, owner of the property at 405 Frederick Avenue, Block Lot #506-D-355, 421-A-173, 175, 211 & 223, in the Institutional Zoning District, propose to erect ground signs and seeks relief from Chapter 27 of the Sewickley Code of Ordinances Part 2 Section 207 Table 2 (Dimensional Requirements) & Part 3 Section 305 (Ground Signs).

Grace King & Joyce Jones, owners of the property at 518 Centennial Ave., Block & Lot # 421-B-124, in the R-1A Zoning District, propose to erect a deck and seek relief from Chapter 27 of the Sewickley Code of Ordinances Part 2 Section 207 Table 2 (Dimensional Requirements).

People who wish to comment, may do so at the above scheduled public hearing. A copy of the Sewickley Borough Zoning Code is available for public use at the Sewickley Public Library or at the Borough Manager's office. The Building Permit application is available for review at the Office of Building Inspections.

Michael M. Lyons
 Zoning Hearing Board
 Borough of Sewickley

(179 3-16, 3-23-05, 2T)

ADVERTISEMENT FOR BIDS
TOWNSHIP OF FINDLAY

Sealed bids shall be hand delivered to the Township Manager's Office, Findlay Township Municipal Building, 1271 Route 30, Clinton, PA 15026, (724)695-0500, until 3:30 p.m., local time, on Wednesday, March 30, 2005 for providing all labor and material for the repair/replacement of various storm sewer inlets in Findlay Township.

Bids will be publicly opened and read aloud at the Findlay Township Municipal Building, Clinton, PA at 3:30 p.m., local time, on Wednesday, March 30, 2005.

Contract documents may be examined at the office of the Township Manager located at the Findlay Township Municipal Building. Copies may be obtained at no fee. Bids must be submitted on prescribed forms furnished with the contract documents. The bid proposal must be accompanied by a Bid Bond, with an original Power of Attorney, a Certified Check or a Cashier's Check in the amount of ten (10) percent of the bid proposal, made in favor of the Findlay Township Board of Supervisors. Facsimiles will not be accepted and will provide cause for rejection of the bid.

Findlay Township Board of Supervisors reserves the right to reject any and all bids, to waive informalities, and to award contracts deemed to be in the best interest of the Township.

Findlay Township
 Gary J. Klingman, Manager

(169 3-16, 3-23-05, 2T)

FINANCIAL STATEMENT OF
MOON INDUSTRIAL DEVELOPMENT AUTHORITY
as of December 31, 2003

The statement is being published in accordance with the Pennsylvania Economic Development Financing Law, as amended.

ASSETS	
Cash in Bank	\$ 20,169.00
Certificates of Deposit	123,073.00
TOTAL ASSETS	\$143,242.00
LIABILITIES AND FUND BALANCE	
Liabilities	\$ -0-
Fund Balance	143,242.00
TOTAL LIABILITIES AND FUND BALANCE	\$143,242.00

(171 3-16-05, 1T)

TOWNSHIP OF FINDLAY

Sealed bids shall be hand delivered to the Township Manager's Office, Findlay Township Municipal Building, 1271 Route 30, Clinton, PA 15026, (724)695-0500, until 3:30 p.m., local time, on Wednesday, March 30, 2005 for providing all labor and material for the installation of concrete ADA accessibility ramps for the RIDC Walking Trail in Findlay Township.

Bids will be publicly opened and read aloud at the Findlay Township Municipal Building, Clinton, PA at 3:30 p.m., local time, on Wednesday, March 30, 2005.

Contract documents may be examined at the office of the Township Manager located at the Findlay Township Municipal Building. Copies may be obtained at no fee. Bids must be submitted on prescribed forms furnished with the contract documents. The bid proposal must be accompanied by a Bid Bond, with an original Power of Attorney, a Certified Check or a Cashier's Check in the amount of ten (10) percent of the bid proposal, made in favor of the Findlay Township Board of Supervisors. Facsimiles will not be accepted and will provide cause for rejection of the bid. Prevailing Wage Rates may apply.

Findlay Township Board of Supervisors reserves the right to reject any and all bids, to waive informalities, and to award contracts deemed to be in the best interest of the Township.

Findlay Township
 Gary J. Klingman, Manager

(168 3-16, 3-23-05, 2T)

LEGAL NOTICE
BOROUGH OF EDGEWORTH
Allegheny County, Pennsylvania

Notice is hereby given that the Edgeworth Zoning Hearing Board ("Board") will conduct public hearings on Wednesday, March 30, 2005 at 7:30 p.m. in the Edgeworth Borough Building, 301 Beaver Road, Edgeworth, PA 15143 concerning the following matters:

1. At 7:30 p.m. the Board will consider a request by Ms. Elisa DiTomasso and Mr. John Burns for property located at 520 Irwin Drive for a variance from Article V, Section 130-21 (B) of Chapter 130 of the Code concerning minimum side yard setback in the R-2 zoning district.

Plans and other documents that have been filed with the Board concerning the above may be reviewed by any interested party during regular business hours at the Borough Office, 301 Beaver Road, Edgeworth, PA 15143.

Martin C. McDaniel
 Borough Manager, Zoning Officer

(180 3-16, 3-23-05, 2T)

BOROUGH OF SEWICKLEY
PUBLIC NOTICE

The Borough of Sewickley Council will hold a Public Hearing on Monday, March 21, 2005 at 7:30 p.m. in the Council Chambers, 2nd Floor, Municipal Building, 601 Thorn Street, Sewickley, Pennsylvania for the following:

- A conditional use request by Hattian Concepts, Inc. dba The Sewickley Cafe, Block and Lot No. 508-N-238, 409 Beaver Street, to establish a restaurant with a liquor license.
- A hearing on the transfer of Restaurant Liquor License R-19430, from Bell Acres, Inc., 1886 Big Sewickley Creek Road, Sewickley, PA to the Sewickley Cafe, 409 Beaver Street, Sewickley, PA

Copies of the applications are available for public review in the Borough Manager's office from 8:00 a.m. to 5:00 p.m., Monday through Friday.

Borough of Sewickley
 Kevin M. Flannery
 Borough Manager/Secretary

(141 3-9, 3-16-05, 2T)

ADVERTISEMENT OF SALE

Notice is hereby given that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property. The undersigned will sell at public sale by competitive bidding on 3-31-05 at 11:00 a.m. at:

EXTRA SPACE STORAGE
 110 KISOW DRIVE
 PITTSBURGH, PA 15205

The personal property here-
 tofore stored with the under-
 signed by:

Unit #	Name
440	Duane Renaut
411	George Galovich

Purchases must be paid for at time of purchase in cash only. Sale subject to cancellation in the event of settlement.

(170 3-16-05, 1T)

111

ANNOUNCEMENTS

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114

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FAMILY HEALTH CARE w/prescription plan! \$69.95/mo. Best network, exc. coverage, no limitations. Includes dental, vision, Pre-existing condition ok! Call: W.C.S. 1-800-288-9214 ext. 2352

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115

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Jobs

218

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CHILDCARE KinderCare Learning Center, is looking for qualified people to work at our accredited center. Immediate need for a FT 2yr old Teacher and a FT Pre-Kindergarten Teacher. Please call Lori at 412-262-1174

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 Rebate.....\$2,000
 Mercury Bonus Cash.....\$500
 Recent College Grad.....\$500

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2005 Mercury MONTEGO LUXURY SEDAN STOCK# 520-213

MSRP.....\$25,790

Lease For \$298 for 24 Months

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MSRP.....\$25,095
 SHLM Discount.....\$1,676
 Rebate.....\$4,000
 Buckle Up! Discount.....\$1,000
 Road Show Bonus Cash.....\$500
 Auto Show Bonus.....\$500

Sale Price \$16,919

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MSRP.....\$33,710
 No Charge Leather.....\$895
 SHLM Discount.....\$3,096
 Rebate.....\$3,000
 Road Show Bonus Cash.....\$1,000

Sale Price \$24,919

LEASE \$283 FOR 24 MONTHS \$999 DOWN

2005 Lincoln LS V6 LUXURY SEDAN STOCK# 514-241

MSRP.....\$33,235
 SHLM Discount.....\$3,316
 Rebate.....\$3,000
 Cadillac, Buick, Olds Conquest.....\$1,000
 Road Show Bonus Cash.....\$1,000

Sale Price \$24,919

2005 Lincoln TOWNCAR SIGNATURE SERIES STOCK# 515-138

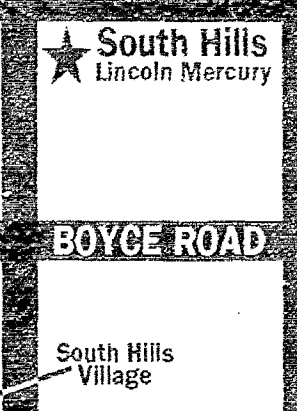
MSRP.....\$42,595
 SHLM Discount.....\$3,676
 Rebate.....\$4,500
 Road Show Bonus Cash.....\$1,000
 Lincoln/Mercury Owner Loyalty Cadillac, Buick, Olds Conquest.....\$1,000

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Please call 412.481.9144 to volunteer, or visit our website at www.fostercat.org
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Picture of Success

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Nationwide Appraisal expands into Washington

Nationwide Appraisal and Title Services Corp. announces it has begun the move of its headquarters to Washington, Pa.

This move is in conjunction with the rapid growth Nationwide has experienced since its acquisition by CTG Real Estate Information Services, Inc in May 2004.

Nationwide is currently located

in Southpointe Business Park, Canonsburg, Pa.

CTG is a wholly owned subsidiary of Capital Title Group, Inc. (Nasdaq: CTGI).

Nationwide is one of the largest appraisal, title and closing service companies in the country and has been located in the Pittsburgh area since its inception in 1994.

To handle its rapid growth, Na-

tionwide and Millcraft Industries Inc. have teamed up on two commercial office projects in Washington, Pa.

In September 2004 Nationwide and Millcraft announced they would be building a 130,000 square foot office building in downtown Washington.

When completed in 2006, this building, to be known as Nation-

wide Center will serve as the national headquarters for Nation-

wide, which will occupy the majority of space in the building.

Nationwide and CTG feel the Washington area is a great place

for its employees to work and live

and they look forward to being an

integral part of the "new" Washington, Pa.

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QC Positions
Tax Representative
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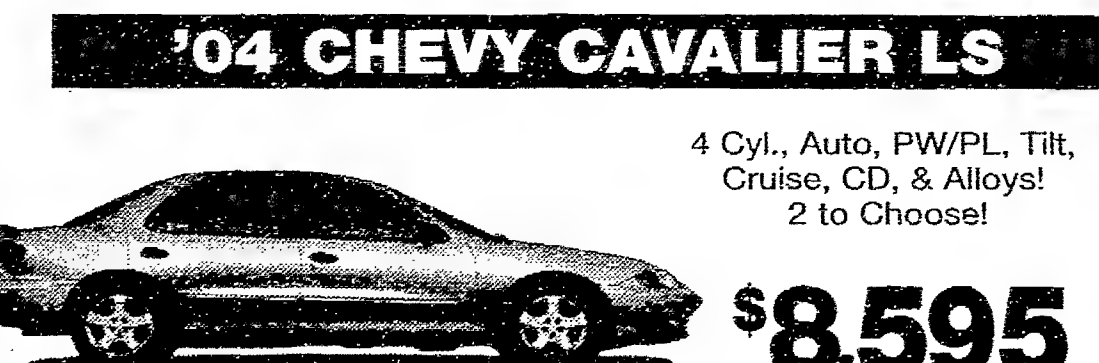
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Power Windows/Power Locks, P/Seat, Tilt, Cruise, CD, Alloys & More!
9 to Choose!

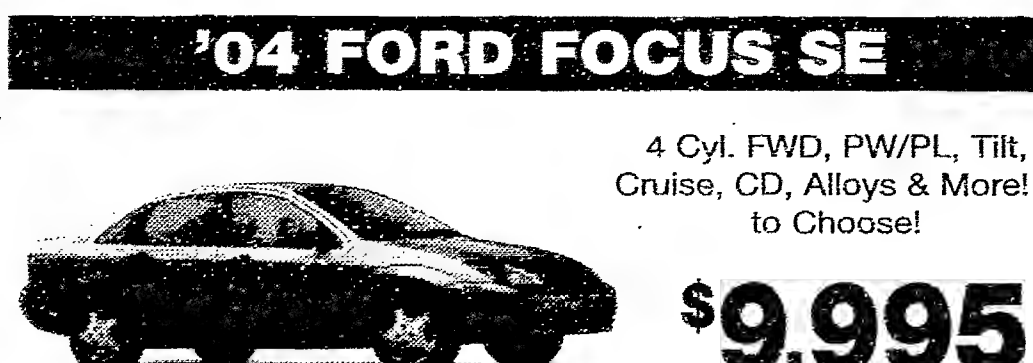
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2 to Choose!

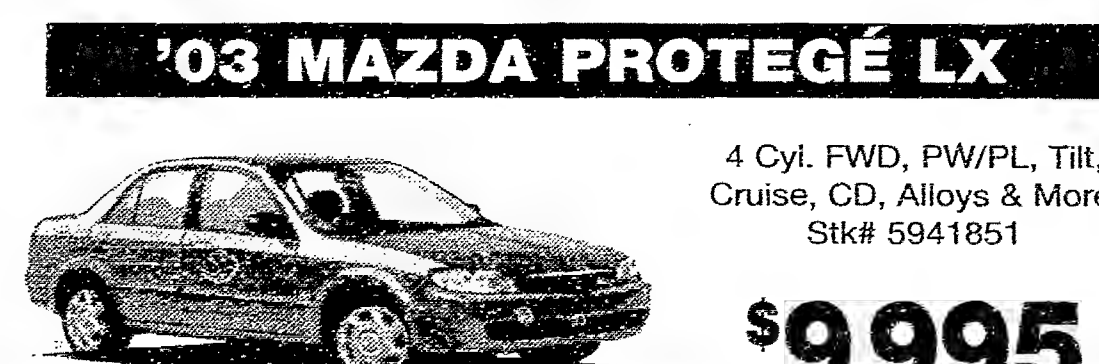
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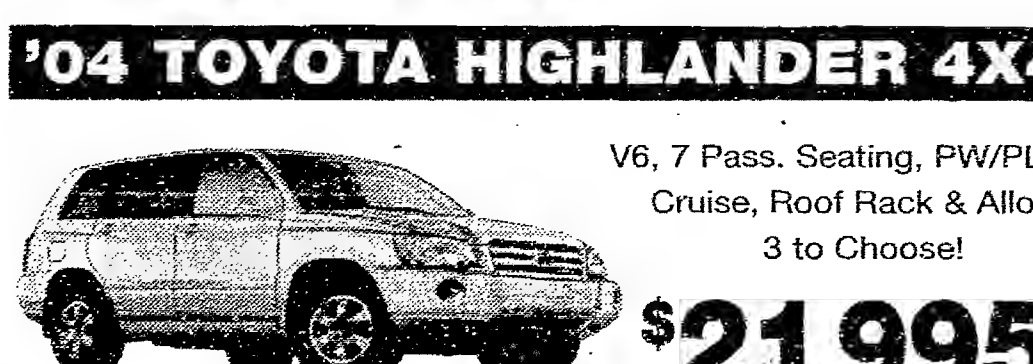
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'03 MAZDA PROTEGE LX

4 Cyl. FWD, PW/PL, Tilt, Cruise, CD, Alloys & More!
Stk# 5941851

\$9,995



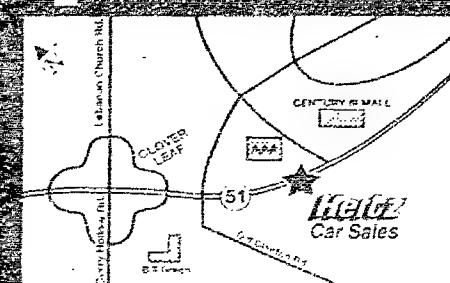
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3 to Choose!

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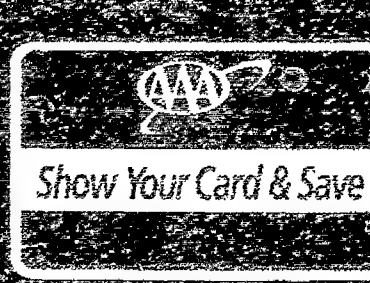
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'04 Chevy Impala LS 2 to Choose!	\$13,995
'04 Chevy Malibu LS V6 2 to Choose!	\$13,995
'04 Hyundai Sonata GLS V6 2 to Choose!	\$13,995
'04 Nissan Altima Stk# 2609543	\$15,595
'04 Toyota Solara SE Stk# 4345286	\$15,995
'04 Ford Freestar SES Stk# 8701419	\$16,595
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OR \$159 48 Mos.



2005 CHEVROLET IMPALA

MSRP.....\$23,575
Savings.....-\$1400
Rebate.....-\$4000
Cash or Trade-\$3000

Buy for \$15,175
OR \$195 48 Mos.



2005 CHEVROLET MONTE CARLO

MSRP.....\$25,090
Savings.....-\$1700
Rebate.....-\$4000
Cash or Trade-\$3000

Buy for \$16,380
OR \$199 48 Mos.



2005 CHEVROLET AVEO

MSRP.....\$9,995
Rebate.....-\$750
Cash or Trade-\$3000

Buy for \$6,245
OR \$99 48 Mos.



Immediate Delivery
**THE ALL NEW
2005 CHEVROLET COBALT SS**
Take Cobalt to the next level with this supercharged coupe!



2005 CHEVROLET SUBURBAN

MSRP.....\$46,325
Savings.....-\$5000
Rebate.....-\$4500
Cash or Trade-\$3000

Buy for \$33,825
OR \$451 48 Mos.



2005 CHEVROLET COBALT

MSRP.....\$15,120
Savings.....-\$500
Rebate.....-\$1000
Cash or Trade-\$3000

Buy for \$10,620
OR \$99 48 Mos.



2005 CHEVROLET EQUINOX

MSRP.....\$22,320
Savings.....-\$1325
Rebate.....-\$1000
Cash or Trade-\$3000

Buy for \$16,995
OR \$219 48 Mos.



2005 CHEVROLET TRAILBLAZER 4WD

MSRP.....\$30,765
Savings.....-\$2270
Rebate.....-\$3500
Cash or Trade-\$3000

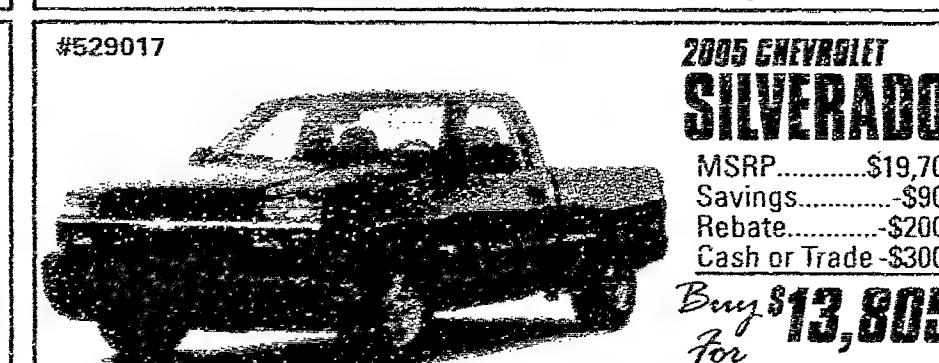
Buy for \$21,995
OR \$295 48 Mos.



2005 CHEVROLET COLORADO

MSRP.....\$18,095
Savings.....-\$695
Rebate.....-\$1000
Cash or Trade-\$3000

Buy for \$13,400
OR \$179 48 Mos.



2005 CHEVROLET SILVERADO

MSRP.....\$19,705
Savings.....-\$900
Rebate.....-\$2000
Cash or Trade-\$3000

Buy for \$13,805
OR \$179 48 Mos.

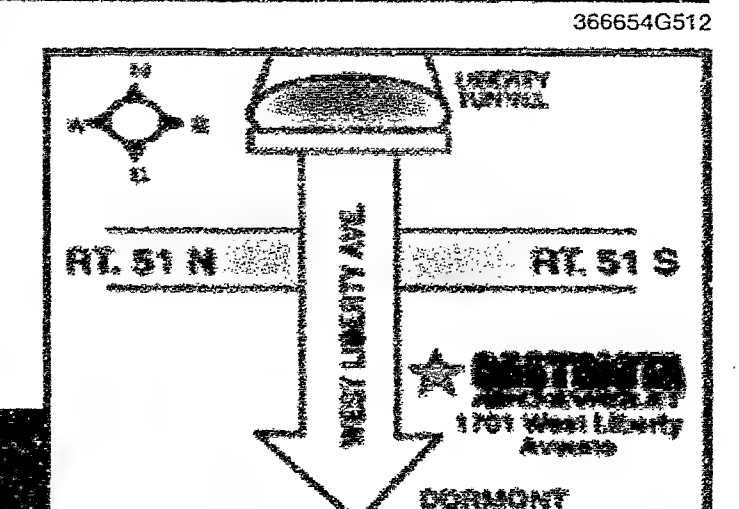
All payments are based on 48 month/48,000 Mile SmartBuy plus tax and tags. All payments include \$3000 cash or trade equity.

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0% APR up to 60 MOS. on select '05 MODELS
with credit approval to qualified buyers.



'66 PONTIAC 66
\$199 47 mo.
lease

0% APR | 60 MOS. on select '05 PONTIAC
with credit approval to qualified buyers

47 mo./47,000 mi. lease requires \$935 cash/trade equi-
plus first prnt. and sec. dep. at signing. includes rebate
bonus cash. 10000 Ods bystr. (must qualify) & \$500 acm
military Tax. 22% dist. fee extra. #553419

'05 BUICK LACROSSE
\$**219**⁴⁷ mo.
lease

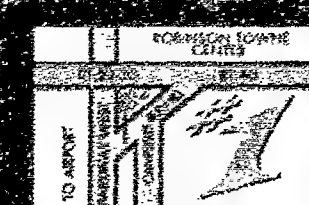
0% APR 60 MOS. on select '05 BUICKS
with credit approval to qualified buyers.

47 mo./47,000 mi. lease requires 1985 car/trade equity, plus first print. and sec. dep. at signing. Includes rebate, bonus cash, 1000 Odo. loyalty (must qualify) and 500 equiv. military. Tax, title, plate fee excl. #165141.

'05 GMC ENVOY
\$289 | **47** mo. lease

0% APR 60 MOS. on select GS GRACS
with credit approval to qualified buyers

47 mo./47,000 mi. lease requires \$995 cash/trade equi plus first print. \$ sen. dep. at signing. Includes rebate, bor cash. \$1000 Oils Injty (must qualify) & \$500 active military Tax. title, plate fee extra. 4W/GS092



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Zero Down. Zero Due. Zero Reasons to Wait.



\$169³⁹ mo. lease*

\$0 down \$0 due
0% apr | 60 mos. available

39 mo./39,000 mi. lease requires \$0 due at inception. Tax, title, plate fee extra. Residual \$9870. #A5012



\$400 39 **\$0 down \$0 due**

\$199 mo. lease*
39 mo./39,000 mi. lease requires \$1555 cash

0% apr | 60 mos. available

'05 SATURN RELAY FWD • DVD System • OnStar • Power Pkg • 7-Passenger

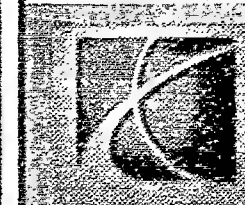


\$999.99

\$299 39
mo.
lease*

39 mo./39,000 mi. lease requires \$0 due at

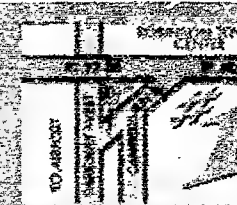
inception. Tax, title, plate fee extra. #A50001.



SATURN of ROBINSON

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A SUPPLEMENT TO GATEWAY NEWSPAPERS

the
votes
are in... 2005
READERS' CHOICE

Best in the Area...



Best in the Neighborhood

As chosen by the readers of:
Sewickley Herald
and
Communities in the West Suburbs

Gateway Newspapers

Connecting You To Your Community

Readers' Choice 2005

Gateway Newspapers

Connecting You To Your Community

BEST IN THE AREA - SEWICKLEY HERALD

Proudly Serving Sewickley, Sewickley Heights, Sewickley Hills, Aleppo, Bell Acres, Edgeworth, Glenfield, Haysville, Leet, Leetsdale & Osborne Communities

- | | | | | |
|--|--|---|---|---|
| <ul style="list-style-type: none"> • Pizza Shop
Tony R's Specialty Shop • Hamburger
The Sewickley Café • Deli
The Green Chef's Deli • Hoagie/Sub
Vocelli's • Wings/Chicken
Vocelli's • Fish Sandwich
Fondi's Fish & Poultry • Bakery
Ultimate Pastry Shop • Ice Cream
Sewickley Confectionery • Coffee
Starbucks • Take-Out
China Palace | <ul style="list-style-type: none"> • Grocery Store
Safran's Supermarket • Farm Market
Reilly's Summerseat Farm & Garden Center • Beer Distributor
Select Beer Market • Happy Hour
Sewickley Hotel • Family Owned Business
Yankello's Audio & Video • New Business
Spoiled Chics-The Boutique • Barber/Male Salon
Ross Kistler • Beauty Salon
Hair Symmetry II • Nail Salon
Esthetics of Sewickley • Tanning Salon
Sunlife Tanning & Other Hot Topics | <ul style="list-style-type: none"> • Day Spa
Sewickley Spa • Massage Therapist
Sewickley Spine & Joint Center • Chiropractor
Dr. Galatic • Physical Therapist
Sewickley Spine & Joint Center • Family Doctor
Chris T. O'Donnell M.D. • Eyecare/Laser Center
Sewickley Eye Group • Dentist
Dr. Piccolo • Pharmacy
Eckerd Drug - Sewickley • Public Official
Kevin Flannery • Realty Company
Howard Hanna | <ul style="list-style-type: none"> • Bowling Lanes
Fair Oaks Lanes • Dance Studio
Sewickley School of Performing Arts • Workout Facility
Per-Fit • Martial Arts
PA Shotokan Karate Club • Funeral Home
Richard D. Cole Funeral Home, Inc. • Dry Cleaner
Oriole Cleaners Inc. • Veterinarian
Sewickley Veterinary Hospital • Dog Groomer
Precious Pets Grooming Salon • Garden/Nursery
Robinson's Home & Garden • Jewelry Shop
Thomas Jewelers | <ul style="list-style-type: none"> • Gift Shop
The Sewickley Gift Corner • Floral Shop
Cuttings Flower & Garden Market • Resale and Consignment Shop
Second Hand Rose • Hobby/Toy Store
Party Ants • Auto Dealer (New)
Sewickley Car Store • Auto Dealer (Used)
Sewickley Car Store • Auto Repair and Service
Brosie's Citgo Service Center |
|--|--|---|---|---|



Readers' Choice 2005

Best Pizza Shop

Tony R's Specialty Pizza Shop

Pride, hard work and quality. That's the secret behind the success of Tony R's Specialty Pizza Shop.... Or maybe it's just the homemade dough.

Once upon a time many years ago, a family grocery store was converted into a pizza shop with vision and a lot of hard work. That was more than 50 years ago and today, Tony R's is the oldest pizza shop in Sewickley and a community landmark.

The Raso family takes pride in the traditional recipes handed down from generation to generation, when quality meant everything. Today, it still does at Tony R's where everything is made the old-fashioned way, from scratch.

At Tony R's the dough is made by hand daily, homemade sauce bubbles on the stove, and the cheeses and toppings are the freshest available.

Tony R's famous Homemade Hot Sausage & Meatballs are the favorites of many. The Rasos welcome everyone to come and taste the difference love can make.

Tony R's is like coming home. There is always something good cooking in the oven.

850 Nevin Avenue,
Sewickley
412-741-5660



CELEBRATING THE Raso family's continued success at Tony R's are Michael, Alec, Mark, Tony and Lisa.

- ★ BEST PIZZA, CALZONES & HOAGIES
- ★ HANDMADE DOUGH
- ★ HOMEMADE MEATBALLS & HOT SAUSAGE

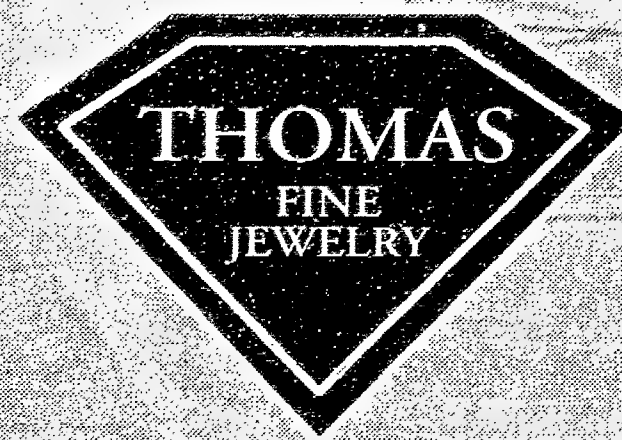
Your Sewickley Sunglass Headquarters

Salvatore Ferragamo

Ray-Ban

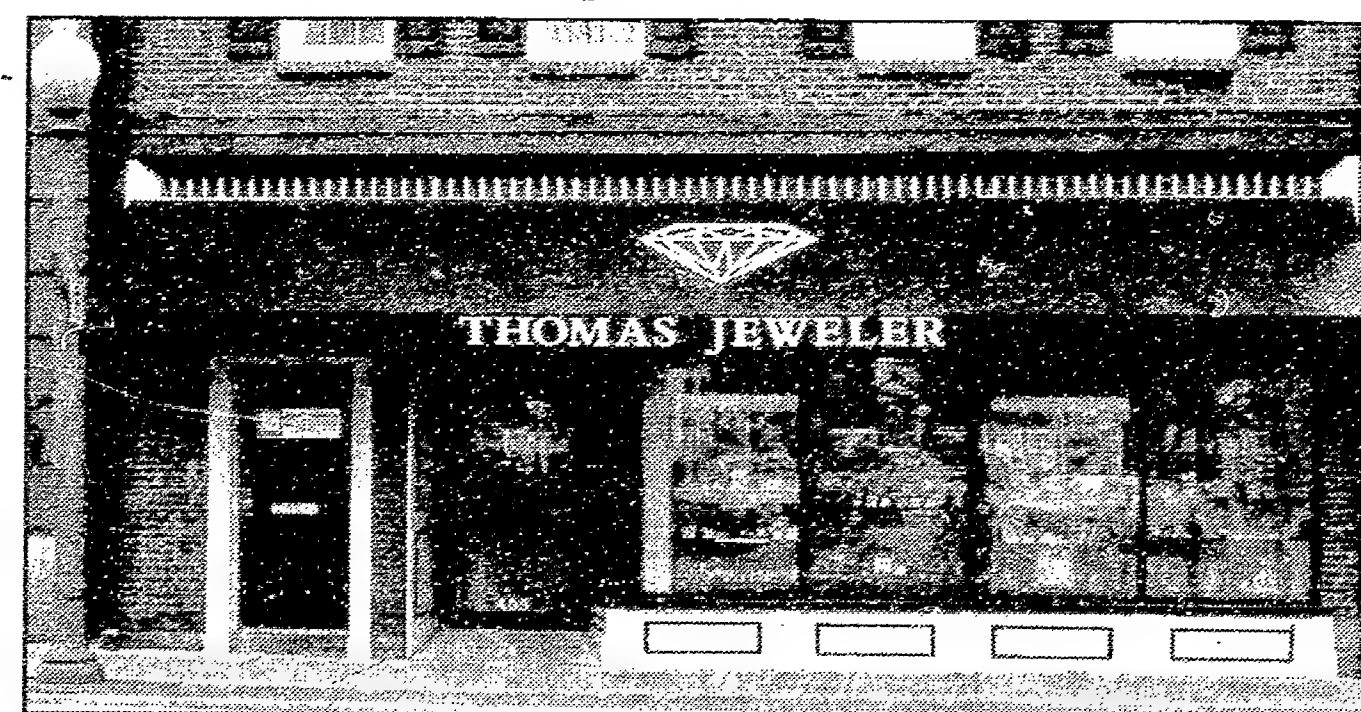
VERSACE

Persol



405 Beaver Street
412.741.3866

Best Jewelry Shop



Thomas Jewelers

Ken Thomas, the immensely friendly owner of Thomas Jewelers at 405 Beaver St., took a few minutes to explain what's made his jewelry store so successful for the past 20 years.

"It's pretty much just business as usual," Thomas said.

With its steady, reliable service his business has shown its customers that they can make purchases with confidence and have repairs done in a timely fashion.

Thomas Jewelers won the Pennsylvania Jeweler's Association Service Award in 1989 and again in 1995. They

have also won multiple Reader's Choice awards from the Sewickley Herald.

The store hit its biggest speed bump five years ago, when the store relocated itself two doors over. It's been smooth sailing ever since.

Thomas Jewelers is happy to provide the public with estate (antique) jewelry. They sell anywhere from 20 to 50 antique wedding rings a year.

Thomas also carries several lines of watches including Luminor, Seiko and Thomas' own Signature Series.

Tony R's Pizza #1 "The People's Choice"

By Popular Demand

WE ARE NOW OPEN FOR LUNCH

Wednesday, Thursday & Friday 11:00am-1:30pm

EVERYTHING
is always
HOMEMADE!

VOTED THE
BEST PIZZA SHOP
IN SEWICKLEY!

CELEBRATING
51 YEARS IN BUSINESS!

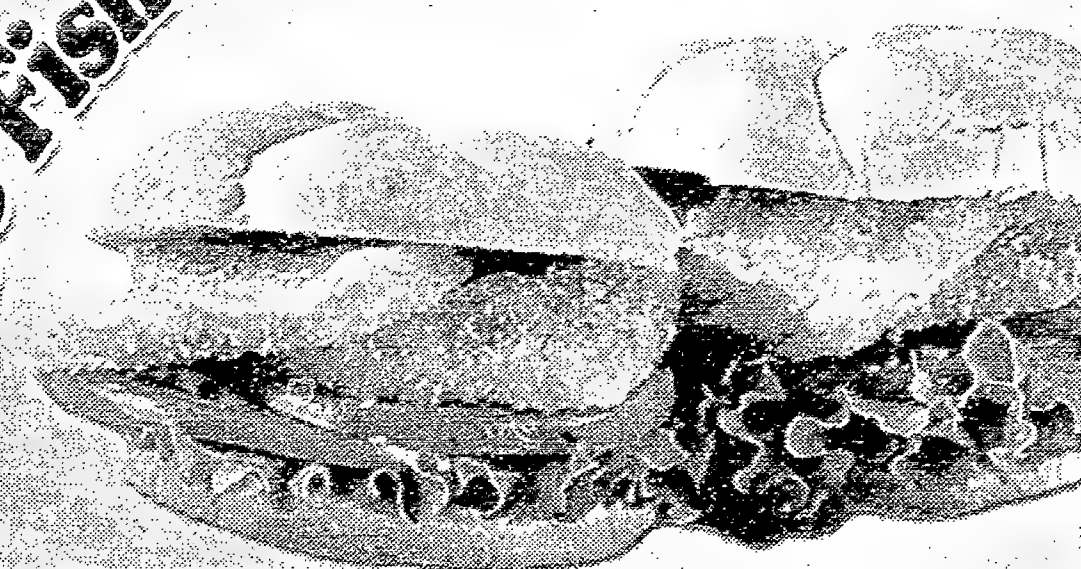
Thank you for the Award of Best Pizza Shop. We would also like to thank you for your patronage. We appreciate your business!

The
**Oldest Pizza Shop In
Sewickley!**

Sincerely,
The Raso Family

"Large Fish Sandwich \$6.25"

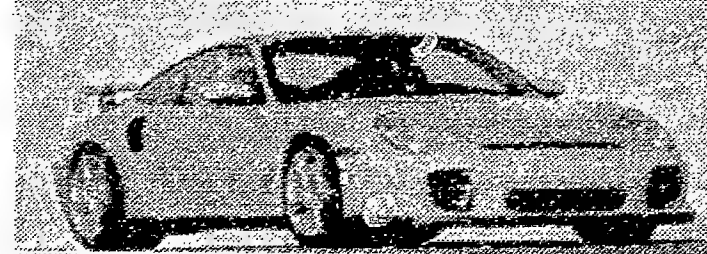
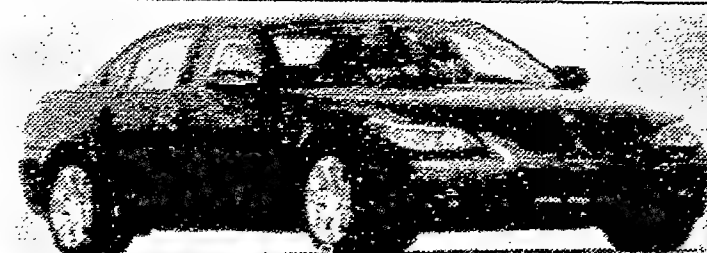
New to the Menu
Baked 10 oz. Cod On Fresh
Mancini's Bread



Best Auto Dealer-New and Used Sewickley Car Store



Three High-Performance Cars, One High-Performance Dealer.



When we opened our doors in 1976, we were so grateful for the business we treated each customer as if he or she was our only customer. Doing business that way caught on. Owners Bob Nikel & Joe Scarfone credit a superior sales and service staff for their dealerships success. "They all make this a fun place for customers to come and do business," says Nikel. Today the competition in the automobile industry is tough, fortunately for us, it is a lesson we learned long ago. Selling what we believe are the finest cars in the world - BMW, Porsche and Audi we strive to make every ownership experience a pleasure.

A lot has changed at Sewickley Car Store since 1976. But one thing has not. We still sell and service every car the same way we did our very first year - one at a time.



SEWICKLEY CAR STORE | **412-741-6400**
www.sewickleycars.com

Located 15 minutes from Pittsburgh International Airport or 5 miles from the I-79 Sewickley Exit.

Best Attorney of West Suburbs Richard K. Brandt & Associates, LLC

Richard K. Brandt, the principal of the firm, has practiced in every division of the Court of Common Pleas of Allegheny County, and in nearly every division of the Court of Common Pleas of Beaver, Butler, Fayette, Greene, Washington and Westmoreland Counties.

In addition, Rich Brandt has appeared in numerous District Magistrate Courts throughout western Pennsylvania. His practice also has included arguing successful appeals before the Commonwealth Court of Pennsylvania.

The practice emphasis of the firm includes: wills and trusts, estates, elder law, special needs trusts, and guardianships; real estate practice including preparation and review of agreements of sale, leases, option agreements, title searches, preparation of deeds, mortgages, notes, and real estate settlement services; zoning appeals; business law including initial incorporations and corporate transactions, setting up limited liability companies, partnerships, sole proprietorships and related matters.

The firm has built strong ties through the years with associate counsel in other law firms to whom it makes referrals in



other practice areas, including personal injury, family, employment and criminal law.

Each of these referral attorneys ("associate counsel") are individuals with whom the firm has strong tie. These attorneys can be counted upon to represent a client's best interest to work toward the desired result.

As a result of these connections, the firm has the ability to offer the client comprehensive legal services from attorneys who have a wealth of experience and in whom it has the utmost confidence.

Richard K. Brandt & Associates, LLC Since 1973 General Practice of Law

Wills - Trusts - Estates
Real Estate Matters
Small Business - Corporations
Elder Law
Other Matters with Associate Counsel



"Rich" Brandt

BA, Allegheny College

JD, St. Louis University

Admitted PA Supreme Ct.: 1973

Admitted US Supreme Ct.: 1989

Capt, USAF: 1966-1970

Thank You for
Your Vote...
And the
Opportunity
to Serve You!



517 Locust Place **412.741.4777**
Sewickley Fax: 412.741.1722
rick@rkblaw.com

Best Grocery Store

Safran's Supermarket

Lewis Safran and employees would like to thank all the customers who voted Safran's Supermarket the Best Grocery Store in Sewickley.

Safran's Supermarket has been family owned and operated for 30 years, and they strive to provide the community with continued customer satisfaction and high-quality food items at competitive prices.

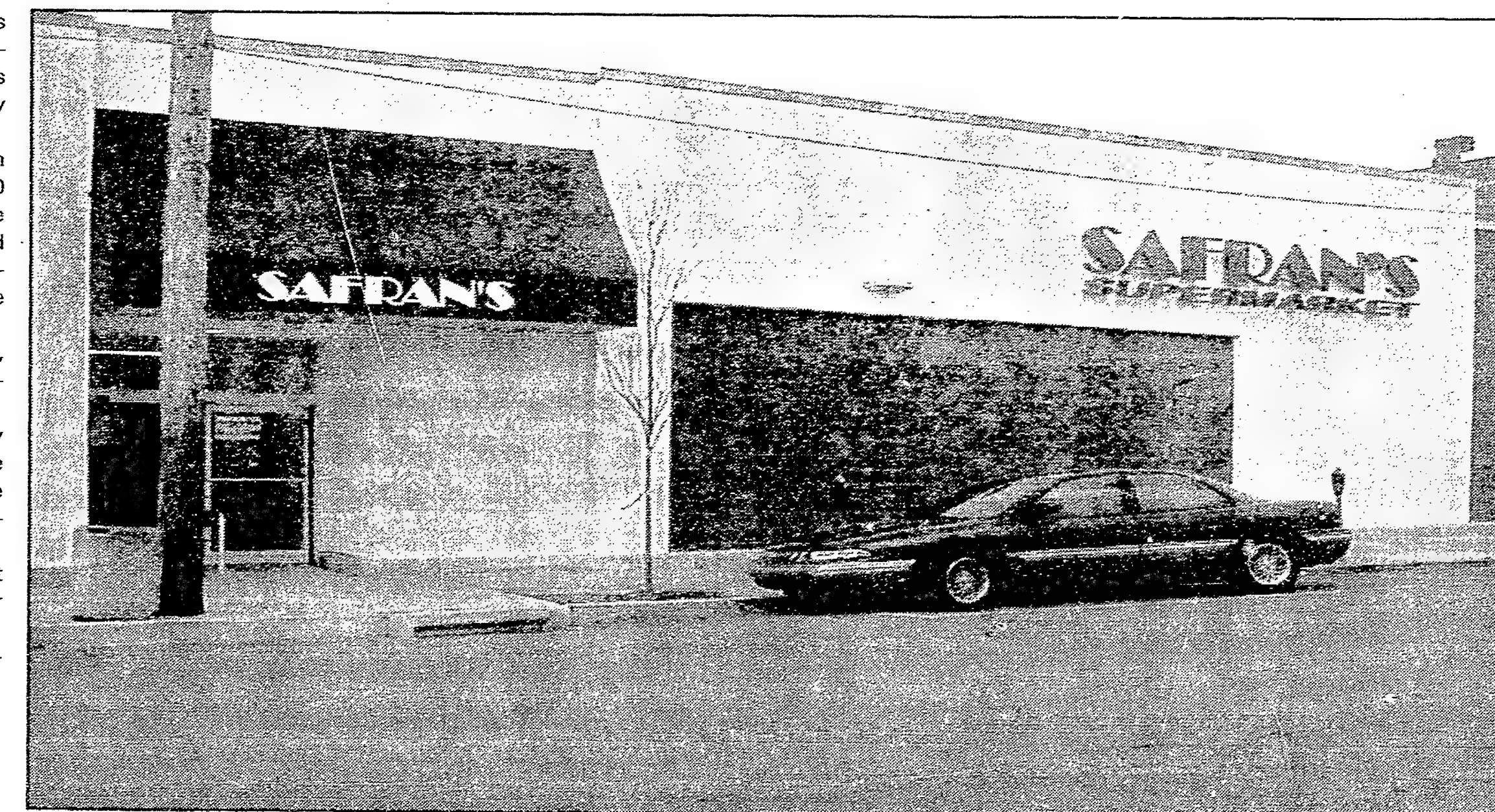
Safran's is known for its fresh, top-quality food items and friendly staff.

The store has been recently modernized in order to serve the community better, offering more convenience and customer services.

Please stop by and visit Safran's Supermarket for all your grocery needs.

Contact the store at 412-741-8110.

Store Hours:
Monday-Saturday 8 a.m.-9 p.m.
Sunday 9 a.m. - 4 p.m.



Safran's Supermarket

Locally Owned & Operated



Voted Best Grocery Store

A Special Thank You To Our Customers & The Readers Of
The Sewickley Herald

429 Walnut Street, Sewickley - 412-741-8110

Store Hours: Monday-Saturday: 8:00am-9:00pm - Sunday: 7:00am-4:00pm

605346G5RC

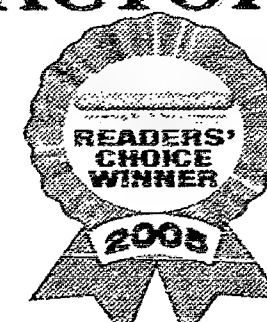
Readers' Choice 2005



use this ad to
take an extra
25% off sale merchandise
March 18 & 19

605799G5RC

Bruce Williamson And The Employees Of
R. Bruce Williamson, Inc.
Residential Electrical Contracting
Would Like To Thank You For Making Us Your
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In The Western Suburbs
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606330G5RC

Best Floral Shop

Cuttings Flower & Garden Market

"Being selected as the area's best florist is great," says Jim Price, owner of Cuttings Flower & Garden Market in Sewickley. "We are excited to be honored by so many people and want to thank our customers for their years of support."

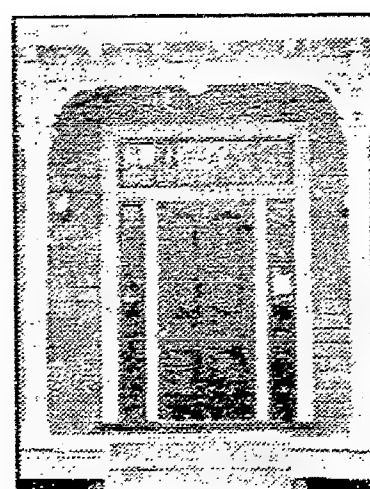
We are going to "Celebrate Spring" on Friday and Saturday, March 18 and 19. Come visit us and receive 10 to 50 percent off spring and sale items.

Cuttings, which has been located at 537 Beaver St. in Sewickley for the last 12 years, has provided unique floral designs to customers throughout the area.

According to Price, the business has changed in those 12 years.

"In the beginning, we were a flower shop," he says. "Most of our work was fresh-cut arrangements, weddings and funerals. While we still enjoy and do much of that same work, we now have unique gifts for the home as well as plants and garden accessories."

"In addition, we have been providing input and decorating ideas for our clients when they move into a new home or sim-



ply want to change the look of a room. For the past several years, we have been helping people decorate their homes for the holidays."

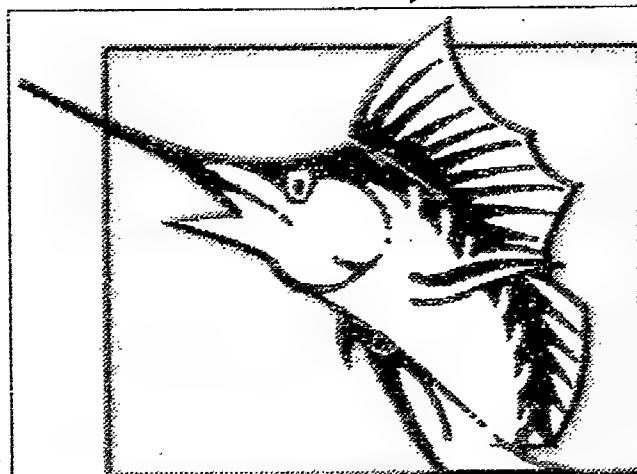
Price is also excited to announce the relocation of the store to 524 Locust Place, next to Little Athens. The building, which dates back to the late 1870s, has housed several small businesses until recently.

"We made the decision to move into that location based on many factors," Price says. "We feel by being located closer to the heart of the village, we will be able to better serve our customers."

"Plus, by displaying home and garden accessories in a home-like environment, our customers will see how they might use those same items in their own home."

Price hopes to be in the new location sometime in April. Watch for our grand opening celebration announcement in the Herald and in your mailbox. Or sign up to be notified via e-mail at our Web site www.cuttingsfg.com.

Cuttings...From Our House to Your Home.



Fondi's
Fish & Poultry

Best Fish Sandwich



We Thank You!

Stop in and see what you've been missing.

Fish Sandwiches available everyday + full take out menu.

428 Beaver Street - 412.741.4700 - www.FondisInSewickley.com

FDA APPROVES DENTAL DEVICE TO REDUCE MIGRAINE ATTACKS

Migraine prevention breakthrough

As Seen on ABC's GOOD MORNING AMERICA.

The first clinically proven, nondrug method for the prevention of migraine. The NTI-tss is a small, virtually invisible mouthpiece that covers only your upper front teeth while you sleep.

The NTI-tss must be custom-fitted by a dentist- which usually only takes one 30-minute visit.

In a clinical trial, 82% of migraine sufferers who used the NTI-tss for 8

weeks had **77% average reduction** in migraine attacks. The NTI-tss device reduced not only migraine attacks but the need for medication usually taken to treat migraine pain.

For more information, or a FREE consultation about NTI-tss, contact:

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522 Beaver Street - Sewickley, PA 15143
Ph: 412-741-7325
DDS System Certified

606326G5RC

Readers' Choice 2005

Best Workout Facility



PER FIT trainers are Danielle Jones, Jose Luis Beltran, Sharon Marchese and Kazutaka Ara.

Per Fit

"We are very honored to have been chosen the best facility in Sewickley," said Jose Luis Beltran, Per Fit general manager.

With an emphasis on training the WHOLE person, Sewickley residents have found the benefits of this comprehensive facility to be exceptional.

When asked what makes Per Fit unique, Jose Luis responds, "... our unwavering commitment to our clients and their needs. Our consistent high level of trainer professionalism and skill, coupled with compassion and the understanding that we need to meet a client in whatever season of life they find themselves — this places us in a different, exclusive category from other facilities."

Per Fit, Sewickley's first personal training facility, was opened by Richard T. Butler 12 years ago.

"I started Per Fit because I was dismayed to see members of various gyms paying monthly fees but not getting the fitness results they were seeking. Bottom line, I wanted people to achieve their fitness goals," says Butler.

In the spring of 2004, Gretchen Hansen purchased the gym from Butler and gave the entire gym a facelift; architecturally updating the facility, equipment and adding to their experienced staff.

Jose Luis came to Per Fit in October 2004 as general manager from Rancho La Puerta Spa located in Tecate, Mexico, an exclusive spa, where he worked for seven years.

With extensive experience in pilates, yoga, Feldenkrais, strength training and conditioning, and a background in business administration and fitness, Jose Luis Beltran embraces Per Fit's philosophy of training "the whole person...both body and mind."

"We believe that coaching is an integral part of training the whole person," says Jose Luis. "As a result of coaching, clients set better goals, take more action, make better decisions and use their natural strengths."

"As we look into the future, we will continue to focus on our mission statement...training the whole person. We will do this by keeping fitness "fresh", encouraging clients to try new activities (yoga, pilates, a new sport, etc.). We will continue to emphasize good nutrition and finding a balance spiritually and mentally. Per Fit's goals are always "clients first."

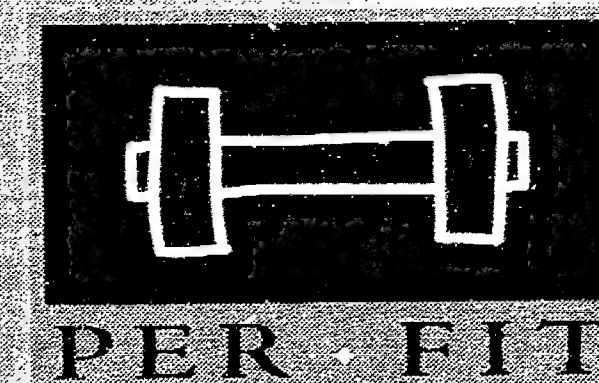
Per Fit offers fitness assessments to help the client and their trainer design a fitness program with the clients' personal results in mind. Along with personal training sessions, Per Fit also offers Pilates, Hour of Power (a fitness "boot camp"), and Kidz Fitness.

Look for these new classes coming soon to Per Fit: yoga, nutritional counseling and Kidz Fitness Camps.

For more information, contact Per Fit at 412-741-8824 or stop in.

Per Fit is open Monday thru Friday from 5 a.m. - 7 p.m. and Saturdays from 7 a.m. - 5 p.m.

PERSONAL FITNESS & TRAINING



**Per+Fit, your solution
to total fitness.**

Thanks to all of the readers who voted Per+Fit
"Best Workout Facility" in Sewickley.

Per+Fit has the perfect combination:
comfortable, state-of-the-art work out facility,
professional, dedicated trainers,
pilates, strength training, cardio,
progressive training
and motivation.

We train the WHOLE person...
encompassing both mind and body.

432 Green Street
Sewickley
Pennsylvania 15143

Telephone 412/741-8824
www.perfit.net

www.perfit.net

606310G5RC

Readers' Choice 2005

Best Beauty Salon



Hair Symmetry II

Hair Symmetry is serious about hair care. Owner Cindy Hilliard Potts clearly aims to impress.

For the past six years since Cindy bought the business from its previous owner, she has provided top-of-the-line products from brands like Abba, Urban Culture, Big Sexy Hair and OPI Nail Polish. She counts the previous owner, Debby Flemming Meanor, a mentor and friend.

But it's not just high-quality products she provides customers with.

"I think I have some of the best hair-stylists and nail technicians in the area. We all work great together as a team, and that's the key," says Cindy.

The stylists and nail techs are both talented and ambitious. Ongoing educational programs keep a salon progressive and professional. This ensures the customer's satisfaction with every visit.

Cindy aims to make her clients No. 1. "Service with a smile never hurt, either."

Best Dog Groomer
Precious Pets

April 2005 finds Precious Pets celebrating its 20th Anniversary.

Owner Janice Kushma started Precious Pets with the philosophy of providing quality service and loving care to the pets of the Sewickley area.

Chris Gaburri joined the staff a short 4 months later.

Janice, Chris and Deana would like to thank you, our pets owners, for the years of support had that has continued to make us "No. 1" in the community.

Janice and Chris are pictured (at right) with long time friend, Stussy Deutsch.

"The reason we have added very few new clients for the last 18 months is that we have been unable to find a quality groomer to add to our staff.

"We need an experienced person who takes pride in their work and loves to work with the dogs.

"It takes a special temperament to work with such a wide variety of dogs," says Janice.

"Large, small, young, old, hairy and the not so hairy, all need that extra special Precious Pets touch. So if you are qualified and might be interested in joining our team, give us a call.

"We look forward to providing many more years of care for your pets."

Precious Pets is located on Division



Street and Hegner Way in Sewickley.
Janice can be reached at 412-741-8629.

Readers' Choice 2005

Best Garden & Nursery



Robinson's Home & Garden

Everyone at Robinson's Home and Garden would like to extend thanks for voting the store the best lawn and garden center.

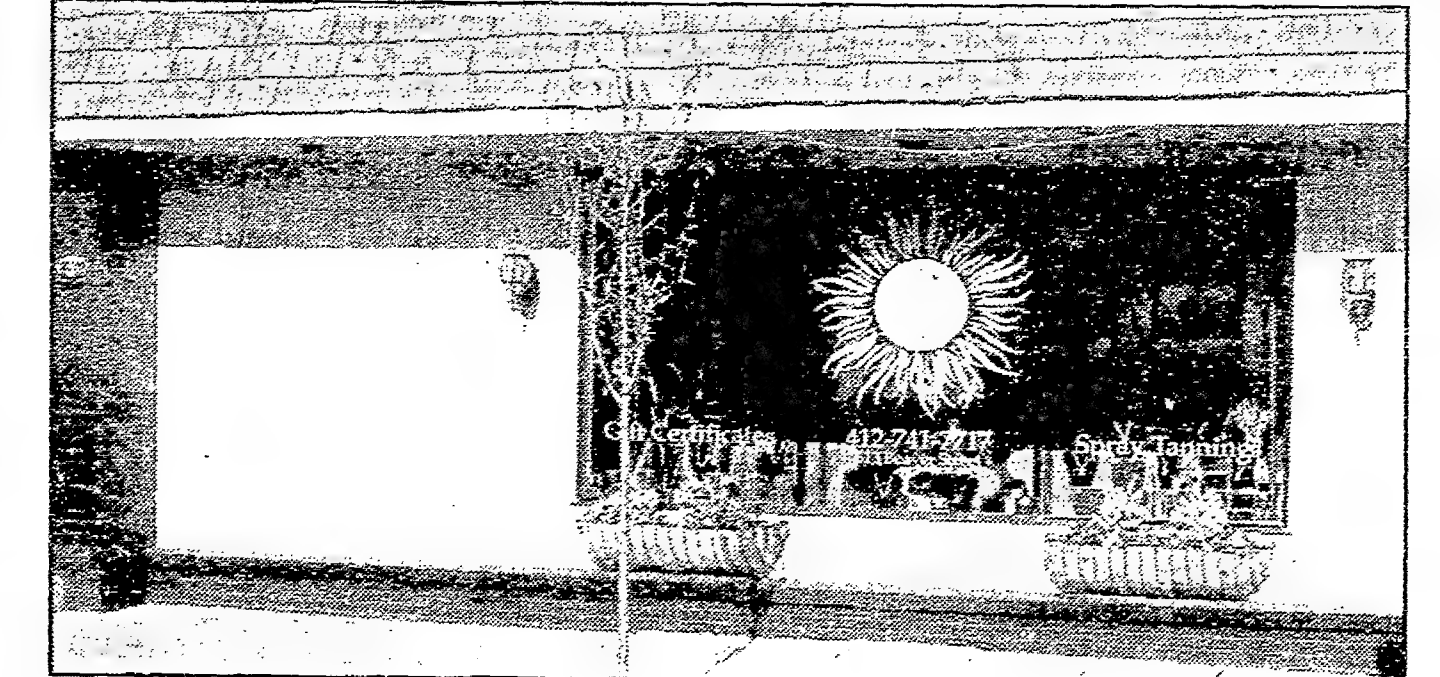
Ken and Joyce Robinson, along with sons Richard, Steve, Bryan and wife Susie, are eagerly waiting for spring to arrive. When the weather breaks, the outside comes alive with annuals, perennials, roses and more.

We carry all the items you need to plant and maintain your garden. We also have many unique items that make great gifts for that special gardener.

Upstairs in the Basket Loft, Pat and Susie always have something to help brighten your day.

Just the right mix of gifts, collectibles and baskets makes our upstairs a truly unique experience.

Best Tanning Salon



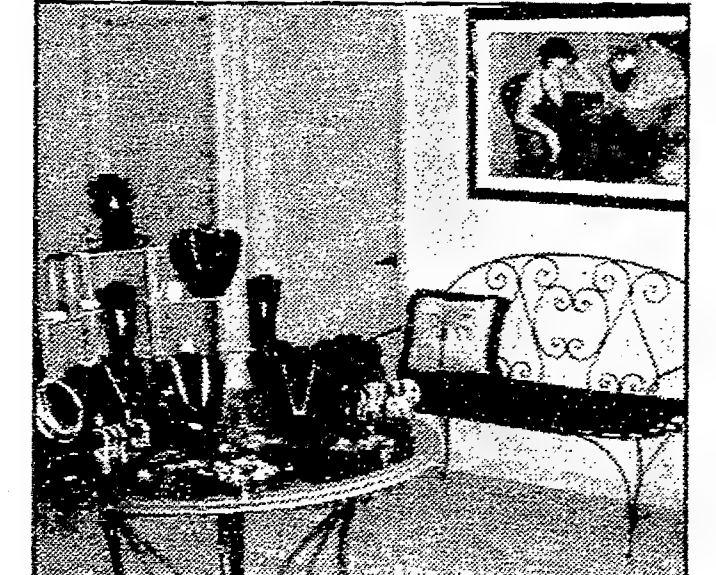
Sunlife Tanning Salon

There are tons of reasons to visit Sunlife Tanning and other "Hot" Topics.

The first that springs to mind is that you can pick how you want to get your tan. You can choose the stand-up units, or you can opt for the more traditional tanning beds.

Or, you can discover the newest alternative available: UV Free spray tanning. Each application is custom-blended for you alone, then applied by our experienced airbrush artists.

You've tried all the rest, now come get the very best. Call 412-741-7717.



Voted Best Hair Salon In Sewickley!

HAIR SYMMETRY II
Full Service Family Salon

Styling ~ CUTS ~ PERMS ~ Nails
Color - PERMANENT & SEMI-PERMANENT
Highlighting ~ Lowlighting Foiling ~ Pedicures
AND PROFESSIONAL PRODUCTS

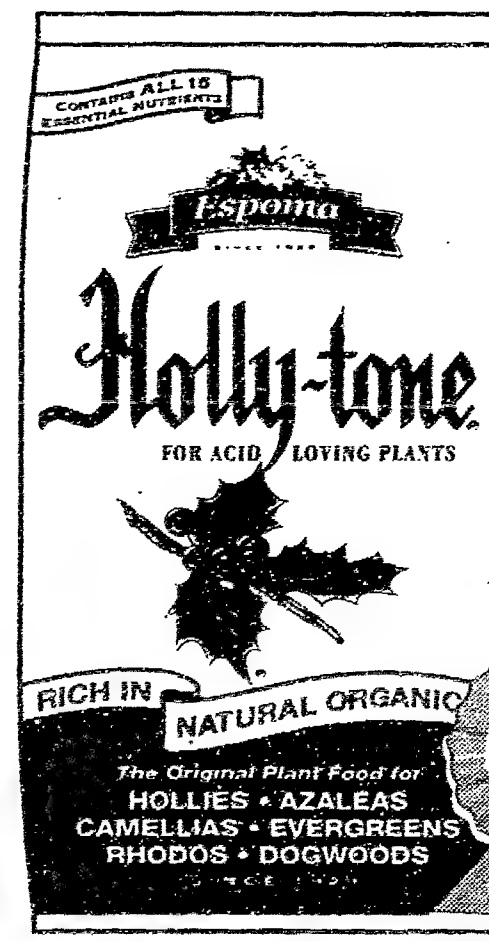
407 CHESTNUT ROAD, SEWICKLEY
MON, FRI: 9-5 ~ TUE, THURS: 9-8
SATURDAY: 8:30-3:30

412-741-9660

Precious Pets
Grooming Salon

Call To Make
An Appointment
412.741.8629
Located At
440 Division St.
In Sewickley

Thank You
For Voting Us
Best Dog Groomer
In Sewickley!

Robinson
Home & Garden
It's Time!

START FERTILIZING
ACID LOVING
PLANTS NOW WITH
ESPOMA HOLLY TONE

Our Sincerest
Thanks to Everyone
Who Voted Us
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Robinson Home & Garden and The Basket Loft
412-741-8740
527 Blackburn Ave., Sewickley

Thank You For Voting Us
BEST TANNING SALON



~ SPRING BREAK TANNING SPECIALS ~

Sick Of Winter...Need Some Sun? We've Got It!

We Also Now Offer A Large Selection Of
"DESIGNER INSPIRED" STERLING SILVER JEWELRY

BRING IN THIS AD FOR A 10% SAVINGS ON ALL
TANNING PACKAGES OR SINGLE JEWELRY ITEM
NOW THROUGH MARCH 31ST!

412.741.7717
613 BEAVER STREET ~ SEWICKLEY, PA 15143

Readers' Choice 2005

Best Deli



The Green Chef's Deli

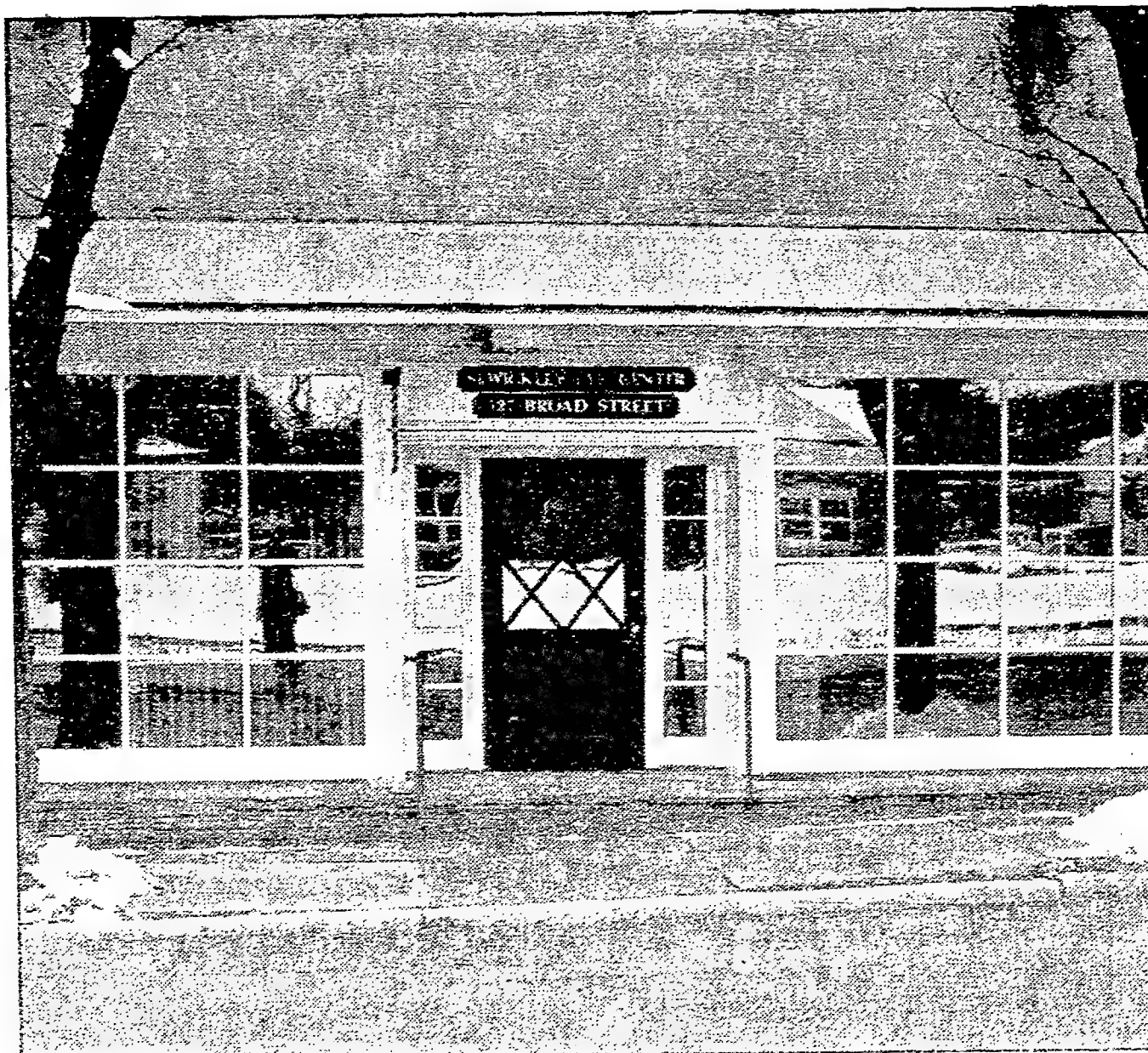
The Green Chef's Deli makes everything from scratch, using very little processed food. As a result, they create meals that are nutrient-dense and designed to promote healthy eating habits – and they taste delicious.

Menu offerings include organic take-out soups, salads, sandwiches, panini and wraps. There also is a low-carb weekly take-out menu for lunch and dinner. Dinner entrees are available along with

Applegate Farms deli meats.

Dedicated to their "Live Simply – Eat Well" motto, Green Chef's Deli has been in operation for more than two years. Last year they were honored with Readers' Choice awards for Best Deli and Best Take-Out, and in 2003 they were voted Best New Business.

Green Chef's Deli is located at 604 Washington St. For more information, call 412-749-5880.

Best Eyecare/Laser Center
Sewickley Eye GroupWorld Class
Eye Surgery
Close to Home.

"In as little as 15 minutes, today's advanced cataract and refractive surgery can change the way you see the world."

Ivan A. Baumwell, M.D. (left)
Certified by the American Board of Ophthalmology and the American Board of Eye Surgery
Member of the American Society of Cataract and Refractive Surgery

Richard A. Bowers, M.D. (center)
Certified by the American Board of Ophthalmology and the American Board of Eye Surgery
Member of the American Society of Cataract and Refractive Surgery
Cornea & Anterior Segment Surgery Fellowship, University of Minnesota

Andrew D. Krouner, M.D. (right)
Certified by the American Board of Ophthalmology
Member of the American Academy of Ophthalmology

The Sewickley Eye Group

Sewickley Eye Center
327 Broad Street
Sewickley, PA 15143
412-741-3630

Ohio Valley Eye Center
Ohio Valley General Hospital
Medical Office Building, Suite 107
Martinsburg, PA 15458
412-777-4300

Beaver Valley Eye Center
55A Beaver Street
Beaver, PA 15009
724-770-9000

606336G5RC

Readers' Choice 2005

Best Children's Boutique of West Suburbs
Monday's Child

A tradition in the Sewickley area for more than 30 years, Monday's Child is once again the winner for Best Children's Boutique in the West.

Owned by Rebekah Knight for eight years, Monday's Child specializes in carrying unique clothing and gifts for infants and children.

The store outfits girls through size 12 and boys through size seven. They have many top U.S. and European designers not found elsewhere. Some brands include Cachach, Le Top, Petit Bateau, Catimini, Plum, Sarah Louise, Sweet Potatoes, Little Mass, Corky, deux par deux and many more.

Monday's Child offers baby shower registration, monogramming and complimentary gift wrap.

Visit them for your next special occasion or special gift purchase at their 449 Beaver St. location in Sewickley or call 412-741-3630.

Best Ice Cream
Sewickley Confectionery

Sewickley Confectionery has entered its sixth year of operation.

The staff has tried many new products over that time. Some have been a success, and others have not.

The old favorites, such as ice cream cones, shakes, smoothies, sundaes, banana splits and novelties are always available.

A variety of ice cream cakes are available every day.

Custom-made cakes for your special occasion can be ordered in advance. Cakes can be customized to your needs, including your choice of ice cream, cake flavor and decorations to make your occasion special.

Sewickley Confectionery introduced gelato two years ago, and it has been a tremendous success. It's available in 12 flavors every day. The flavors are constantly changing.

If you haven't tried the gelato, stop in for a taste. We guarantee you'll be hooked.

The newest product, Ice Cream Club ice cream, will be arriving soon. Ice Cream Club is known for its extreme flavors, including Gold Mine (chocolate and French vanilla with caramel) and Snickers (peanut butter with butterscotch and Snickers candy pieces).



Jim Dioguardi, owner

As the warmer months arrive, we will keep adding more and more exotic flavors.

We're sure Ice Cream Club products will become your favorites.

Stop in and try some.
We'd love to know what you think.

Monday's Child

Thank You For Your Vote
We Appreciate Your Business

Stop In And See Our Spring
Collection's From The Best
In American And European
Designers.

Monday-Saturday: 10:00am-5:00pm
449 Beaver Street, Sewickley PA
412-741-3630

**Ahhhhh
ICE CREAM!**

Thank You
For Voting
Us **BEST
ICE CREAM**
In Sewickley!

Stop In & Try
Our **NEW
ICE CREAM CLUB
Ice Cream!**

**Sewickley
Confectionery**

600 Beaver Street, Sewickley
412.741.7075

**READER'S
CHOICE
WINNER
2005**

Readers' Choice 2005

Best Men's Store of West Suburbs



Sewickley Menswear

Sewickley Menswear has served its customers for the past year from its Nickelodeon Mall location. Their customers are pleased not only with the store's ties to its community, but also with its excellent service.

"I think a lot of the local residents like to shop conveniently, close to home," said owner Patty Koch. Koch and her partner/daughter Sheri Derrence said the customers love our location.

Sewickley Menswear provides area residents with upscale men's clothing from such designers as Tommy Bahamas, Grayson-Reade and Ping. The store also is kicking it up a notch with customer appreciation events planned for this year.

"We have the best customers," Koch said, "They stop by even just to say hello or see if we need anything. We're very lucky."

They believe in treating their customers well. They can check with their suppliers to acquire items that customers have seen in other stores, even in other cities.

Patty and Sheri also are firm believers in giving back to their community. In 2004 alone, they donated to more than 50 causes.

"We are happy to be able to help out," Sheri says. "We feel more involved, and look forward to increasing [donations] in 2005."

Best Hobby & Toy Store



Party Ants

It's fun, friendly and it's educational.

Sisters Robin and Ding Hays purchased Party Ants 10 years ago and since then, the twosome has revamped and refocused the toy and party store, turning it into a creative environment where both kids and adults can enjoy shopping for toys, games, party favors and more.

Robin brings to the store 34 years of

experience in retail, and Ding, 10 to their 424 Broad St., Sewickley location.

The sisters say their personalized service is second to none.

If they don't have what you're looking for, they'll try to help you find it elsewhere.

For more information, check out their Web site at www.partyants.com or call 412-741-1813.

Readers' Choice 2005

Best Barber

Kistler's Barber Shop

Kistler's Barber Shop is undoubtedly the best place to get a trim and get the handle of your luggage reattached. And Ross Kistler is the man who will do it all.

Kistler has been cutting hair for 11 years and working with luggage for 34. As an employee of Eastern Airlines, Kistler saw the need for a luggage repair service. He built his company, Kistler Enterprises, which repairs luggage, handbags, backpacks and many other small items. After that, the next logical step was to enroll in barber school.

"Being handy with my hands is what got me into the hair cutting business," Kistler said.

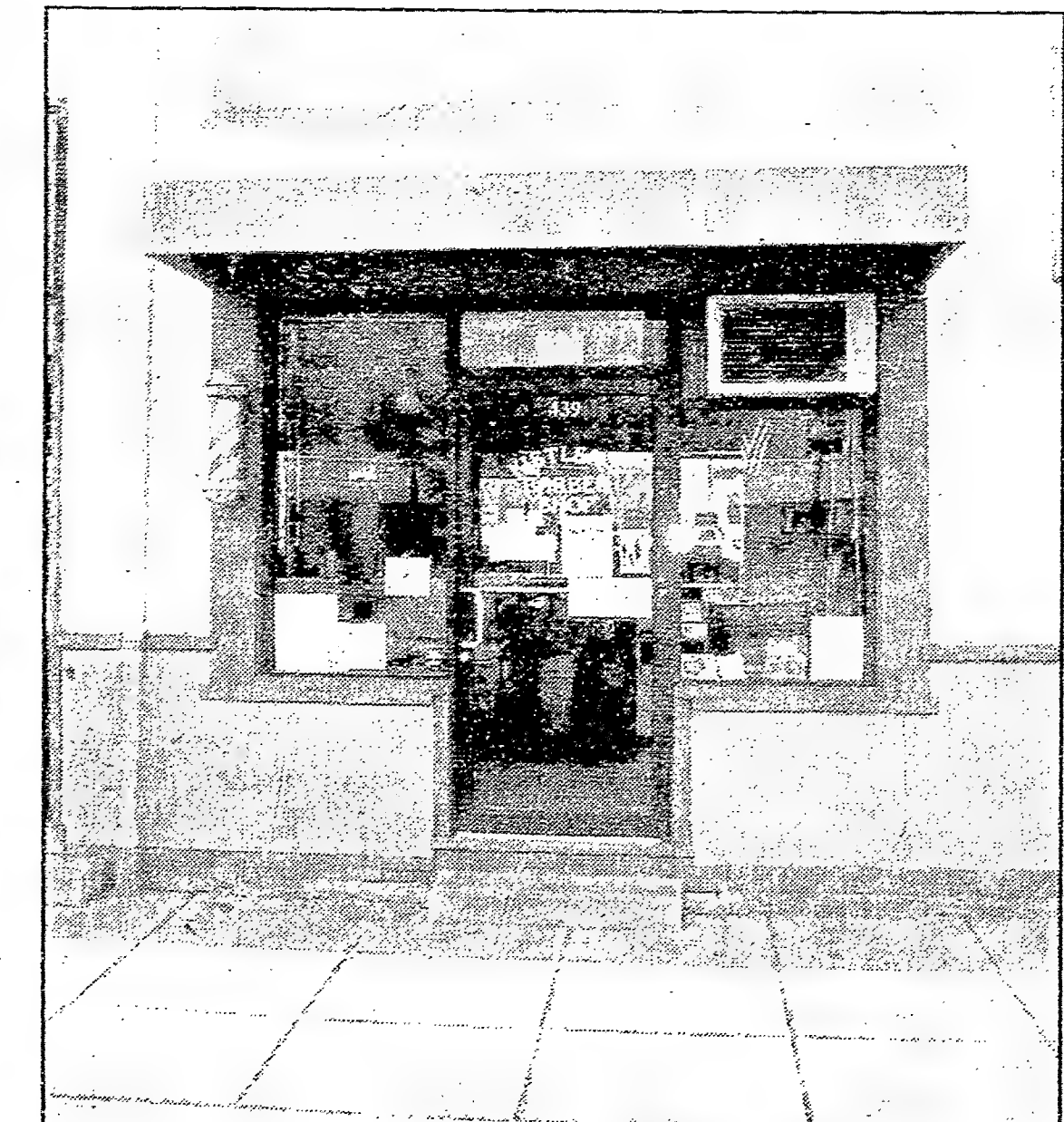
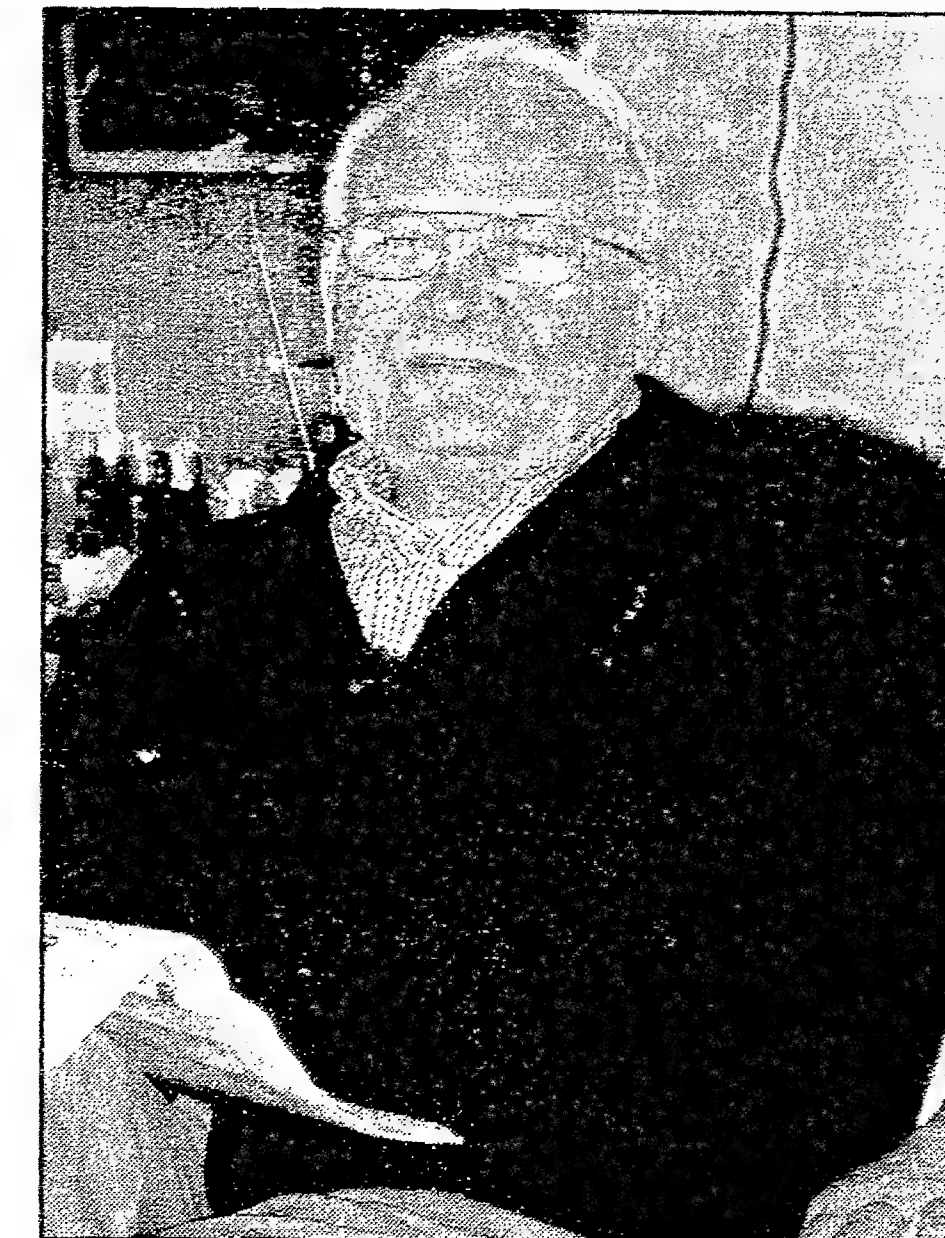
Kistler's Barber Shop was the end result. It is a full-service shop with Crew hair care products, hair cutting, luggage sales and an owner committed to customer satisfaction.

Kistler admits that his combination business is a bit unusual.

"It's the only place I know of where you can have your hair cut and have your luggage repaired. Call it 'Bangs & Bags.'"

Kistler's is located at 439 Broad St. in Sewickley.

For more information, call him at 412-749-0922.

Spring Fashions
Arriving Daily

Sewickley Menswear
Finer Men's Clothing

Great looks for the dressy
and casual male! Shop now
for selection and savings.

Thank You For Voting Us
"Best Mens Shop"
in the West Market!

431 Beaver Street, Sewickley, PA 15143
Inside Nickelodeon Mall

412-741-4348

Hours: Tues - Sat 10am - 5pm

party ants

Voted BEST Hobby
and Toy Store In
SEWICKLEY!

Thank You,
Party Ants' Customers

**WE'RE YOUR EASTER
HEADQUARTERS**

Plush Novelties, Easter Baskets to Fill, Unique Gifts
Anderson's Easter Candy, Cards & Much More!

**STOP BY AND BROWSE THROUGH OUR
EXPANDED TOY SECTION!**

424 Broad Street, Sewickley
412-741-3780

Hours of Operation: Monday thru Saturday 9:30am - 5:30pm

**The Largest
Toy Selection In
Sewickley!**

**READER'S
CHOICE
WINNER
2005**

Kistler's Barber Shop
&
Luggage Repair

- 11 years of experience in cutting hair
- 34 years of experience repairing luggage

412-749-0922
439 Broad Street • Beaver

Hours:
Tues.-Fri. 9 a.m. - 5:30 p.m.
Sat. 8:30 a.m. - 3:00 p.m.



Thanks to all my customers for your continued support.

**Voted #1
Barber Shop
in
Sewickley!**

Readers' Choice 2005

Best Dance Studio

Sewickley School of Performing Arts

Readers have chosen Sewickley School of Performing Arts as Best Dance Studio for the second consecutive year.

The school is proud of its expanding curriculum and high-quality, progressive performing arts staff.

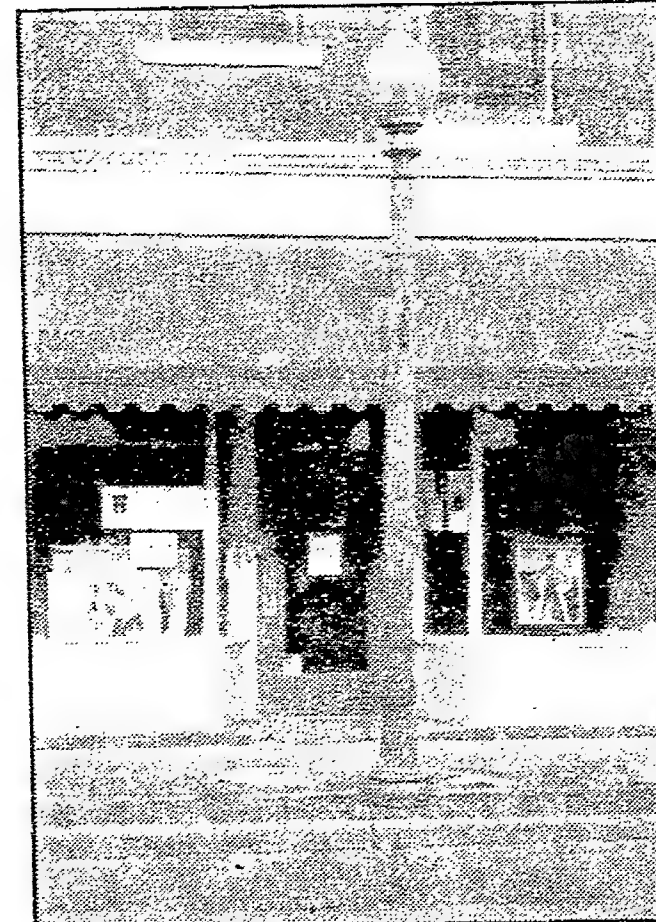
This summer, the school will offer several exciting and innovative mini-camps for performers age 9 and older. Previous experience is not required.

"Strength and Stretch" will appeal to anyone who wants to get in shape and increase flexibility. "Exotic Dancing" explores styles from different cultures, like Eastern European dance, African Dunham technique and belly dancing.

Tricia Simmons will be back from Los Angeles to teach "From Stage to Screen" with our very own Karen Prunzik, which will focus on musical theater and acting for the camera. "Dance, Dance, Dance" is the perfect experience for the dance enthusiast of any level in ballet, tap, jazz and hip-hop.

Sewickley School of Performing Arts encourages new students to stop in and get more information on any or all of the new mini-camps.

The school is committed to the belief



that the performing arts cultivate and improve self-confidence, poise and perseverance. Therefore, the school welcomes children to share the passion, challenge and beauty of the arts this summer.

Best Realty Company

Howard Hanna Real Estate



Sewickley School Of Performing Arts

05 Summer Mini Camps

Dance, Dance, Dance
June 20th - July 1st

Stretch & Strength
July 5th - July 8th

Exotic Dance
July 11th - July 15th

From Stage to Screen
July 10th - July 29th

Classes For
Preschool Students

Call to register:
(412) 741.6577
SewickleyPerformingArts.org



Helping Your Family Find The PERFECT HOME

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FOR YOUR
VOTE AND
CONTINUED
BUSINESS.



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ONLY
FULL-SERVICE
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CHRISTIE'S
GREAT ESTATES



Readers' Choice 2005

Best New Business



Spoiled Chics-The Boutique

In 2002, after a serious shopping spree in Texas, sisters Carina Perrone and Cora DeLoia sat around "oohing over their treasures." They conceived the idea to start a home party business. For a time, they hosted 3-4 home parties a week, booked 4-6 months in advance.

Last year the sisters opened Spoiled Chics-The Boutique. Now, any spoiled chic can host an in-store party, and receive a percentage of the sales in merchandise credit.

Their boutique offers jewelry, handbags and accessories for sophisticated, yet edgy tastes, at all pricepoints.

DeLoia and Perrone travel to Atlanta and New York City twice a year to find unique merchandise priced competitively.

Which means the items found at Spoiled Chics won't show up on someone else at a party, and they won't break the bank.

Stop in and see their entire line of "Haute Stuff for Cool Chics"!

Best Chinese Restaurant of West Suburbs
& Best Takeout
China Palace

Doris Chen, owner of China Palace

Spoiled Chics the Boutique **Customer Appreciation Day**

Sat., March 19th
15% Off Total Purchase

Join Us For A Landscape Of Decadent Desserts by Pampered Chef

350-1/2 Beaver Street, Sewickley
412.741.0977
www.spoiledchics.com

China Palace Chinese Restaurant

Where Excellence Is Always On The Menu!

We Would Like To Thank The Readers Of The Sewickley Herald For Voting Us Best Chinese Restaurant & Best Take Out

COME IN AND TRY OUR TRADITIONAL CHINESE DISHES (Ask for details)

409 Broad Street, Sewickley
412-749-RICE (7423)

Mon-Thurs: 11:30-9:30pm, Fri & Sat: 11:30-10:30pm, Sun: 11:30-9:00pm

Readers' Choice 2005

Best Car Wash of West Suburbs Duke of Bubbles

The Duke of Bubbles Car Wash has been serving Robinson Township and the surrounding communities with quality car washes since 1982.

Family owned and operated, its goal has always been 100 percent customer satisfaction.

Owners Nick and Helen Bonaros realize that today's vehicles are investments. Duke of Bubbles features state-of-the-art computerized equipment.

Manager Gary Mills and equipment technician Dave Brazen have been working with the Nick and Helen since the car wash opened. They strive to maintain the equipment at 100 percent peak efficiency while keeping in mind the importance of the customers' needs.

Duke of Bubbles Car Wash is more than just a family business, it is a landmark in the community.

Over the past 22 years, more than 1,200,000 vehicles have gone through its wash tunnel. Because of the business' success, the Nick and Helen feel it is important to give back to the community.

Being viewed as a leader in the community is just as important as providing quality service.

The Duke has donated thousands of

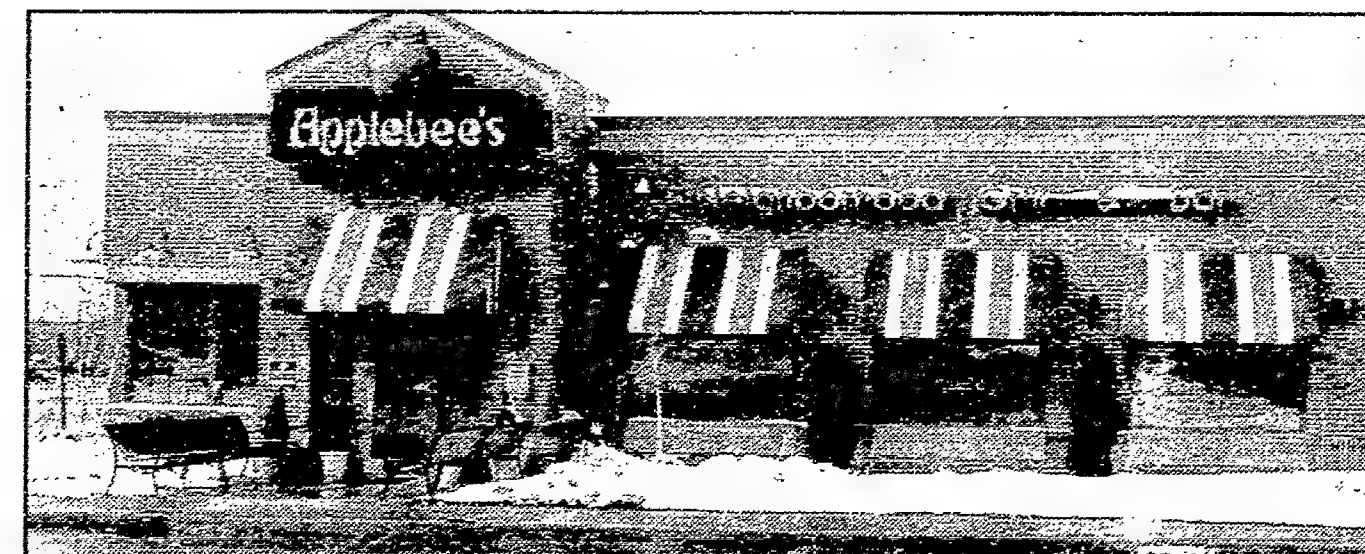


dollars to local organizations and its fund-raising efforts have aided many in achieving their goals.

Nick and Helen believe that the more successful local organizations become, the stronger the community becomes, solidifying family values and allowing us to grow morally and spiritually.

The Duke of Bubbles Car Wash wants to thank its local patrons for their confidence and support and will continue operating at the highest level of quality possible.

Best Healthy Menu of West Suburbs



Applebee's

Applebee's Neighborhood Grill and Bar in Robinson Township thanks the readers of Gateway Newspapers for voting them the Best Healthy Menu in the Western Suburbs.

In May, 2004, Applebee's Neighborhood Grill and Bar introduced 10 Weight Watchers menu selections to their guests in each of its 1,600+ restaurants nationwide, including the 13 located right here in the Greater Pittsburgh area.

The Weight Watchers items include appetizers, entrees and desserts.

Two years ago, Applebee's made a commitment to improve their healthy fare offerings and decided to partner with the premiere brand in weight-loss manage-

ment.

In 2003, Applebee's announced a multi-year agreement with Weight Watchers, the very first partnering of a weight-loss program and major national restaurant chain.

You can try the Weight Watchers menu items at all of the 13 Greater Pittsburgh area locations. All of the items, as well as Applebee's full menu, are available for dine-in or can be ordered for take-out using their car-side service. With Carside service all you do is call in your order to your local Applebee's, pull into a designated parking spot and one of their Carside Specialists brings your order right out to your car.

**Thank You For Voting Us
BEST HEALTHY MENU
In The Western Suburbs**

**You Call It In.
We Bring It Out.**

**6570 Rt. 60 • Steubenville Pike • Robinson Township
412.494.9331**

In Town or Out of Town...
You're always at home at Applebee's Neighborhood Grill & Bar

- Outstanding Appetizers, Specialty Salads, Burgers, Sandwiches, Our Famous Riblets, Steaks, Chicken & More
- Full To-Go and Kid's Menu
- Late Night Happy Hour Specials

2005

- Greentree
- North Hills
- Edgewood
- West Mifflin
- Peters Township
- Johnstown
- Penn Center
- Altoona
- Morgantown
- Washington
- Cranberry Township
- State College

*Eatin' Good
in the Neighborhood*

**DUKE OF BUBBLES
-CAR WASH-**

5703 STEUBENVILLE PIKE - ROBINSON TOWNSHIP - 412-787-2455

**High Pressure - Soft Cloth
HOURS**

Monday-Friday	8:00am - 8:00pm
Saturday-Sunday	8:00am - 6:00pm

Weather Permitting

-EXTRA SERVICES AVAILABLE-

CLEAR COAT - RUST INHIBITOR
UNDERCARRIAGE WASH - WHEEL BRIGHTENER
SELF-SERVICE VACUUMS

*We would like to thank everyone who voted us
BEST CAR WASH in the Western Suburbs!*

**DUKE OF BUBBLES
THE DUKE'S EXPRESS WASH**

All Day-Everyday

\$6.00

Not Valid With Any Other Offers
Weather Permitting. Offer Expires 4/15/05
(No Open Bed Trucks)

\$8.00 Value
Upgrade to Majestic Wash
for \$5.00 Extra

Readers' Choice 2005

Best Funeral Home



Kristian M. Hughes

Richard Cole Funeral Home

As we accept the "Best Funeral Home" award, we are pleased to announce the addition to our staff of Kristian M. Hughes as licensed funeral director.

Kris is the son of Cole Funeral Home supervisor James T. Hughes and his wife

Dee, and the fiancée of Cole Funeral Home funeral director Kellie Tsouris.

Cole Funeral Home is located at 328 Beaver St., Sewickley.

Please stop in to meet Jim, Kellie and Kris.

Best Nail Salon Esthetics of Sewickley

Karen Krall, owner of Esthetics of Sewickley, is proud, but not surprised her salon was voted Best Nails in the 2005 Readers' Choice balloting.

"We've been told this for many years by people who have had their nails and pedicures done in many places all over the world," Krall says.

She credits this honor to the high standards and quality of work performed consistently by her staff, all of whom are licensed in both skin and nails. The staff's combined work experience is nearly 35 years.

All the nail services at Esthetics get rave reviews, but especially the pedicures. Danne' cosmeceutical products, which do not resemble conventional therapies, are used. These products include a special crème to soften calluses before removal and a maximum moisturizer made from avocado hearts.

For specialty needs, Esthetics has Prozyme for hardened, callused feet.

Also offered are creative pedicures using chocolate, cucumber or regular paraffin.

The "ultimate" pedicure includes a masque, exfoliation and moisturizer.

A hot stone massage can be added to any pedicure.

Esthetics wants to thank its clients for



taking the time to vote.

Check out the Web site at www.estheticsofsewickley.com for more information and to find out about specials.

Richard D. Cole Funeral Home, Inc.



**Voted Best Funeral Home
in Sewickley by
The Readers of
The Sewickley Herald**

Thanks again to all that have voted to give us this award. This is our eighth such award and we will continue to maintain the highest level of professionalism for our community.

The licensed funeral directors listed in our ads are the same professionals who serve our families. Ask only for a licensed funeral director when your family requires a funeral home's services.

**James T. Hughes, Supervisor
Kellie Tsouris, Funeral Director
Kristian M. Hughes, Funeral Director**

328 Beaver Street, Sewickley, PA

412-741-4334

ESTHETICS OF SEWICKLEY

Relaxation With Results

TO ALL OF OUR CUSTOMERS WHO VOTED US
BEST NAIL SALON

Thank You

**PEDICURES
(A la Carte)
\$35.00**
~Upgrades Available~

~ Call Or Visit Our Website For More Information And Specials ~

**402 Beaver Street
412-741-0446
www.estheticsofsewickley.com**

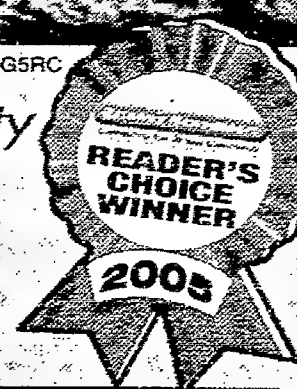
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|---|--|---|---|--|
| <ul style="list-style-type: none"> • Chinese Restaurant
China Palace • Italian Restaurant
Mario's Family Italian Restaurant • Mexican Restaurant
Don Pablos - North Fayette • Ethnic Food
Little Athens • Romantic Restaurant
Hyeholde Restaurant • Seafood Restaurant
Robinson Red Lobster • Family Restaurant
Juliano's • Healthy Menu
Applebee's • Steak
Outback Steakhouse-Moon Twp. • Ribs
Smokey Bones - Robinson #7526 | <ul style="list-style-type: none"> • Caterer
All Occasion Catering, Inc. • Banquet Facility
Celebrations & More • Family Entertainment
North Park Clubhouse • Golf Course
Bon Air Golf Course • Golf Driving Range
Scully's Golf Center • Pet Store
West Hills Pet Center • Furniture Store
Roomful Express • Carpet/Flooring
Rusmur Floors • Computer Sales/Service
CompUSA • Music/Instrument Store
Volkwein's | <ul style="list-style-type: none"> • Frame Shop
Sewickley Gallery & Frame Shop • Ladies Boutique
SoHo of Sewickley • Men's Store
Sewickley Menswear • Childrens Boutique
Monday's Child • Shoe Store
DSW • Bridal Shop
David's Bridal • Tuxedo Rental
American Commodore Tuxedo-Robinson • Photographer
Studio TEN • Cigar Shop
El Fumador Cigars, Pipes & Tobacco • Bank/Credit Union
Clearview Federal Credit Union | <ul style="list-style-type: none"> • Attorney
Richard Brandt • Mortgage Broker
Three Rivers Mortgage • Accountant
Kemplers Taxes & Accounting • Insurance Agency
Anthony J. Colosimo • Hospital
Sewickley Hospital • Home Remodeler
Lowe's Home Improvement Center • Carpet Cleaner
Airport Chem-Dry • Landscaper
Suburban Landscape & Floral Shop • Electrician
R. Bruce Williamson, Inc. • Plumber/HVAC
Jim Meyers Plumbing | <ul style="list-style-type: none"> • Hardware Store
Coraopolis True Value Hardware • Appliance Store
K & N Sales • Tire Store
Best Deal Tire Center • R.V. Center
Unger Recreation Vehicles Inc. • Car Wash
Duke of Bubbles • Travel Agency
Greater Pittsburgh Travel • Interior Designer
Rebecca Roma • Antique Shop
Sewickley Traditions • Video Store
Instant Replay Video • Cell Phone Store
Verizon - Robinson Twp. |
|---|--|---|---|--|



Best Pet Store of the West Suburbs

West Hills Pet Center

West Hills Pet Center, located at 925 Broadhead Road in Moon Township, has grown to handle more than 10 times its original volume since opening in 1995.

It carries supplies for dogs, cats, freshwater fish, saltwater fish, birds, reptiles, ponds, small animals from mice to rabbits and ferrets.

It also has cages for all of the available animals and a wide selection of the above animals, with the exception of puppies.

West Hills Pet Center is owned by Sally Gran, who also is the store's dog groomer and is managed by her husband Randy Gran.

Kari and Lindsey, their children, are store employees who have been working at West Hills Pet Center for nearly 10 years.

Sally has been grooming for more than 18 years and has been awarded "best groomer" by the Readers' Choice Awards every year since the program's inaugural year.

Randy has owned or managed

numerous businesses over his 30 year career and has a great drive to constantly grow, improve and provide excellent customer service.

Kari, Lindsey and staff new-comer Maryann are knowledgeable staff members able help patrons setting up and pick the right pet.

Despite a tough economy, the center's decision to stop selling puppies and countless residents being hit with layoffs and flooding, local support carried the establishment through 2004.

West Hills Pet Center would like to thank the community for its support and at the same time is optimistic about what the future holds.

It is in the process of installing a 1,400-gallon saltwater display for sharks and other marine fish.

It recently became a dealer of up to 10,000-gallon Tenecor acrylic aquariums. It has installed new reptile cases and started a pet club.

Call the store at 412-262-2220.



Celebrate Spring At REILLY'S GARDEN CENTER

At Summer Seat Farms

Thanks to all the readers of the Sewickley Herald for voting us "The Best"



We appreciate the fact that you thought of us during that long, harsh winter. Reilly's will re-open for Spring on March 24th, and we have greenhouses filled with new and exciting plants. Our knowledgeable staff is ready to help you create a garden paradise. Our beautiful annual and perennial plants, fabulous trees and shrubs, and garden products and accessories are sure to please!

Easter Egg Hunt Fri., March 25;
Sat., March 26
Strawberry Blossom Tours
May 3rd through 24th
Pick-Your-Own-Strawberries
Raspberries & Pumpkins
Sweet Corn & Vegetables All Summer

PLUS, Our Fabulous Fall Festival
For directions or more information, call
412-364-8270 or 8662

Garden Center
Opens March 24th

1120 Roosevelt Road
Mt. Nebo/North Hills Area
412-364-8662

www.reillysummerseatfarm.com



Best Farm Market

Reilly's Summer Seat Farm & Garden Center

It's a garden center that is like no other. Not many others, if any at all, can boast of acres of strawberries, raspberries or pumpkins. Not many others can say they actually look like a garden or own a petting zoo.

The difference began with owner Mike Reilly, who grew up on the farm and has his degree in agriculture. Reilly, also an officer in the USMC, has a passion for creating beauty, and his farm is filled with an unusual wonder that can only be experienced by going for a visit.

For his garden center, Reilly takes great pains to bring customers new and unusual flowers, plants, shrubs and trees. It's a wide array that customers would have trouble finding elsewhere.

The Reillys also offer a host of community events. This past year they sponsored an Easter egg hunt that they plan to repeat. Some other fun events to keep in mind are The Blossom Time Tours in May, where school groups can take a tour of the blooming strawberries and visit the newborn animals.

Don't miss their other exciting events like the U-pick pumpkin event in October with hayrides and more.

You can find out about these special



occasions by subscribing to their monthly newsletter.

Create the garden of your dreams and experience the atmosphere at the Reilly's Summer Seat Farm located at 1120 Roosevelt Road. Call 412-364-8662 or visit www.reillysummerseatfarm.com.

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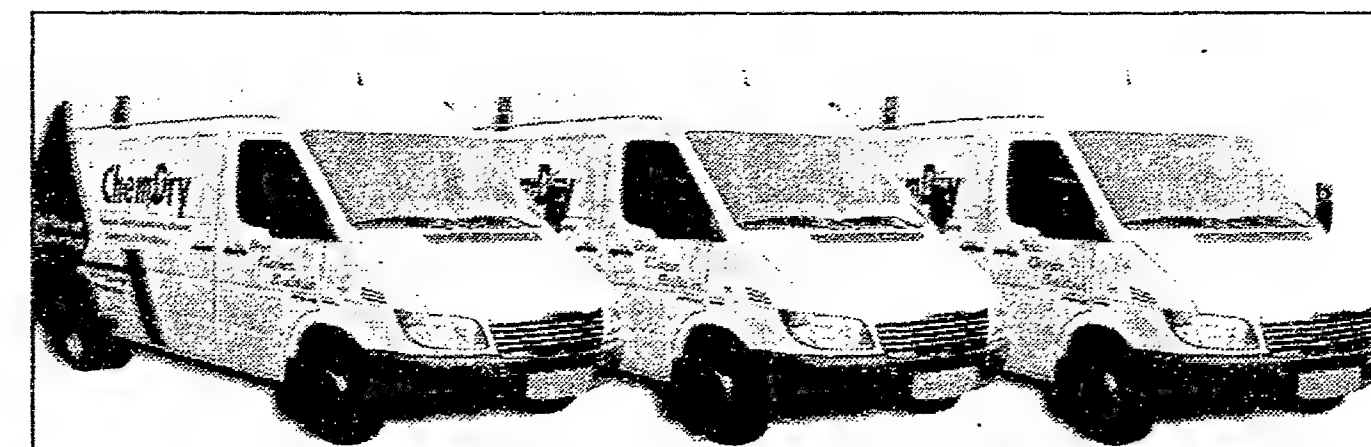


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Readers' Choice 2005

Best Carpet Cleaner of West Suburbs Airport Chem-Dry



We would like to take the opportunity to introduce ourselves.

We are Airport Chem-Dry Carpet and Upholstery Cleaning. We are a family owned and operated business that has been serving residential and commercial cleaning needs in the Allegheny, Beaver and Butler areas for the past 12 years.

We use the Chem-Dry method of cleaning which is very safe and effective and it allows us to clean carpets and upholstery without the use of steam and shampoo.

Our clientele consists of satisfied, new and repeat residential and commercial customers.

We aim for customer satisfaction, so we work nights and weekends to suit your needs. Our experienced technicians

are able to care for your cleaning needs in a thorough and conscientious manner.

Each employee has several years experience working with the Chem-Dry process, and takes personal interest in the fine tuned details of carpet and upholstery cleaning.

We give our customers the benefit of new technology for carpet cleaning that has never been available until now. It is called the Hot Carbonating Extraction System and only Chem-Dry has the patent for this revolutionary new cleaning process.

Other carpet cleaning systems utilize old technology invented 25 years ago.

Call us today at 412-262-2234 to find out more about our process and to get your free estimate.

would like to:
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For voting us "Best Carpet Cleaner"
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It is people like you who help make our business successful. As a token of our appreciation, we would like to offer you the following:

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Readers' Choice 2005

Best Italian Restaurant of West Suburbs



WAITING FOR you at Mario's are, (from left) Allen Pifer, chef; Dan Mangine co-owner and GM; and Tim Knoll executive chef.

Mario's Italian Restaurant

What do you call a place with 34 years of experience, a three-star rating by the Pittsburgh Post Gazette and seven Gateway Readers' Choice Awards?

Mario's Family Italian Restaurant.

Voted Best Italian Restaurant this year for the fifth time, Mario's has also been voted Best Family Business and Best Steaks in the past. Mario's is a touch of Italy in Moon Township.

If you have not taken it upon yourself to enjoy dining at Mario's, you need to put that on your to-do list.

Mario's welcomes reservations, walk-ins and carry out.

They offer customers scrumptious and exciting Italian dishes and daily specials, with modest prices and a relaxing atmosphere.

Authentic Italian cuisine includes homemade recipes cooked to order with the finest ingredients. Mario's will accommodate any special diet needs, whether it

is low carb, vegetarian, etc.

Customers can also bring Mario's famous sauces to their own dinner table, along with any entrée, with their carry-out service.

Mario's also features a bambino menu for their younger customers.

They also offer a proven selection of wine and spirits.

The result of Mario's expansion in 1999 has been an increase in special occasion dinners, and a banquet room is available. The expertise of the staff ensures that a party's request will be met.

Mario's welcomes rehearsal, anniversary, birthday, graduation and business dinners. Whether you are in state or out of state, the staff will work to plan the perfect event, ensuring that the special dinner will be one all guests will remember.

Mario's thanks all their customers for their patronage, and they look forward to serving both familiar faces and new faces.

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Mario's is perfect for rehearsal, anniversary, birthday, graduation & business dinners. For that special occasion dinner or party Mario's is here to serve you!

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Readers' Choice 2005

Best Interior Designer of West Suburbs Rebecca Roma & Associates

"I pamper my clients."
What more do you need to hear from an interior designer?

Rebecca Roma promises just that from her company, Rebecca Roma and Associates.

After leaving The Choir Loft in Verona in 1991, Roma started her company with the goal of giving her clients the very best in products and design.

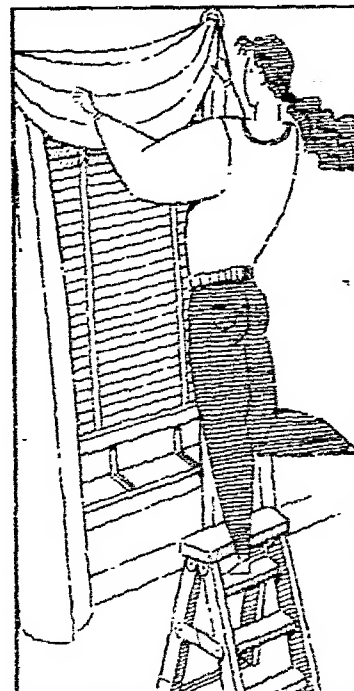
The company offers full-service interior design and space planning, furniture, carpet, wall coverings, window coverings, accessories and expert advice.



Roma has a bachelor's degree in art history.

It's her combination of knowledge and dedication to customer satisfaction that makes her business the best.

If it's time to give your old and dreary interior a spring makeover, call Roma for more information at 412-741-8680.



Best Hamburger of West Suburbs Fatburger

Fatburger has been serving fresh, made-to-order hamburgers, fries, onion rings and milk shakes for more than 50 years. Founded in 1952, the popular West Coast-based restaurant chain now is expanding its operations across the country.

Their first location in this market opened in Robinson last May and the company plans to open five to 10 more locations over the next several years. J&R Enterprises is Fatburger's franchisee in western Pennsylvania and northern West Virginia.

Fatburger, "The Last Great Hamburger Stand," offers a quick, casual dining experience in a fun, clean environment with continuous music and videos.

All food is fresh and made-to-order - better than fast food and quicker than full-service dining.

The menu includes delicious, thick, juicy made-to-order hamburgers, turkey burgers, grilled chicken sandwiches, fat fries, onion rings made from real onions, shakes made with hand-scooped real ice cream, great tasting chili and chili dogs, and more choices in condiments than most people have on their menus.

Fatburger has been honored with the Airport Corridor Transportation Association 2005 Improving Job Access Award.



The restaurant is located at 6535 Robinson Centre Drive, across from the Mall at Robinson. For more information, call 412-809-9003 or visit www.best-burgers.com.

Order a Sandwich and get a Regular Size Drink and Fries on us!

Offer good thru April 30, 2005 (Monday - Thursday Only)
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Readers' Choice 2005

Best Bank/Credit Union of West Suburbs

Clearview Federal Credit Union

Since opening its doors for the first time in 1953, Clearview Federal Credit Union has operated with one goal in mind - member service.

Helping members make the most of their finances has helped Clearview grow from a small financial institution to Southwestern Pennsylvania's largest credit union.

For more than 52 years, Clearview members have taken advantage of a wide range of financial products and services designed especially for them.

After joining Clearview, people soon realize the advantages of being a credit union member.

As a not-for-profit financial institution, money that is available after paying expenses and setting aside for reserves is returned to Clearview members in the form of higher savings rates, lower loan rates, and reduced or eliminated fees on services.

Clearview members also have a vote in the election of its volunteer Board of Directors, thereby having a voice on issues that affect the

Credit Union.

Since there are no stockholders, the members who save and borrow money at Clearview are the actual owners of the Credit Union.

Members can take advantage of many products and services ranging from informative seminars and member scholarships to mortgage loans, VISA credit cards and checking accounts.

Membership in Clearview is now open to people who live, work, worship, attend school or volunteer in the Southwestern Pennsylvania Community, which includes Allegheny, Armstrong, Beaver, Butler, Fayette, Greene, Indiana, Lawrence, Washington and Westmoreland counties.

Membership is also open to immediate family members (spouse, parent, child, sibling, grandparent, or grandchild) and household members of a current Clearview member.

For more information, call Clearview today at (412) 269-3011 or visit our Web site at www.clearviewfcu.org.



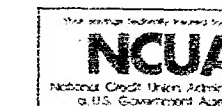
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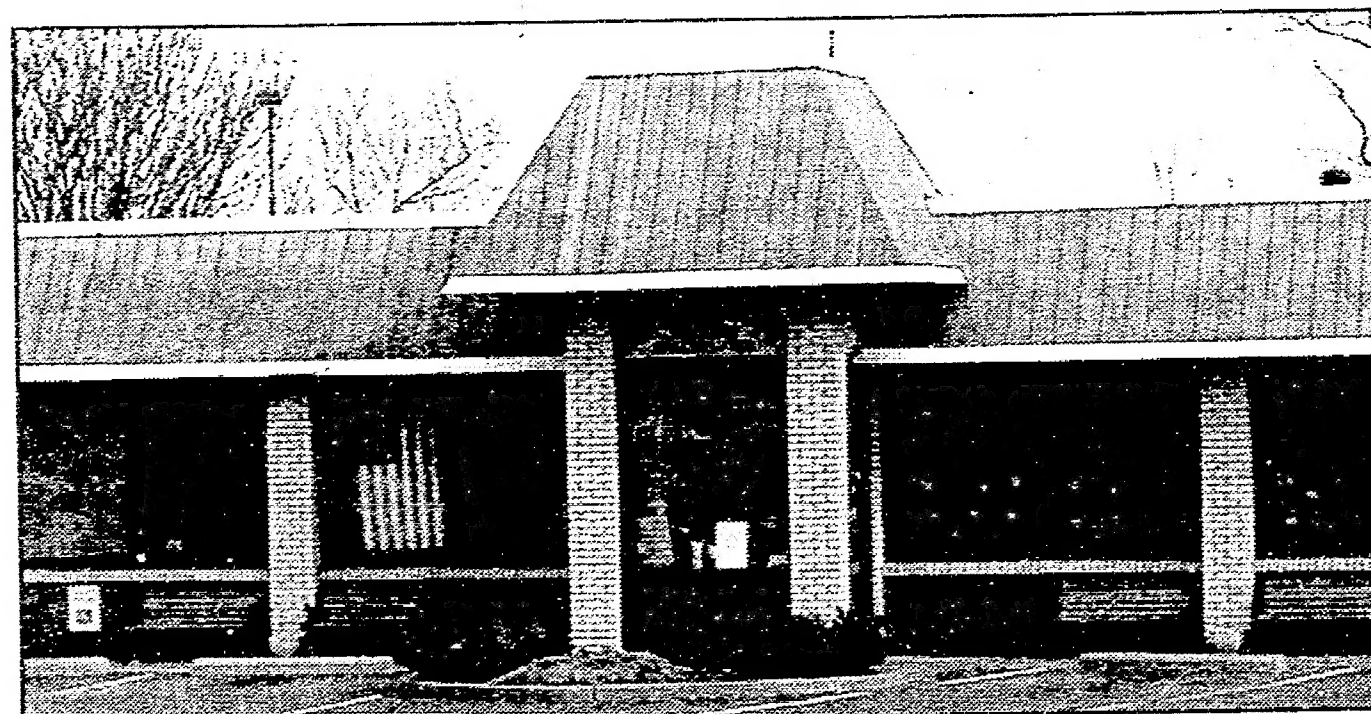
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Readers' Choice 2005

Best Family Restaurant of West Suburbs



Juliano's

The only restaurant in Pittsburgh and Allegheny County boasting both local and national pizza/pasta awards, it's no small wonder that eager pizza fans have voted Juliano's this year's winner for best take-out.

In business since 1978, Juliano's, located at 5476 Steubenville Pike, is owned by the Scalise family and offers customers homemade pizza, calzones, pastas, wings and sandwiches.

Juliano's pizza dough and sauce is made fresh two to three times daily.

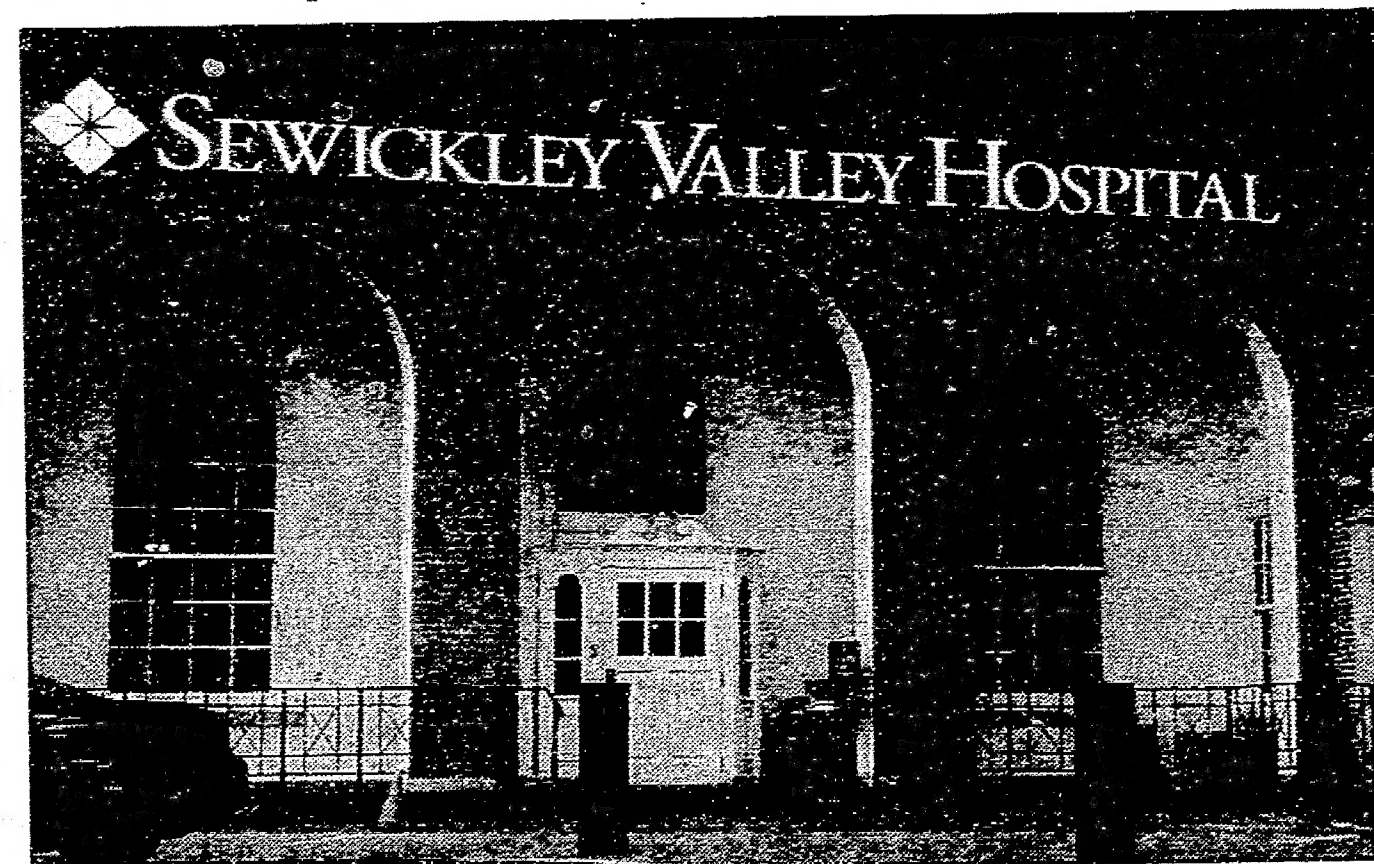
Not only has Juliano's won awards for best pizza, it has won them for excellence in food safety, too.

Juliano's 40+ employees love them as well. The restaurant has only a 5 percent annual turnover — the lowest in the business.

Don't forget, Juliano's caters office parties, baptisms and showers. Not only that, Juliano's has earned rave reviews.

Get in contact with Juliano's today at 412-787-2959.

Best Hospital of West Suburbs



Heritage Valley Health System

Sewickley Valley Hospital is a member of Heritage Valley Health System, which provides comprehensive health care for residents of Allegheny, Beaver, Butler and Lawrence counties, in Pennsylvania; eastern Ohio; and the panhandle of West Virginia.

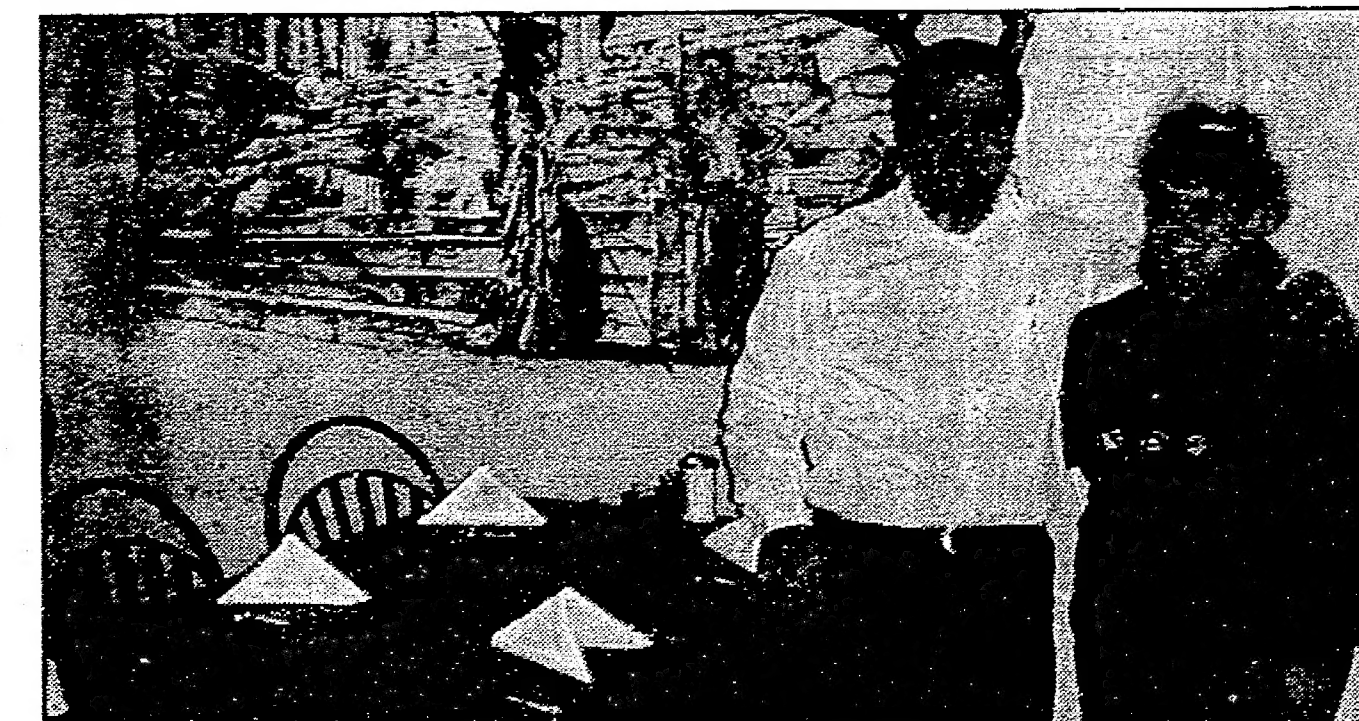
In partnership with more than 500 physicians, Heritage Valley offers a broad

range of medical, surgical and diagnostic services at its two hospitals, The Medical Center, Beaver, and Sewickley Valley Hospital; in physician offices; and in community satellite facilities.

Additional information about Heritage Valley Health System is available online at www.heritagevalley.org.

Readers' Choice 2005

Best Ethnic Restaurant of West Suburbs



Little Athens

Did you love "My Big Fat Greek Wedding"?

The popular movie brought a lot of familiarity with Greek customs and made us all hungry during the lavish food scenes. Well, it's time to stop being envious and give Greek a try at Little Athens.

Opened five years ago by Vasilis and Lori Kontoulis, Little Athens wants to give everyone the chance to experience the best authentic Greek food in western Pennsylvania.

Little Athens offers breakfast with deli-

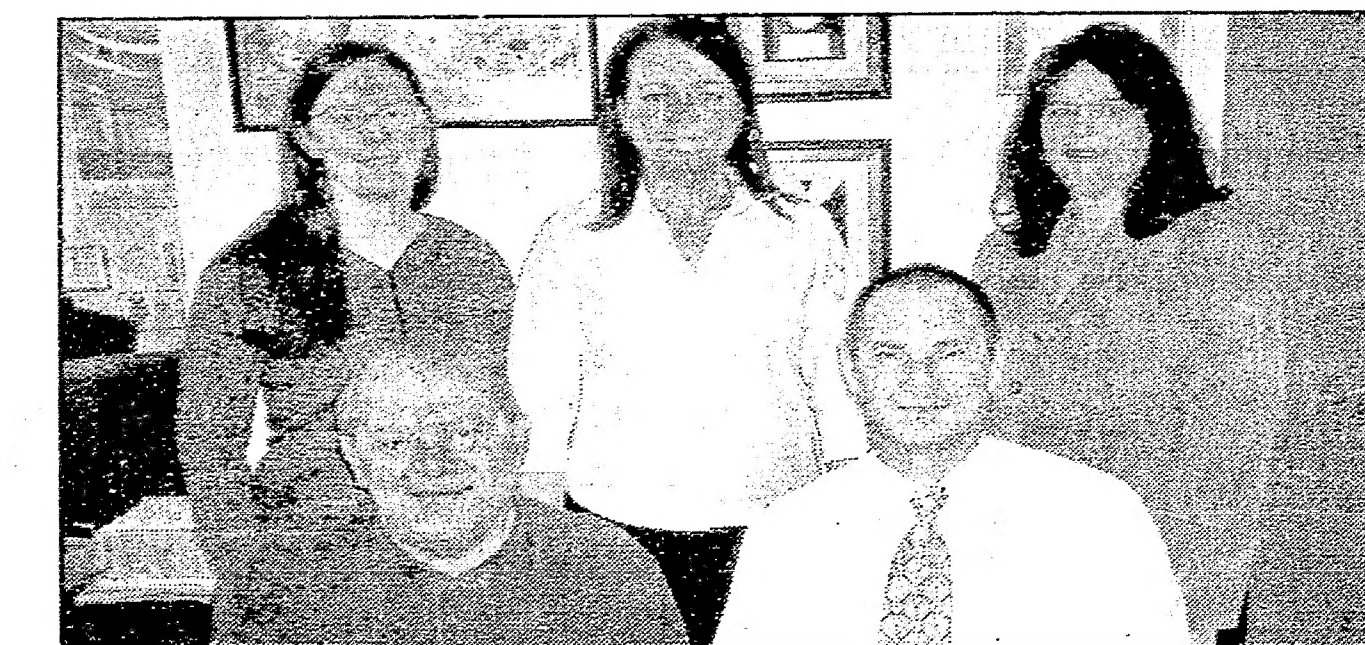
cious Greek pastries, lunch, dinner, a full service bar and entertainment every Wednesday, Friday and Saturday.

In fact, once a month on Greek night, the Kontoulises bring in a belly dancer to dance the night away.

Make yourself feel at home at Little Athens located at 518 Locust Place in Sewickley or call 412-741-1230 for more information.

The Kontoulises claim, "We truly are your big fat Greek family."

Best Travel Agency of West Suburbs



Greater Pittsburgh Travel

Established in 1986 by owner Tom Diecks, Greater Pittsburgh Travel is about to celebrate 19 years in business.

Offering all types of vacation packages and planning, as well as honeymoons, Greater Pittsburgh Travel also provides excellent corporate travel management.

In addition, the agency has a group department that specializes in sports groups, such as Pittsburgh Steelers packages.

The group department also provides discount groups for Las Vegas, as well as family vacations to the Caribbean.

Greater Pittsburgh Travel has a highly trained and experienced staff that have

been awarded many individual certifications, as well as office-wide awards. The travel counselors also take personal pride and care with each client's travel arrangements.

"People make the difference in business, and our staff is the reason we won this award, and have been able to withstand all of the challenges that come in the travel industry," says Diecks.

Greater Pittsburgh Travel is located at 1800 Pine Hollow Road in McKees Rocks. For more information, call 412-331-2244 or visit the website at www.greaterpittsburghtravel.com.

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Readers' Choice 2005

Best Day Spa

Sewickley Spa

It is hard to imagine a few short years ago, no one in America knew what the term "day spa" meant. There were beauty shops and barber shops. The more elegant term, "salon," became chic in the 1980s.

What set salons apart from shops was an invitation to be part of an elegant, new movement. We have elevated our thinking again. To be part of the day spa scene has become an appealing and comfortable invitation to most self-preservationists.

What sets the true day spa apart from the crowd? Savvy clients, flowing robes and slippers, advanced treatments, serene and inviting ambiance, skilled therapists, community recognition, a busy appointment book? All of these elements are once again being recognized and rewarded for The Sewickley Spa, recently voted Best Day Spa in our 2005 readers poll.

The Sewickley Spa forged the meaning of the term "day spa" in Western Pennsylvania in 1997. Since its inception, The Sewickley Spa has set the standard for the day spa experience in the region. Many of the treatments were created specifically for Sewickley Spa clients, being recognized in international magazines, including the cover of "Spa Management," for outstanding business practices, and "Lucky," a consumer guide to unique services.



JILL IZENAS and Julie Carney of Cranberry Township listen to ways to de-stress everyday living with Dorothy Andreas Tuel.

The Sewickley Spa was chosen to represent the city's flair for elegance by being showcased in a documentary on USAirways flights departing or arriving to the Pittsburgh region. They have also been called upon to provide services to Prince

Andrew, vice president Dick Cheney and his senior staff during election time, and many high profile events where professionalism is paramount.

The Sewickley Spa business practices are also cutting edge, largely due to

Dorothy Andreas Tuel, the company president.

Recently, the web site was one of the first in the nation to offer on-line, printable gift certificates. This technology has allowed clients to give the gift of a spa certificate within minutes of turning on their computer. The back end technology interfaces with the daily software to provide instant reports.

A visit to The Sewickley Spa is the ideal way to relax and unwind, rewarding yourself or those you care about. With three locations to serve the 10,000 guests a year who frequent the enterprise, there is something for every level of enjoyment.

The flagship operation, located in the heart of Sewickley, is a restored Victorian home. The Ligonier venue beckons thoughts of banking barons and polo matches, located in the original Mellon Bank, a half-block off the historic "Diamond." The newest location, nestled among the Allegheny Mountains and Deep Creek Lake at the Wisp resort in western Maryland, is attracting patrons from Baltimore and Washington, D.C., as well as Pennsylvania.

For additional information, visit the web site at www.sewickleyspa.com.

Readers' Choice 2005

Best Photographer in West Suburbs

Studio Ten

Founder of Studio Ten Photography, Thomas Nolfi, started his career in photography in 1941 with a passion for quality and innovation, notions that his success was built upon.

Along with being a proficient and accomplished photographer, Nolfi knew that technology was his most important tool and his customers were his most important assets.

With those sentiments in mind his tradition is carried on by the Nolfi family and Studio Ten staff members.

The studio has been located at the corner of Clever Road and Silver Lane in Robinson Township for more than 22 years and has enjoyed continued success and an ever-expanding customer base since inception.

The Nolfi family is in the process of constructing a 6500-square-foot state-of-the-art photography and production facility at 5879 Steubenville Pike to meet Studio Ten's ever-increasing demands.

Tentative plans are made to open it in June.

The studio strives to provide creative, innovative portraiture, weddings, sports and event photography and to make it affordable to all.

The staff's creative eyes blend with their unique styles to create priceless photo memories that last forever.

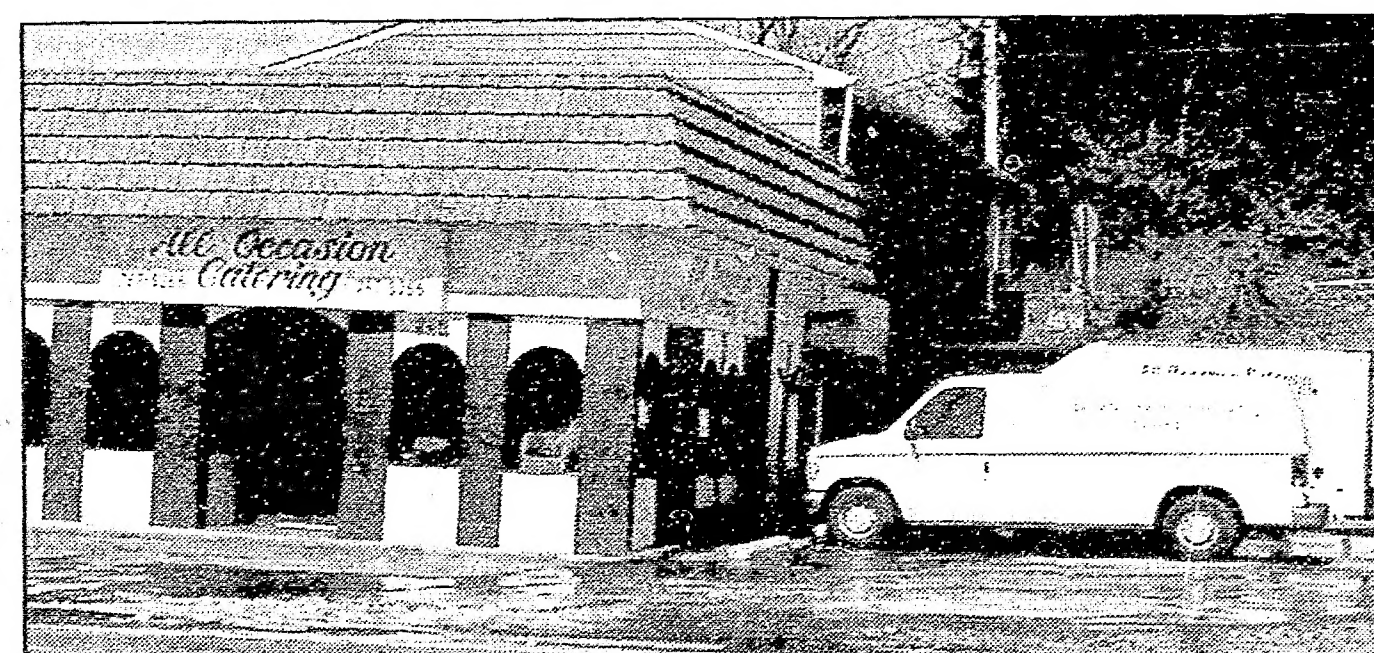
The studio is locally owned and operated and takes extreme pride in all facets of their business, especially in relationships with its customers.

Studio Ten's services include senior, family and individual portraits, theme and special event portraits. The wedding packages are stunningly beautiful and surprisingly affordable.

The studio does more than 10,000 school photos and shoots 15,000 junior sports' players every year. Their personalized memory-mate packages are unsurpassed in the tri-state area and sophisticated digital photo restoration is an option. The commercial division offers film and digital capture, industrial photography, web design and implementation.

Studio Ten is a local business with deep roots in the community. It provides old-fashioned customer service to new and repeat customers at the same time running a state-of-the-art professional imaging facility. Every portrait is produced at Studio Ten.

Studio Ten humbly accepts this award and says "thanks for making Studio Ten #1" to its customers.

Best Caterer of West Suburbs
All Occasion Catering

With a 41-person staff, more than 20 years experience and a chef for an owner, All Occasion Catering Inc. has earned the 2005 Readers' Choice Award for Best Caterer.

All Occasion was bought by John and Deb Smith in September, 2001. Prior to that, John had been a chef at the Green Tree Marriott for 13 years.

Their business provides full service catering with drop-off delivery anywhere. They cater office lunches, weddings, graduations and any other occasion.

The staff of All Occasion pride them-

selves on their great comfort foods at affordable prices. They provide exceptional value and quality for the price.

All Occasion has received recognition from Goodwill Industries, and they support local baseball, soccer and swimming teams.

All Occasion got its start at Broadway Avenue in McKees Rocks and made the move to Robinson Township in 1990.

For all your catering needs, call All Occasion at 412-787-5266 or visit their Web site at www.alloccasioncatering.verizonsupersite.com

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Readers' Choice 2005



*Thank you to our clients who have honored the staff
of the Sewickley Spa "Best Spa in Sewickley"
we look forward to serving you again soon.*

-Dorothy